

# American Association Electronic Voice Phenomena

A nonprofit corporation dedicated to supporting EVP and ITC researchers and educating the public about these phenomena.

## Spring 1999 AA-EVP Newsletter

### From My Viewpoint

***“Be patient toward all that is unsolved  
in your heart.***

***Try to love the questions themselves.***

***“Live the questions now.***

***Perhaps you will then gradually,  
without noticing it,***

***Live along some distant day  
into the answers.”***

**From a poem by: Rainer Maria Rilke**

With this, our 69th newsletter, we observe our seventeenth birthday. Who would have thought it would still be continuing in the spring of 1999? When I mailed our first newsletter in May '82, to 25 members in ten states and Canada, I predicted to myself, it might have a life of four to five years—if I was lucky. Today, it will be mailed to members in 42 states, the District of Columbia, and fourteen foreign countries.

Word of the AA-EVP got around and we grew, and grew, and we are still growing. It didn't take long to discover that countless individuals were living with many unanswered questions in their heart, as Rilke suggests. Above all other questions was the one: “Is there life after this life?” They turned to me, to the AA-EVP, to answer this for them.

Most were about a loved one who had died and could I give them reassurance that their beloved lived on? Would they meet again someday? Some were about their won impending mortality in which their doctor had told them they had six months to live. “I'm frightened, Sarah. Can you give me proof that the end is not the end?” they wanted to know.

Each plea, whatever it was, added a touch of sadness to my own heart. At times it came close to being overloaded. “Can I continue this?” I'd ask myself. “Perhaps my prediction of the AA-EVP lasting four to five years was too optimistic.” But my heart continued to stretch and stretch and... So here I am, seventeen years later, still trying to fulfill the needs of so many people.

The only way I have been able to do this is that I 'lived' the question of survival starting at the age of six. Then, like Rilke wrote, I gradually lived into the answer a distant forty-four years later. It took all of those years of doubt, and of searching, to learn the truth about survival. Yes, I know she wrote: ***“Be patient toward all that is unsolved in your heart. Try to love the questions themselves.”*** In a way I was fortunate that my question, beginning at such an early age, gave me the time to 'live' the question. Although I was never very patient about the unanswered question that largely dominated my thinking for so many years, and I certainly never loved it, I had the time to eventually live into the answer. Most of those who contact me, don't have that many years to spend trying to find answers, so I could (can) do no less than share with them what I have learned, as long as I am able.

My belief, because it pertains to my own life, is that it is best to live into the **answer** as a result of your own searching. However, knowing that this is impossible for the majority of individuals, I must again, try to help them.

Going hand in hand with my personally living the question is **you**. Without you, without your help, support and love, the AA-EVP wouldn't have made it to year two. Starting with our charter members back in 1982, and yes, some of them are still with us, up to and including our current members (**you**) of today, you have done much to keep me going. In the end, I am unimportant. It is what we do together to help others, to find **their** answers that is all that counts.

### **George Meek Returns Home**

Our dear friend, George Meek returned home to the spirit world in early January. He had been ill for many years and made his transition to the next dimension after increasingly poor health.

George is known as the leading influence in the development of Spiricom, an electronic system that promoted successful communication between this world and spirit. He worked for many years on this, with most experiments taking place at the home of Wm O'Neil, a gifted medium, who lived in PA. Their efforts produced results unheard of up until that time and showed that extended two-way conversations were possible with the other side. Hans Heckmann who joined the AA-EVP in 1983, worked closely with George during all of those years, helping to develop the technical equipment needed.

I met George nineteen years ago when he wrote to me about the system. He asked if I would work with Spiricom and try to duplicate O'Neil's results. He and his wife, Jeannette, planned to visit their son who lived in VA, not far away, and he'd like to stop by. I invited him and Jeannette to dinner. My husband and I had a nice visit with them, and after dinner, George played some of the tapes for us of voices, especially Dr. Mueller, Bill's chief contact on the other side. He again asked if I'd be willing to work with it. I was thrilled because I had never heard such clarity of voices that took place in two-way conversations between Bill and Mueller. The next day George installed Spiricom in my office. I worked with it for a month, and although I received voices they were not at all like O'Neil's, but remained basically the same as I had been getting through my reel to reel tape recorder. George called every few days to see how it was going, and I sent him several tapes. Finally after a month, I told him that I felt Spiricom wasn't going to work out for me, and he should pick it up the next time he was in the area. About a week later he did. In spite of his disappointment at my not reinforcing O'Neil's results, we remained friends, with notes and occasional phone calls up until near the end.

