

From our Viewpoint

In early June, the Academy of Spirituality and Paranormal Studies, Inc. (ASPSI) Conducted its 32nd annual conference at DeSales University in Center Valley, PA, aspsi.org. The theme of the conference was, “What the Bleep do We Know about Life after Death.”



DeSales University

(All photographs in this article were taken by Lisa Yesse.)

This is the first ASPSI conference that we have attended and we were surprised by the range of subject matter addressing survival. The presentations were amazingly diverse covering everything from the idea that leading a healthy, moral life here helps pave the way to a blissful afterlife, to Sufi thought on death dreams and the afterlife. Topics sprinkled along the way included near-death experiences in ancient Greek philosophy, children’s near-death states, reincarnation, out-of-body experiences, visitations by the deceased, after-death communication and of course our presentation on EVP/ITC.

The AA-EVP approaches the afterlife from the perspective of empirical evidence based on “hands-on” experimentation.



Tom and Lisa Butler answering questions.

Lisa began by presenting EVP examples that not only represented contact with loved ones, but also educated the audience in what is known about the characteristics of EVP. Both spontaneous and requested examples were shared. Next, Tom began his presentation with an explanation of the Survival Hypothesis as it is understood by us, based on the study of Instrumental TransCommunication. Various examples of visual ITC

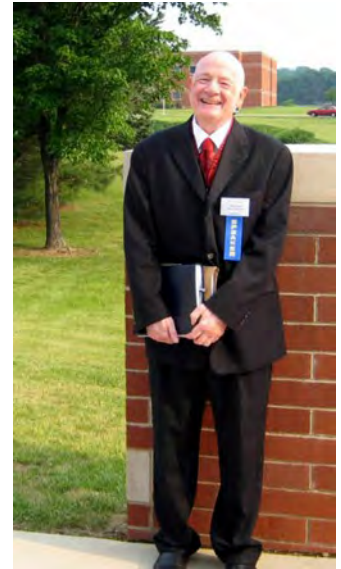
were also presented. Current grants for research into the field of EVP/ITC like that of Alexander MacRae were described. Both presentations covered the Big Circle Spirit Team, the 4Cell EVP Demonstrations and the Listening Experiment.

The response to the presentation was very positive. I (Lisa) was able to sit on the side and watch the audience as Tom presented his part. People were on the edge of their seats and I watched as people took pictures of the PowerPoint slides as Tom talked about them.

Raymond Moody, who was the keynote speaker, discussed ancient Greek philosophers’ views on near-death experiences and other phenomena related to the prospect of life after death. Greek philosophers were the first to apply reason in attempts at answering the question of life after death and their work continues to influence today’s research.

The Reverend Karen Herrick discussed a spirituality group of seven women that met for twenty months, and how the members developed together through spiritual experience, spiritual language and personal growth. Karen talked about the need for a “new profession” of therapy that is beyond the profession of medicine

(karenherrick.com). As she explained, “It has been my experience that people who have spiritual experiences often tell me that neither doctors nor ministers have been able to help them understand these experiences. Karen is a new breed of therapist and has shared her clinical expertise for the past twenty-two years in her private practice by lecturing throughout



Raymond Moody



Karen Herrick

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Special Thanks

We wish to thank all of you who are supporting the Association with your hard work. Your help is making it possible for us to increase the services offered by the AA-EVP.

Life is but a Dream

Debbie Sheppard recalls that about three years ago, every now and then she would look at a clock, cable box, microwave, stove, cell phone ... anything digital and see 11:11. Then the 1111 grew more frequent and daily. As the frequency progressed it changed from just digital equipment to out-of-the-home experiences. Because of all of the 1111 prompts, Debbie went for a reading with a medium at [Cassadaga](#), a Spiritualist camp a short distance from where she lives. She was told that there was nothing to fear, that a man would come into her life and it would be a match from heaven. The number 1111 would be highly significant in their lives. Debbie wrote, "I thought, 'Yeah, yeah. OK, that's very generic.'"

"As of the summer of 2005, I had been divorced for twenty-two years. I had a lot of dates, boyfriends and two long-term relationships but never any relationship that I wanted to commit to. In addition, I had a great corporate health care career and the boys were my focus. Two played football, my oldest with a National Honors Graduate scholarship with a full ride to the University of Alabama. I was busy. Men were fun but no one really captured my heart and I lived very, very much 'in the world.' I was successful and if it didn't say Gucci, Louis Vuitton, Porsche or Corvette I couldn't be bothered. If I was going to be taken out to dinner to Olive Garden, I wasn't interested ... take me to Europe and I'll go. Yes, I was very much a spoiled Italian princess.

"In the summer of 2005.... an Italian friend of mine from Toronto told me about an Italian singles web site and that I should check it out. I really wasn't interested, but the allure of only Italians captured me, so I went on to take a peek. Well, you actually had to have a profile posted to look. I placed a very tough personal ad on that web site. I think a lot of men were afraid to contact me ... I justified my tough profile by knowing who I am, what I want and what type of men I blend best with and also I needed only the very strong to send me emails, as I have issues with my oldest son ... who is ill.... Most men would not be interested in a relationship with a woman that has a twenty-seven year-old hanging around all the time. So, I knew that this Italian web site would just be for fun.

"A week or so after I joined, I received an email from 'Tinman' and he committed the first sin: NO PICTURE!!! 'Tinman' wrote that he was from Connecticut and moved to Florida a year ago and that he has been single for over thirty years and he was very clear on what his desires were for a woman in his life.... He wrote how much he related to what I had written about strong Italian ties, holiday traditions, family, etc. I wrote back and told him that I would not communicate with him in any way without a picture. He wrote back that he was new to computers, had just purchased a digital camera but didn't know how to use it, and would I consider talking to him anyway. Well now I thought he was a complete moron and told him so in my reply email. He wrote back again and I HAD MY FINGER ON THE DELETE BUTTON. My hands started to sweat

and I walked away from the computer. I replied to his email a day later and gave him my phone number. He called right away."