George visited many countries, introducing Spiricom to thousands. He never tried to make money from it, offering the manual to anyone willing to pay a modest printing fee. I am sure when George returned home to Spirit, the best red carpet was rolled out and all of the heavenly choirs sang their song of hallelujah to him.

### **Transcommunication--The Devil's Work Or Heaven's?**



The above picture shows us Friedrich Jurgenson, early pioneer in the field of Voice Phenomena, and Pope Paul VI. Jurgenson was made a Knight Commander of the Order of St. Gregory the Great, by the Pope, for his efforts in the field as well as his work in the area of film development. The picture, as well as the following comments by leaders in the Roman Catholic Church are taken from the book: **Voices From The Tapes** by Peter Bander. Rev. Fr. Pisone, S.S.P. said: "I do not see anything against the teaching of the Catholic Church in the Voices. They are something extra-ordinary but there is no reason to fear them, nor can I see any danger." His Excellency, Archbishop H.E. Cardinale, Apostolic Nuncio to Belgium, Luxembourg and the E.E. C: "Naturally it is all very mysterious but we know the voices are there for all to hear them."

On page 4 of the Summer '97 newsletter, I wrote: "**A Nod from The Vatican**", in which I quoted an article that appeared in the daily Vatican newspaper. This was written by Father Gino Concetti, one of the most competent theologians of the Vatican. He wrote: "From the point of view of the Catholic church, contacts with the 'other side' are possible and the person who talks with the world of the dead does not sin if he does it under the inspiration of the Faith."

I am well aware of the mixed feelings some have about our work with the invisibles. My colleagues and I are regarded at times as being wicked and in league with the devil. Others bless us and say the gates of Heaven will swing wide as we approach it.

Some have wanted to join the AA-EVP but were fearful they might be 'drummed' out of the church. Others have joined but keep their interest 'in the closet.' The above picture and quotes should assure you that what we do *is* acceptable by leading theologians. Those who condemn us, do so on a personal basis, and don't understand that we *are* trying to help those here and beyond.

### Other Ways

As you know, instrumental transcommunication (ITC) is my favored way of obtaining evidence that we survive death in an individual conscious state, and that those in other dimensions are always aware of us. I choose ITC because it is objective confirmation that life continues on.

There are other ways though, which offer strong evidence that life never ends, and what happens to us is always known by the invisibles.

In March I received the spring newsletter of the U.S. Psychotronics Assn., in which they described, among other things, their yearly conference that will be held in Columbus, OH from July 16th to 18th, with several workshops to be taught on the 19th. **Robin Foy**, leader of the famous Scole mediumistic group in Scole, England, will be lecturing and teaching a workshop on Monday. Interesting, I thought, as I went to meet my daughter. A few hours later, after seeing her, she called. She had put a bag I gave her on the trunk lid of my car (without my knowledge) and driven off. Obviously, my bag was lost somewhere along the way home. This distressed me because I had some valuable things in the bag, such as two tapes of the invisibles and a check for \$30. My daughter drove along the highway that evening trying to find it, and was unsuccessful. Neither of us slept well that night.

Saturday morning came. 'Something' made me get in my car, drive up the highway fifteen miles away, to the point where we had parted the night before. "This is ridiculous" I thought. "How do you think you're going to find that bag, along one of the busiest highways in the county?" I kept driving. After getting to the spot where we had gone our own way, seventeen hours earlier, I turned my car around. Seeing a man taking out his garbage I started to drive by. "No!" something told me. I backed up and rolled down the window. "You didn't happen to find a bag here last evening?" I asked. He held up his hand and nodded his head vigorously "Wait a minute!" he told me. "It's in the house." Bringing it to me, 100% intact, nothing missing, we talked for a few minutes. He told me he was a real estate agent, with one of the largest firms in the county. I asked for his card and smiling happily he pulled it out of his pocket. His last name? **Foy(e)**. The first three letters of his first name were the same as **Robin—Rob...** We're not talking about a Smith or Jones. We're talking about a **Foy!** Something like this, which would normally pass my boggle point,

except it happened to me, can only cause me to think about it and its wondrous implication. *Perhaps* the other side ‘engineered’ the entire incident—the losing of the bag; a ‘force’ that drove me out of my house Saturday morning, on an impossible mission; then finding the bag—retrieved by a man named **Foye**. My thought, rightly or wrongly is that ‘they’ were telling me, yet again, “Hey, Sarah. We’re *real*, we can arrange things to let you know we’re but a step away.”