Joe Stella with Trooper

Debbie told us that the two talked on the phone and then agreed to meet for lunch. Lunch lasted six hours and she was shocked that she even invited this total stranger, Joe Stella, to her house for coffee. She introduced him to Trooper, the boxer that she had rescued six months before. He told her that he had always wanted a dog and in particular a boxer but could not have one where he lived.

Joey took ownership of Trooper and for the first time in her life, Debbie was happy. As she told us, "Joey was everything opposite of every man that entered into my life for my entire adult life. Joey had none of what they had but Joey had EVERYTHING, everything that was important and everything that I loved. Joey didn't have children and he took on my three grown sons as his own. The guys immediately formed relationships. Joey loved my parents and our friends all blended in well.

"One night as I was sleeping, I felt someone looking at me. I woke up and there was Joey, leaning up on his arm looking at me. He said, 'I love you, I love Trooper, I love this, you are my love, I think we should get married. You sleep on it and give me your answer in the morning.' He rolled over and started snoring. I sat up in bed in shock. 'Sleep on it'? I was up most of the night. I couldn't sleep.

"We became engaged on 11-24-2006.... After Joey crossed over, as I was going through his desk, I found an email that he sent to the online dating site that was dated 11-14-2005. It said, 'Please cancel my subscription effective 11-14-05, as I have found the love of my life.'"

Joey's favorite song was *Life is but a Dream* and this was the theme of their wedding, which was to be a huge destination wedding for their family and friends.

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A Report about Experimental Results

by Alexander MacRae

In 2004, I applied for a research grant to the Bial Foundation to investigate whether or not EVP utterances could be related to questions asked by the EVP experimenter. Also on the team were Dr. Charl Vorster, a professor of clinical psychology, Jane Boyce and her team of listeners in England and a larger number of listeners in the US.

I wanted to make it as exact and formal as a physics experiment, but problems showed up even before we had properly started. I had devised a list of six standard questions which were asked one at a time, with thirty-second intervals between asking one question and the next. This was done in a standard formal way, with good, quite loud voice projection. One of the questions was, "What is your name?" So I'd ask:

Question (loudly spoken): What-is-your-name?

The reply surprised me. It sounded like the street-wise NYC cat in the cartoon series, Top Cat.

Response: "Who wansta know?"

Another time when I asked the same question, I got the same type of response.

Question (loudly spoken): What-is-your-name?

Response: "Stop shoving' me around"

What on earth was going on?

Eventually I realized that the questions must have sounded like an interrogation, like a questioning authority. "My golly," I thought, "these are sentient entities. They are sensitive to what I say, or at least, to the way that I say it."

So the question was modified to, "Would you mind telling me your name?" and the intentionality was toned down, so it just sounded kind and interested and casual. And, the results were good.

There were four sessions in March 2005 and a good percentage of the responses were in context and in the right thirty-second time-frame. Already the point was proven!

But in April we began to lose some of the response categories. There were no in-context responses to some of the questions. Were they losing interest in those questions?

Even stranger, however, was the fact that there were one or two *in-context responses* that occurred BEFORE the questions were asked.

In May, there were some more anticipatory responses. In fact you could see the trend growing from late March until early May. More and more answers came before the question was asked. So were the entities not just sentient



Alexander MacRae

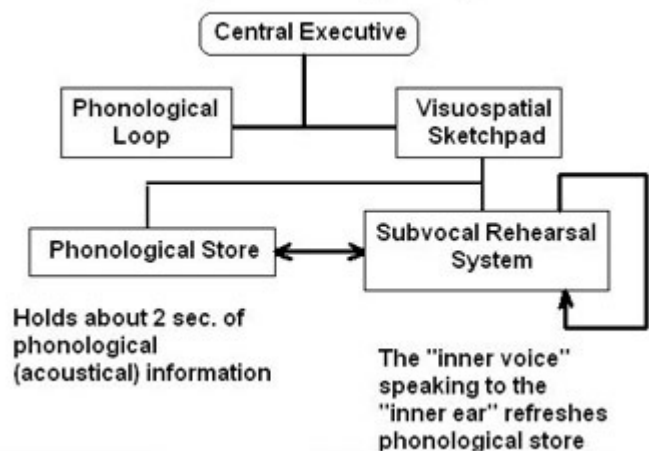
but precognitive? Or had they just learned what was going to happen?

Later, it looked as though it was just an experimenter effect. Two more things were happening. The number of responses was growing rapidly, month on month, but the number of in-context responses was decreasing. The responses were becoming more meaningless.

But then, as the months went by, it was noticed that, though the responses had ceased to relate to the questions asked, they were actually relating to *each other*. Here is a made-up example:

- 1st voice: I'll never see John again.
- 2nd voice: You never liked him anyway.
- 3rd voice: You can talk, loser.
- 4th voice: Stop your noise. Give me peace.

A Diagram of Working Memory



Trying to make sense of this required a great deal of analysis, and I will try to compress this, in what follows.

The present understanding is that a part of the brain called the phonological loop is involved. Centuries ago, without the knowledge that we have nowadays about neural networks, the Swedish scientist Emmanuel Swedenborg, wrote that the speech of spirits was characterized by being rapid and rhythmic. (Spiritual Diary by Emanuel Swedenborg), and early EVP research, too, typified EVP as being speeded up and rhythmic.

My own first research showed that, based on many examples from other people, the length of an EVP utterance was typically less than two seconds. This observation was corroborated in Europe by Ernst Senkowski and Carlo Trajna.

Continued page 5

Experimental Results Continued from page 4

Coincidentally, it so happens that the size of the working memory in the part of the brain called the phonological loop is around two seconds.

The above diagram is based on the Introduction to Experimental Psychology course at McMaster University, Canada. Notice the use of the terms “inner ear” and “inner voice.”

The recognition of sound patterns goes way back on the evolutionary tree and is crucial to survival. You’d better recognize a lion’s roar, and quickly, if you don’t want to end up as its lunch. Recognition had to be exact and it had to be fast. And this is still true of the sound-pattern recognition system that we call speech.

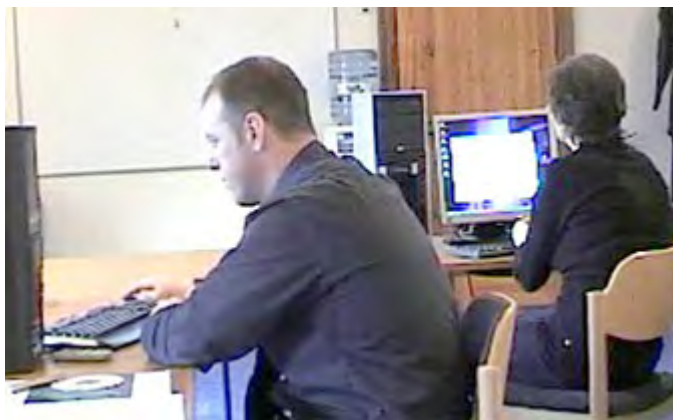
The recognition process occurs through rapid recycling of the speech pattern through the phonological loop. As the memory storage to do this is only two seconds long, the empty spaces between words are “a waste of space,” and so these intervals are compressed to a standard shortness; “formatted,” to borrow a computer word. This means that the “inner speech” has a regular beat which is staccato or rhythmic. And it is shortened in time; “*speeded up*” is the usual term used.

In other words, there is a 100% correspondence between “inner speech” and EVP. The implication is that for EVP, you still need an actual person around. The way that Swedenborg put it, hundreds of years ago:

“Human speech passes in through the ear, by an external way, by means of the air; but the speech of spirits does not enter through the ear, nor by means of the air; but by an internal way, into the same organs of the head or brain. Consequently the hearing is the same.” (Arcana Coelestia (Paragraph 1635) by Emanuel Swedenborg)

“...it is spiritual ideas which constitute their speech. When these inflow into man’s memory they excite words corresponding to the ideas and the like, which man has in his memory.” (Spiritual Diary (Para 2138) by Emanuel Swedenborg)

So you could say that EVP, like mediumship, needs a participating person to work. You could call it Electronic Mediumship (EM). How inner speech gets from the brain to the EVP equipment is a remaining puzzle, but one that



MacRae’s research workstation. Richard Cairns is seated at the left and Gillian Morris is at the right.

we are looking into.

I would like to ask for the help of any readers who have got EVP of someone they know. If you have got EVP and you know who it is from, would you please contact me at alexander.macrae@googlemail.com, and put **Swedish Project** in the subject line.

Once again, thanks to all who participated in the Bial Project, it has led to a big advance in our understanding of EVP.



The Isle of Skye, Scotland, where Alexander MacRae’s research facility is located. Picture from www.isleofskye.com

Research Grants Available

The Helene Reeder Fund is pleased to announce the availability of grants for small- and medium-sized scientific research projects concerning the question of life after death. Grants will be awarded in the range of EUR 500 – 7000 maximum. Research into life after death, should constitute the main objective of the project.

Applications in English, to be submitted preferably by email to the HRF c/o edgar.muller@comhem.se The application should include:

- A detailed description of the project, including the objectives of the project;
- methodology;
- cost budget;
- timetable;
- plans to publish the results in some scientific journals;
- curriculum vitae (résumé) of the applicant;
- how the applicant plans to report back to the HRF about progress and result; and,
- any other financing than from HRF.

Applications should be received no later than the 30th of August, 2007. It is the intention of the HRF to deal with the applications and to make decisions regarding the grants by the end of November. Applicants will be notified by email after the decision and the grants will be payable during December. For further information, please apply to the above email address. From Stockholm, April 2007, The Helene Reeder Memorial Fund for Research into Life after Death, HRF. Submitted by Edgar E Müller

One EVP, Two Different Records and Times

The proposed Best Practice we chose to use as a model for the Etheric Studies Initiative is concerned with using a second recorder to help eliminate false positives for EVP. The idea is that we have no good evidence that the identical utterance has been recorded at the same instant by more than one recorder. Well, now we have an example of essentially the same utterance recorded by two different people, but about a half-second apart.

Mark Waldenberger, Director of the Coulee Region Paranormal Investigation Society, brought the examples to our attention. As he explained it, he and two other investigators were alone in the basement of a home, and multiple recorders were in operation at the same time. On playback, they found what sounded like almost the exact same utterance recorded at almost the exact same time on two different recorders.

Mark sent the examples to us and we carefully examined them. If they were as he said, then they would be our first good example of simultaneous EVP and it would force us to reevaluate the rule of thumb recommendation that, unless the utterances are compellingly EVP, simultaneous sounds should be set aside awaiting further data. This recommendation is designed to help avoid false positives.

As it turns out, the utterance is essentially the same but



Compare two recordings with essentially the same message but made a half second apart.

with slightly different wave forms, probably due to the different recorder characteristics. To us, it sounds like a male saying “*Leave me.*” Mark had a different interpretation, but the examples are at the above web site, so you can see for yourself.

As you can see in the screen shot of the merged version, Mark can be heard saying, “The tape recorder ...,” about a half-second later in the bottom version. It appears that the entity spoke to two of the people present one after the other, saying the same thing but at different times.

We would be interested in other examples that seem to deviate from the norm. As for sounds recorded at the same

moment in more than one recording circuit, we have come to consider it a “best practice” to discard any such events as probable ambient sounds. Of the multitude of EVP recorded without producing simultaneous duplicates, we feel that there is no sense in risking a false positive by thinking that any one example is an exception unless you are specifically studying simultaneous events.