This event, strongly suggests most of the circumstances found in cross-correspondence, one of my favorite non-ITC evidences for survival.

### Scared By A Ghost

An E-mail letter came from Jackie Colligan, NV AA-EVP member in January. Quoting from her letter, she wrote: “I was scared by a ghost this afternoon. I was standing at the foot of the bed and running the sweeper when I saw, who I thought was my husband Les, step out from in back of me and stand to the side so I could see him. Only what I saw, a foot and a half from me, was a black form, broader built than Les, but about the same height. It was standing in front of the bathroom door that was partly open, so he blocked out the light coming from it. I quickly turn to yell at Les for scaring me, but the form quickly disappeared. Les returned about five minutes later from our other mobile home. It scared me so badly, I had a crushing feeling in my chest and I felt my heart was in my throat. Took half a xanax, but that didn’t help, so had to take the other half an hour later. After telling Les what had happened, I picked up my glasses and would you believe when I put them on, I was seeing weird. The one lens had also fallen out. Now I am waiting to see if the ghost was wanting to tell me something, or if it was maybe one of the many spirits living at the trailer court.”

### Ghostmeter

An article appeared in the recent Dec./Jan. magazine, “New Scientist”. It was about modern day ghost hunters. Quoting from it, we read: “For the first time, they are armed with affordable yet sophisticated sensors and recording equipment.” The article goes on to say that they are beginning to turn up unusual physical measurements from haunted locations as well as intriguing “if not entirely convincing photographic evidence.” According to the article, more progress has been made in the last twenty years than in the past two hundred.

Reliable investigators in the field are reporting similar discoveries. Interestingly, some of this data is of equal value to skeptics and believers alike. As usual, both sides of the fence use the data to reinforce their own beliefs. Unusual magnetic field data are regarded by believers as the telltale signatures of ghosts, but by skeptics as freakish natural phenomena that cause hallucinations.

Most ghost seekers visit haunted locations accompanied by professional psychics who say they actually see the spirits. The investigators take their equipment to the spots the psychics point to, and their equipment usually shows increased activity. The most convincing (at least to some) are the sharp fluctuations at the magnetic spots where the psychics say they see a ghostly presence. Normal background levels are about 1 or 2 milligauss, but at haunted spots the readings can go up to 100 milligauss.

Portable infrared thermometers show intense cold spots wherever the ghostly magnetic fields occur with temperature normally dropping 20 to 35 degrees. Geiger counters at times measure these spots as being radioactive. The most common item used by a ghost hunter is a camera. Many different types of cameras and film are available. These need not be expensive and are simple to use. Many of the best images have been captured with standard film loaded in an ordinary camera. Tape recorders are also normally used in investigations of haunted locations.

### Ghosts/Spirits

In the early years of my involvement with voice phenomena I investigated a number of haunted locations. Sometimes my good friends, Ron and Nancy Stallings of MD went with me, to such places as Point Lookout

in southern Maryland. The popular TV show **“Sightings”** took me there six or seven years ago, and they still show it now and then, around the world. Jeff King, AA-EVP member New Zealand, wrote that he and his wife had seen it at their home in Christchurch. Just two months ago, Dale Palmer, IN, called and said: “Sarah, Kay and I are watching you on TV!” Quickly turning there, I saw it was the **“Sightings”** program. **“Man Alive”**, a popular British TV show, came from London in Aug. ‘96 to film my daughter Becky and I aboard the hundred and fifty year old U.S. Frigate, Constellation, docked in the Baltimore harbor. This also has been seen in a number of countries—Jeff saw that one also! Each time I’ve been very fortunate in getting many Class A contacts.

What are my feelings about ghosts? First, yes, I believe in them, but there are different kinds. Some, I feel, are psychic imprints left over from a terrible traumatic event. The battlefields at Gettysburg (PA) are filled with psychic imprints. Many people report seeing battalions of Union and Confederate soldiers still fighting; some even see the cavalry dashing by with soldiers clinging to their horse’s manes. Vivid imaginations? No doubt at times, but pictures have been taken and some voices recorded. For the most part I think these may be psychic imprints—which means to me, no real spirit (or ghostly body) is present. In some haunted houses you can get the same; others appear to have a ‘real’ ghost still living in the home. The second day **“Man Alive”** filmed me, I took them to the William Paca House in Annapolis. The house was built over 250 years ago and was the home of Paca, a signer of the Declaration of Independence. When I went into the kitchen and asked: “Is William Paca here?” an indignant Class A woman’s voice replied: **“I think not!”** The curator of the house was present during the filming and said that William Paca **never** went into the kitchen. So the female message is evidential. It may have been a female ghost still living in the house or a spirit who may have lived in the Paca house when William did, and came down to see what this strange looking group was doing there. When I asked my question, she felt compelled to tell me, that Paca never had anything to do with being in the kitchen.

The point I’m trying to make is that we cannot lump ghosts and spirits together. There is a **wide** difference. Some may be hanging around the familiar environment for one reason or another, which we don’t have space to go into. Others are not ghosts at all but drop down now and then to speak to us, or join us in the get together of their family. Some people meeting me for the first time, and learning what I do look horrified. “You talk to ghosts?!” they say. No, not at all—and neither do you AA-EVP members who tape. Yes, if you go to haunted locations, you **may**. If, however, you tape at home, which is where I hope you do, you talk to spirits—and there is a world, literally, a world of difference!

### **An Energy Picture**



Ludwig Schonheid, a friend in Germany, sent me the above picture. In his letter he wrote: "Dear Sarah, something wonderful happened in Jan. when we were visiting a friend. As usual, I had my small automatic camera (YASHICA Zoomate 70 F=38.70 mm) with me, equipped with a FUJI ASA 100 film. This is the camera I have been so lucky to take energy pictures with. I had taken a number of photos already, when Mrs. Dietrich, a medium with whom I am cooperating, wanted to take my picture. She pressed the shutter release—but the flash did not work. She tried again, but there was still no flash. We felt slightly disappointed. **When I got the pictures back from the photo shop I learnt why the flash had not worked: some energy structures had wanted to manifest on the photo.** Previous energy pictures always showed whirling energy structures, but these show strings of light, energy strings. The slight string oriented to my left (heart) hand is clearly stronger than the one going to my right hand. Presently we are experimenting with an AURA video unit recording the human aura on film, making it visible."

### Our Tapers Report

**Clara Laughlin**, VA State Coordinator, wrote that two of her recent interesting messages were: ***"My spiritual preparation promised" "Cemetery—I went, above."***

**Tina Laurent**, Wales AA-EVP called me on my birthday. She said she is still giving readings, and before a client comes, she spends a long time at her tape recorder, asking for information or messages for her client from a friend or loved one who has passed over. Tina stressed she knows nothing about the various clients that come—only their names. Not long ago, she asked for messages for someone due the next day. A man came back and said, ***"Uncle Tom"***. He then went on and gave a message for the next day's client, calling her ***"Little girl"***, and saying she had ***"a big decision to make."*** Tina said she had a lot of doubt about the name and message, because hardly anyone in Wales is named "Tom". Nevertheless, the next day when her client came, she played the messages that she'd picked up for her twenty-four hours earlier. The woman began crying. She ***had*** an Uncle Tom who had died, and she'd always been very close to him. She also had a big decision to make. Tina and I both agreed that these messages were excellent objective evidence that they came from the spirit dimension.

**Georg Lindstrom**, Finland, joined the AA-EVP in October. In his last letter, he wrote that he is part of a group of 'sitters' who are "all strongly for the voices and for all evidential phenomena." Although they haven't yet taped human voices, Georg wrote, they were getting all kinds of different sounds. Some of the sounds are "hissing", "rubbing", "snaps" and "once laughing." In March, **Dan McKee**, FL and IL State Coordinator, sent me an excellent tape of a recent Space Shuttle flight. Dan usually tapes these flights, using his shortwave radio tuned to WA3NAN, Greenbelt, MD, where much of the communication takes place between NASA and the crew on the shuttle flight. On this particular flight, he taped over 30 messages, most of them Class A. Some of them were: ***"A God, is it?" "No profaning Delta". "We the fancier, I heard."*** ***"You Islamic?" "The seerer, he playing on you."*** ***"Glad our temp too high."*** I wrote to Dan that it sounded as if there was an invisible crew inside the space shuttle, talking about what was going on. Some of the messages, such as: ***"Glad our temp too high"***, sounded almost as if the speakers were from a parallel world. **Rev. Rupert Sigurdsson**, Maine, head of the bureau for paranormal investigation for the Spiritualist church, has been an AA-EVP member for 10 years. He wrote how impressed he was with my winter newsletter, and the suggestions I gave about taping with the microcassette recorder built into my Casio telephone/answering machine. Rupert asked for permission to copy the material from the newsletter, and send it to spiritualist church members in the U.S. I was happy to give this. **Dale Sizemore**, S. C., wrote that he had recently taped a cultured British male accent, who said: ***"Stop defending me."*** Dale doesn't know what he meant.