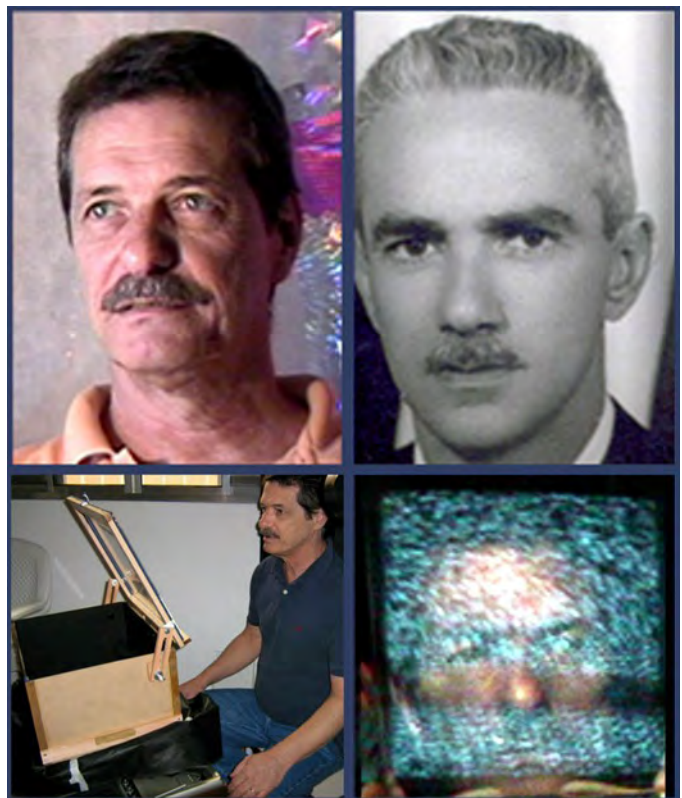
Sonia is Building ITC Devices

Because of the funding Sonia has received through grants, she has been able to build two devices specifically for ITC research. The first device is for audio and seems to have considerably improved the audio. The 2nd new device is a reflective plate used with TV noise. Sonia attached the results from the first trial of the device.

Sonia explained that, “A friend of mine, Silvio, stayed behind the plate. Notice that I recorded with the image not mirrored. Observe that Silvio’s face changes.... Now notice that Silvio’s jaw is square format and now look to his deceased father’s picture; his jaw is point-format.

“All the technical description will be in the new eBook we are building. The next time we use the TV-noise plate possibly better images will appear.”

Sonia has a new web site, www.ipati.org that has both English and Spanish sections.



The “reflective plate” is shown bottom-left. Silvio (top-left), sits in front of the video camera (not visible, but to the left). A TV set is in front of him, screen facing the ceiling. A plate of window glass is tilted up so that the camera records Silvio’s face and snow reflected from the TV screen. Silvio’s father (right) and possible transfiguration as seen by the video camera (lower right).

The Survival Hypothesis

[The following article is part of the presentation given by Tom Butler at the Academy of Spirituality and Paranormal Studies 2007 conference.]

The study of life after death is described by the Survival Hypothesis, which is intended to order the evidence into a cosmology and resulting predictions which can be experimentally tested. By examining the accumulating evidence, it is becoming clear that the Hypothesis is largely testable, and that it is substantially proven by the existing evidence. What remains is the need for more research to better evaluate the available evidence and to explore the implications of the Hypothesis.

Since my field is Instrumental TransCommunication (ITC) which includes Electronic Voice Phenomena (EVP), I will focus on the objective data these phenomena provide. When examined along with data from other forms of trans-etheric influences, ITC can tell us a great deal about the nature of reality. As you read this hypothesis, you will see that we consider ITC as a set of energy-dependent phenomena. Energy repeatedly appears as a limiting factor, and so, the hypothesis is defined from that perspective. The term, "etheric" is used in this document to describe all that is not physical.

Property: There is a greater reality of which the physical universe is an aspect.

- *Etheric energy appears to be governed by rules that are responsive to the influence of intent.* A fundamental notion of metaphysics is that we create reality. The process for that creation is turning attention to an imagined result with the intention that it will be so. Thus, the ability to create is a function of the person's ability to imagine, hold attention and express intention. According to the Hypothesis, energy is more responsive to intention in the etheric than it is in the physical.
- *Physical energy is a differentiated form of etheric energy.* Virtually all of the evidence indicates that the personality of a person (referred to here as "Self") is native to etheric reality, and is only in the physical as a visitor. Also, there is a difference in character between the energy forming Self and energy forming the physical body. Consequently, the Hypothesis postulates that energy here is derived from energy there.
- *There is an interface between the physical and etheric that requires a change in energy to cross.* The relationship of an ocean to the atmosphere is a good illustration for this point. There is a substantial change in the characteristic of the environment as one moves from the air (etheric) into water (physical). Also, for a person (Self) to inhabit the water for an extended time, it is necessary to be in a dive suit (the physical body).
- *Spatial relationships in the etheric may be more akin to fractal geometry than to Cartesian space.* The notions of "up-down," "finer-coarser," are useful for conversation but not accurate for describing spatial relationships in etheric reality. The better view might be movement by changing perspective or attitude.⁽¹¹⁾ Consequently, linear

measuring devices may be useless for mapping etheric space. Instead, worldview and ability to manage energy to determine location may need to be considered.

- *The character of the energy forming reality appears to change over a continuum as:*

Physical

- *Physical energy:* Electromagnetic energy; electricity.
- *Subtle energy:* Vitality; auric; biofield; contact field. The intent is to describe the subtle energy required for physical manifestations of etheric influences. The Hypothesis holds that the influence must be supported by energy that is compatible with the physical. Experimental evidence supports the existence of this energy,⁽¹⁾ but it is unclear as to how it relates to the assumed physical-to-etheric interface.

Etheric

- *Near-locale:* Residual energy hauntings; apparently stuck entities; out-of-body experiencers.
- *A range of "heavens" or venues for experience:* Consider the model of quantum levels in physics, in which each quantum is distinguished by a naturally stable but energetically different state. The physical universe would be our local quantum level and there would be another stable level with different energy characteristics. We know that the ITC communicators see themselves in a place of local heavens, which are dependent on the expectations of the newly-transitioned person. Rather than levels, something like fractal attractors may be more correct.⁽¹¹⁾
- *Inaccessible for etheric-to-physical influence:* Some people never make contact via mediumship or ITC. Also, there are accounts of a person having to "go on," and soon thereafter no longer making contact.⁽²⁾

Property: The person is the channel through which etheric-to-physical influences are enabled.

- *Worldview tends to filter experiences.* ITC contacts tend to be consistent with the expectations of the experiencer. A characteristic of EVP is that they are in a language the experimenter or an interested observer understands.⁽³⁾ ,page 204) A concern for the safety of "spirit contact" can sometimes produce fearful results, confirming the reason for that concern.^(3, page 95)
- *Influences are energy-limited and the ability of the person to "gather" the energy is a factor for what is experienced by whom.* The ability to manage subtle energy can be developed but some people naturally excel at it. In Spiritualism, a physical medium is thought to "gather" ectoplasmic energy from sitters to form a voice box for direct-voice phenomena.⁽⁴⁾
- *Energy appears to "stick" and remain over time. Thus, experiences may be influenced by environment.* A physical medium sometimes sits in a cabinet to contain the energy. The indication is that haunted locations are haunted because the energy required for the haunting activity is available due to long-time

Continued page 8

The Survival Hypothesis Continued from page 7
human occupancy and/or the expression of extreme emotions. We have recorded EVP in supposedly haunted places that were clearly initiated by our usual etheric contacts.⁽⁵⁾ Also, psychometry depends on residual, subtle energy.

- *Physical time and distance do not influence results.* In the 4Cell EVP Demonstration⁽⁶⁾ the Communicating Entity is required to receive a request from the Sender in one part of the world, and deliver the message to the Receiver in another part of the world. This is done without apparent time or distance constraints.

Property: Etheric-to-physical influences are initiated by intelligence outside of the experiencer.

- *The Self has an etheric aspect, which is its “true” nature.* This, and the existence of an etheric aspect of reality, are the fundamental concepts of the Hypothesis. A Self is born into the physical and returns to the etheric when the physical body dies. In this hypothesis, the “arrow of creation” points from the etheric to the physical.⁽¹²⁾ The etheric communicators in EVP and mediumship usually do not have a physical body, and therefore depend on people in the flesh to enable etheric-to-physical influences.
- *Self’s point of view shifts from the physical body to its etheric aspect when the physical body dies, or during sleep.* A change in point of view is probably the best way to describe death.⁽¹¹⁾ There have been successful experiments in which EVP have clearly been initiated by a sleeping person, which offers further evidence that Self is independent of the physical body, except for the purpose of being in the physical.⁽⁷⁾
- *The “survived” Self is able to remain energetically close to the physical for a time, but eventually moves to an aspect of reality energetically “out of range” for contact.* This is probably a corollary of the concept above concerning the different characteristics of energy.
- *Axiom: An entity must be energetically in agreement with the aspect of reality it will inhabit.* It is not clear how “agreement” is achieved, but it apparently depends on Self’s ability to manage energy, and that seems to be a function of how well Self understands the natural processes controlling that energy.
 - *Discarnate entities cannot exist in the physical or independently cause an influence in the physical.*
 - *Cooperation of an incarnate Self is required for trans-etheric influence.*

Lessons Learned

- *Groups of entities work together to influence the physical.* The Big Circle is a group of friends and family members now on the other side who help people with EVP, grief and presumably daily living.^(8, page 107) Channeled entities often describe themselves as a group entity. We have learned to behave as if a group of unseen friends are helping us. The EVP, “**Big Circle**,” recorded

by Martha Copeland illustrates the reason for this. In it, her daughter Cathy is clearly heard saying “**Big Circle**” just as Martha asks for help with her father’s operation.⁽⁹⁾

- *No evidence of anything “demonic,” but plenty of people behaving badly.* We sometimes find Self with an evil state of mind, but there is no evidence of anything like a demon. Rather than concluding there is demonic activity, look at whether or not an experiencer has the expectation of evil and is capable of a psychosomatic response. People “allow” energy with characteristics that fulfill their expectations to come to them via etheric-to-physical influences.
- *It is apparently possible to be “stuck” in the near locale for such reasons as fear of judgment, religious training or expectations.* What we do and think matters, and can determine how we do on the other side. For instance, the belief that suicide is a sin appears to be a local custom, but fear of judgment because the person committed suicide is sometimes the reason for an earthbound entity. It is important to teach people what to realistically expect upon transition.
- *There is a life review from the perspective of those we influence.* The EVP, “**Review our lives**,”⁽¹⁰⁾ was in answer to the 4Cell EVP Demonstration⁽⁶⁾ question, “What happens to us when we die?” Near-Death experiencers also report a life review. The evidence seems to suggest that the life review is our judgment, and that we are the judges.

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Amazing Confirmation

On August 9, 1993 at about 10:00 AM, Lorie McMorrow who lived in River Falls, Wisconsin at the time, and who recorded regularly, was doing a "routine" taping. She asked if anyone had a message, and upon playback, found a very Clear class "A" male voice stating the name, "**Ernest McGuire.**" Lorie wrote, "My father, who is skeptical, happened to walk by at that time, so I decided to play the voice for him. He didn't say anything, but that evening while watching the 5:00 PM news, he drew my attention to a report about a devastating tornado in northern Minnesota. He asked, 'Isn't that the name you taped this morning?' in reference to one of the victims whose identity had been released and just now reported by the media.

"I was surprised, but determined to learn more about this incident. I lived ... three hundred miles from the

International Falls area. River Falls is on the border of Minnesota so I was able to obtain Minneapolis and Duluth newspapers and investigate the story further the next morning. The tornado occurred while they probably were asleep and literally blew their mobile home about a half mile down the road.