### First Anniversary

February 15 was the first anniversary of my husband, Charlie's death. I taped seven messages from him, five Class A. All came through on my Casio microcassette tape recorder. The last message, where he shouted his name and was one of the very loud and clear Class A messages, was: ***"Charlie!"***

## Counting Noses

With our anniversary newsletter, I always try to give an update of members. For the seventeenth year in a row, men outnumber women. The women though, are catching up. Last year there were 44 more men than women. This year, men surpass women by 25. CA leads with 32 members. MD is next with 20.

**Honor Roll:** The following members joined in 1982: Ben A.-TX; Virginia Bates-VA; Rosemary Bennett-FL; Richard Busse-IN; Luise Fuchs-Germany; Blanche Larrigan-WA; Clara Laughlin-VA; David Lothamer-CA; Dan McKee-IL; Shirley Moorman-CA; Winnie Peters-MD; Ellen Pugh-WA; Mary Jo Uphoff-WI; Bill Weisensale-CA.

## FAME

**I Made It!!** Guess what! I've been credited with the discovery of EVP! Bet you didn't know that about me! One of our members sent me a printout she'd gotten off the Internet, in which some college professor in California was 'pushing' his **Skeptics Dictionary**. For **me** he wrote: "Electronic voice phenomenon refers to the alleged communication by spirits through tape recorders and other electronic devices. The belief in EVP seems to have begun with Sarah Estep, who claims that in the 1970s she started picking up voices on her husband's TEAC reel-to-reel recorder. Estep is sure that the voices are those of spirits and prove that there is life after death. In short, no one ever really gives up the ghost."

My reply to the doctor was only to send him, without personal comment, the following quote: "***If one regards himself as a skeptic, it is well from time to time to be skeptical about one's skepticism.***" Sigmund Freud in **Ghost**. The man's knowledge, at least as far as voice phenomena, is as faulty as what he wrote.

***"Sarah, know that many of us love you and your dedicated service to us all on Earth. And truth be known."*** Edna & Jim Drake, Canada

## Was It Mars?

In an E-mail letter from Sonia Rinaldi, Brazil, AA-EVP member, she sent a paper she'd downloaded from the Internet. It describes the work of Charles Francis Jenkins from Dayton, OH. Jenkins patented over 400 inventions going back to 1890. His most unusual experiment took place in Aug. 1924. That evening he participated in an exercise that involved the U.S. government. Dr. David Todd (a professor of astronomy at Amherst College) and a machine Jenkins had built called the "radio photo message continuous transmission machine." Mars was on a near approach to Earth and the U.S. Navy wanted to try to record any possible signals from Mars during that time. They used Jenkins' newly developed recorder. President Calvin Coolidge ordered all American radio transmitters to shut down to avoid interfering with the signals. Other nations also participated by instructing their wireless stations to listen for strange signals. Several reported a baffling series of signals, and the word **A Q U I** was received. Upon developing the film it was noted that the mysterious dots and dashes formed an image that appeared to be a crudely drawn human-looking face. Jenkins described the images as: "A freak which we can't explain."

## U.S. Psychotronics Annual Conference

I mentioned on page 3, having received the spring newsletter from the Psychotronics Association, and their upcoming conference. Robin Foy will be featured. He will describe a new device and methodology to talk and record audio/video from entities on the 'Other Side.' Other invited speakers include: Dannon Brinkley; Tom Bearden (world renowned expert on scalar electromagnetics); Sky David (designer of new types of photo biological equipment which have produced phenomenal results) and the Psychotronics President, Peter Moscow. Dale Palmer and I have already registered to attend. I hope many AA-EVP members will join us there. It would be wonderful to see and greet you, and we'll try to get together for a togetherness time in a special room. For info about this excellent upcoming conference, contact: USPA National Office-P.O. Box 45, Elkhorn, WI 53121. Phone: 414-472-4790. Let me know if you're going!

### **Odds and Ends**

Again, thank you for helping to make the last 17 years possible. Deadline for the Summer NEWS is June 18th.

Always my best wishes,  
*Sarah Estep*

Established to Investigate Evidence as a Result of the Electronic Voice That We Survive Death