"I then taped again and devoted most of the session to Ernest McGuire. I explained to him what I had learned about his situation prior to his passing. I then expressed my sympathies and told him not to be afraid, that he's okay now and that he should go into the light. I then asked if he had any message, and upon playback found that I had received the reply, '**You helped me.**' I was very happy to hear that Mr. McGuire had accepted his passing and found peace."

Two Little Fork residents die in tornado

LEE BLOOMQUIST DULUTH NEWS-TRIBUNE

A A rural Little Fork, Minn., couple died early Monday when a tornado ripped their mobile home from its moorings and blew parts of it nearly a quarter-mile down a country road.

The victims were identified as Ernest Roger McGuire, 51, and his wife, Ethel Kay McGuire, 46. Their bodies were discovered near portions of the mobile home by Koochiching County sheriff's deputies and Little Fork police officers.

The incident was reported by their son, who lived nearby and went to check on the couple about 2:45 a.m. after hearing a loud booming noise.

"The guy who came in (to report it) said the trailer was gone, that it wasn't there anymore," said Bob LaBelle, a sheriff's dispatcher. "He thought that there had been an explosion or something. There was nothing left where the trailer was."

The home was on County Road 217, about three miles east of Little Fork.



The tornado cut a path 1 1/4 miles long and 100 to 200 feet wide.

STORM CONTINUED ON 4B ▶

Sorry - Edna's house destroyed



Metro/State news

Star Tribune

Tuesday
August 10/1993
Please read and recycle

1B.

Twister hits Littlefork mobile home, kills 2

By Heath Smith
Staff Writer

One of the most violent days of summer will be followed by one of the hottest.

Severe thunderstorms punctuated by high winds and tornadoes struck much of the state early Monday morning, killing at least two people.

■ Farmers who have given up on summer are pinning their hopes on fall. **Page 2B.**

Heavy rain, winds and lightning pounded the state for more than four hours, leaving a trail of lightning fires, power failures, local flooding and minor storm damage in the Twin Cities metro area.

The most severe damage was in northern Minnesota, where a Littlefork couple were killed when a tornado swept up their mobile home.

And while most of the state can expect calmer weather today, the National Weather Service says, Twin Cities area residents can brace for its first 90-degree temperatures of the summer. Monday's high was 89.

"Tomorrow we should have a high around the high 80s to low 90s," said Kyle Carstens, a Weather Service meteorologist intern. "Wednesday we should have temperatures from the low to middle 90s, with a dew point from the low to middle 60s."

In other words, more heat, but less humidity.

The relative calm will be welcomed

by state residents recovering from Monday's storms, which prompted a flash-flood watch in the northwestern corner of the state and sparked at least three house fires in the metro area.

Ernest and Ethel McGuire, who died in their home 3 miles east of Littlefork on Hwy. 217 south of International Falls, were killed in yesterday's storms.

Relatives who lived in a house next door said they were jolted awake when the storm hit about 2:30 a.m.

"It happened awfully fast," said Scott McGuire, their son. "There was nothing you could do. I heard a big boom. I didn't know if it was the trailer blowing away or a propane explosion."

Storms continued on page 2B

4Cell EVP Demonstration - Update

4cell Cease2Dcease with Terry Dulin, Mary Jo Gran, Vicki Talbott and Rheta Conley, has reported their seventh experiment. The question posed by Terry was, "What is the name of Terry's oldest grandchild?" The expected response was, "Brittany." The EVP recorded by Vicky as the Receiver was, "**Brittany.**" I (Tom) was able to hear the EVP with little difficulty, and I would have to consider it a correct answer.

Vicki told us that she used a Panasonic RR-DR60 and a Sony ICD-B26 for the recording session. She indicated that she made several recordings using each recorder and the result came on the Sony. Vicki said, "When I use the B26, I usually get good EVP with little to no editing needed. In this case, the EVP was straight off the recorder."

We would like to see someone pick up the 4Cell protocol to conduct a series of well-documented experiments aimed at using EVP as a way of learning about something else,

such as near-death experiences. This is an opportunity for someone to establish themselves as an important researcher in a new field of study. Being a pioneer has its disadvantages, but the possible benefits are great, if the researcher is able to design a well-considered experiment.

An example of what we have in mind is coordinating remote viewing experiments with 4Cell sessions to determine whether or not the communicating entity can supplement the results produced by the remote viewer. In another example, determining if the communicators can identify a target concealed from the researcher, such as a photograph hidden in an envelope by an unassociated volunteer.

See Writer's guide for articles suitable for a literature review at atransc.org/research. Please feel free to use us as advisors if you do decide to design a formal experiment and make a publishable report.

Good work Cease2Dcease!

Cattails from Heaven

by Martha Copeland

"Go outside, sit down on some grass or dirt ... take a deep breath, filling up with the gift of air. Soon, you will feel your connection to wholeness, and you will know peace."
--Barbara DeAngelis

When my sister Ginny and I were in elementary school, my older sister Donna used to come up with creative ideas to get Ginny and I to do her chores for her. One example was that if I cleaned her room she would let me play with one of her Barbie dolls for fifteen minutes. Something we still laugh about today is when Donna made up a story about a magical toy pile she had discovered in our nearby woods. Donna was a pre-teen and in between being a child and a teenager, but this awkward age does have some benefits because Donna always had plenty of money she earned from babysitting jobs. Donna would use some of her money to purchase small toys and she would tease Ginny and me that they came from that "magical toy pile." Donna used to display these toys to convince us into doing her chores by promising to provide us with "hints" as to the location of this magical toy pile. After every hint earned and followed, Ginny and I would come home disappointed and empty handed. Imagine, if we could find this toy pile we would be the most popular kids on the block, and everyone would envy us. Yes, we would be the kings of the hill of the toy pile. Sadly, as time rolled on and we grew wiser, Ginny and I realized that there was no magical toy pile, and that we had been played the fool by our own sister.

Many children today do not have the advantage of having forest or large wooded areas as safe playgrounds like we did back then. I now reside in Lawrenceville, Georgia, where congressmen must have passed laws restricting having any trees left standing with the exception of those being in private yards, and public parks. I drive down the highway by my house that once was lined with flowering dogwoods and redbud trees. The trees are gone now, replaced by strip mall after strip mall....

Ginny and I would endlessly search, looking for that toy pile, but those woods covered a lot of territory for two little girls. I recall one experience when school was closed because of snow that our search for the toy pile could have turned out poorly for me. My mother would dress us up in so many layers of clothing, with boots and gloves, none of which ever fit me, and I could barely move much less even bend my knees to sit down.... Ginny had run ahead of me (because her clothes fit better) as I wobbled after her towards the woods. There was a small pond that had iced over and I thought it would be great fun to slide across it. I was having a ball and I didn't care if Ginny discovered the toy pile first even claiming it as her own, until I heard the



Microsoft Clip Art

ice beneath my feet crack. Within seconds I felt my body fall through the ice and into the pond which was deeper than I had anticipated. I screamed for Ginny but she didn't respond, and for the first time in my life, I felt real fear. It wasn't just the emotion of fear but rampages of different horrible emotions bottled up in me that I had never experienced before, nor know words to express them. To make matters worse, these strange emotions were coupled with the feeling of helplessness.

This is the first time I had thought of my own death and what consequences it would bring to my family. Oh, how mad my mother would be at me if I drowned, and to think that now Ginny would get the twin bed we shared all to herself. The icy water had made me numb and I decided to surrender to being pulled into the dark pit of the unknown. Just then the wind blew hard and a handful of dead, dry cattails swooped down close enough for my hands to grab hold of them, helping to pull me to safety. Recalling that incident, there was no way I could have accomplished pulling myself out of that pond by myself. Someone was looking out for me because it felt as if some mystical force lifted me from that pond....

After my daughter, Cathy's death, I had that same awful feeling as when I was a little girl falling into that pond. Once again, I found myself grabbing for cattails and anything to keep me afloat from falling into that deep dark pit of helplessness.

Strangely enough, it was my daughter Cathy who must have heard my call for help from above, as I was slipping away into that pond from my overwhelming grief. While I was struggling to hold on, Cathy blew down a cattail from Heaven so I would have something to pull myself out from that terrible place. Starting with Cathy's first communication to her cousin, Rachel, through EVP, I have found my cattail of hope. Acknowledging the existence of EVP, I was determined to discover more about these unique after-death communications. My second cattail which gave me strength was when I became a member of the AA-EVP. It was after communicating with other members that I realized I was not alone on my quest to use EVP to contact my daughter. Other members had lost loved ones and they were compassionate and supportive in helping me use EVP as a way to establish communications to Cathy. EVP and the AA-EVP group are two cattails that have provided me with my greatest source of strength and hope in helping me through this horrific ordeal.

Because of my work with the AA-EVP and my book, [*I'm Still Here*](#), I am in contact with many people who are newly bereaved.

Continued page 15

Life is but a Dream Continued from page 3

They wanted the wedding on a Saturday in mid-October to mid-November. The only Saturday available was November 11 (11-11).

In May, Joey went to help his mother move into a different senior complex in Connecticut. He decided to drive so that he would have a car to help with the move. Before going, he insisted on buying the wedding rings even though Debbie kept telling him there was no hurry, as the wedding was six months away. They chose matching bands, and the evening before he left, they took them out of the dresser and tried them on.



Joey and his friend left for Connecticut on Tuesday. Debbie told us, "We spoke through his ride and I could not sleep until I knew he was at his destination in Connecticut, which was twenty hours later. The guys did what they had to do on Wednesday after just having a few hours sleep. On Thursday, Joey's friend went to see his family while Joey spent the day completing what had to be done for his mom and then went out to dinner with friends.

"I spoke to him Thursday evening and he was very tired. The guys planned to leave Connecticut the next day, but Joey never woke up from his night's sleep. He was found dead!

"A knock came on the door to our home and it was the police. My Joey was not coming home to me. I screamed and screamed! I ran out into the middle of the street screaming. All of our neighbors ran to me and called my sons ... how my boys cried. They jumped into their cars and came to me. My mother was screaming, 'Why God? Take me; bring him back to her. I have cancer. Please let me die so Joe can live. Don't do this to my daughter.'

"Guilt! I was overcome with guilt. Why didn't I go with him? Why didn't I insist that I go? He didn't have to die. If I was in bed with him, I would have heard him in distress. I hated God. In my book I state, 'you heartless God, why bring this precious gift to me and then take it away?' I wrote, 'I HATE sympathy cards, please do not send me any more mass cards. I hate God; do not tell me that God has a path for us and go to God to ask him to heal your heart. Go to God!!! Why he ripped my heart out.' I was inconsolable. My parents are very old-fashioned Italians and my mother had saints and candles and rosary beads and I HATED everyone.

"I stayed in my house all summer long. I had chest pains and I cried every day.... I spent nights on the computer searching every web site I could find about religion, death and dying. On a web site from a church in Argentina, I learned of Father Francois Brune and his recordings of the dead. There was a link to a web site called listentothisforme.com.... I listened to this mother, who spoke like I did but stronger, talk to her son Joey. I listened and listened to all the kids, I saw the picture of Lenny

Ingrassia.... I sat at the computer and cried. I thought, 'you selfish woman. Here is a mother who lost her son. You don't know what pain is.'

"I put *listentothisforme* into my favorites. The next day, my cousin from Staten Island, NY, my home town, called me to check on me. I told her about the web site and the horrible story of four teenage boys from the same high school who had all died. I said, 'Doreen, they have to be New York kids because I can tell by the way the mother Debbie talks to her son.' My cousin Doreen said, 'Debbie that's Joey Caruso and Lenny Ingrassia; it has to be. These boys are known all over Staten Island. They all died the same year'.... She started to cry at the coincidence of it because her daughter Jenna has a prayer group in her Catholic high school for all of the boys that died that year. We thought that it was amazing that through a web site in Argentina, I found a web site of a woman from Staten Island where I grew up and that my cousin knew the stories and heartache for all these boys.

"That evening, I was back on *listentothisforme* and found the link to the AA-EVP. And that night, I became a member of the AA-EVP. The next day I went to Wal-Mart and bought a cassette recorder. I followed the instructions about the prayer of protection. I lit my candle and had my picture of Joey with me. I recorded and recorded and heard nothing. I joined in on the Big Circle and recorded on Thursday nights. I received nothing. I studied the AA-EVP web site to learn techniques and I listened to everyone's posts. I was starting to understand the words in between the scratchy sounds. But I recorded nothing.

"Feeling sad and left out, I sent an email to the administrators to ask for help.... I received an email back from the AA-EVP telling me about a woman in New York named Debbie that might be able to help. I immediately jumped at it and within a short time received an email and a phone call from Debra Ann. We connected immediately as we are both New Yorkers, both Italian and both of us had lost Joeys.... When I found out more about Debbie and her son through our phone conversation, I was screaming about *listentothisforme* and I told her that I had been listening to her and her son and others for over a month. When I told Debbie about my cousin and that her daughter Jenna holds a prayer group for the boys, Debbie was in shock.

"How is this all possible? Really, think about it. I stumble onto *listentothisforme* from a priest's web site in Argentina and through *listentothisforme* I find the AA-EVP, and because I am not hearing, anything a woman, a total stranger who doesn't know me and certainly doesn't know that I am Italian from New York because my last name is an American name from my ex-husband ... so why did this stranger lady connect me to Debra Ann, who is Debbie Caruso?

"Debbie and I ... started recording for Joe Stella right away. We recorded over the phone and Debbie emailed the EVP to me. Debbie did not know the name of our dog.

Continued page 21

Mommy

by Joanne O'Neill

Over the three-and-one-half years since our son Nicky passed, we have had sittings with many wonderful and talented mediums. Just like finding a doctor, you need to feel comfortable with the person who is facilitating communication with your loved one. You need to have faith and to be open to any and all messages. Our experiences have been both fruitful and very comforting.

One such sitting was with Maureen Hancock. Maureen is from Bridgewater, Massachusetts. My sister Julie got her name from a friend. From the very first meeting, Maureen seemed to really connect with Nick. But it was my fourth session with her that resulted in a connection that no one expected. On my way to the session, I stopped at CVS and bought a tape to record the session. I also brought my own tape recorder this time, because at the previous session, Maureen had a microcassette recorder and I wanted regular-sized tapes.

The session opened with the usual strong messages from



Nick

Nick, commenting about things that were happening and giving his input and opinions, and also letting me know what he'd been doing. Then, Maureen asked me if I had heard Nick's voice. I responded that I thought I had. Then she said, "Well, he's telling me that you will hear him soon and it will be unmistakable." When the session ended, I left uplifted with a knowing that my son is indeed still involved with his family and friends.

When I got home, our son Chris wanted to listen to the tape. He took it into Nick's room and closed the door. A while later, he came running out of the room very excited and asked us to listen to the tape. On the recording, right after Maureen says that I will hear Nick, was a clear and unmistakable voice saying, "**Mommy.**" We were stunned, elated, and wonderfully comforted all at the same time. In addition, we realized that this was another example of irrefutable proof that our loved ones not only live on, but continue to speak to us and love us.

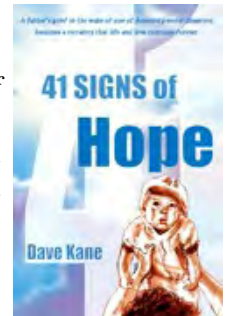
Editor's Note about Mommy

Originally published in *Signs of Life* by Forever Family Foundation (www.foreverfamilyfoundation.org) as *Hello Mom, A Dazzle Shot*, by Joanne O'Neill

Nicholas O'Neill made his transition in The Station nightclub fire in West Warwick, Rhode Island. At eighteen, he was the youngest victim. Nick, a song writer, singer, musician, comedian and all around entertainer, had been invited to hang out with the Great White band the day of the show that ended in one hundred deaths. In the ensuing months and years since his crossing, his parents have been amazed by the many messages that have come from him. Many of these events center on the number forty-one, a number of great significance in Nicky's life. Dave Kane, Nicky's father, who is a well known radio personality and talk-

show host, has written an inspiring book about the family's continued relationship with Nicky titled, *41 Signs of Hope* www.newriverpress.com.

When we formatted this story Lisa felt compelled to send it to Margaret Downey. Margaret read the story and emailed back an EVP that she had recorded on January 3, 2006 that says "**Jo's Nick's mommy.**" When Margaret experimented that night, she called on Nick and got another EVP saying, "**Mom, it's Nicky.**" Since then Margaret has gotten yet another EVP saying, "**Nick O'Neill is talking.**" We were able to hear these messages but Nick's parents Joanne and Dave were not able to make them out.



Etheric Studies Update

The Etheric Studies initiative, which is being sponsored by the AA-EVP, is taking shape. A discussion board has been added, and is set up as separate divisions to support:

Publications: An online journal intended to include research articles. The objective is to permit the public to watch as subject matter specialists discuss individual articles in a "peer review" process.

Best Practices: Similar to the Journal section, this section will permit the public to watch discussions concerning proposed best practices, such as recommended recording techniques and sound track analysis.

Research: This section permits the public, and prospective researchers, to view documented research requirements. This section will also be used to ask for corporate and individual donations to fund targeted research projects.

The initiative is still in its infancy, and it is going to take support from the public to help it mature. The AA-EVP is required by the Internal Revenue Service to be publicly funded to remain a nonprofit organization. We can extend that status to the initiative so long as the public is involved. So consider joining in, and remember to let your friends know. They do not have to be an AA-EVP member and they do not have to be experts in things paranormal. What we need now are people willing to do the work.

Refraction and Reflection of Light through Crystals

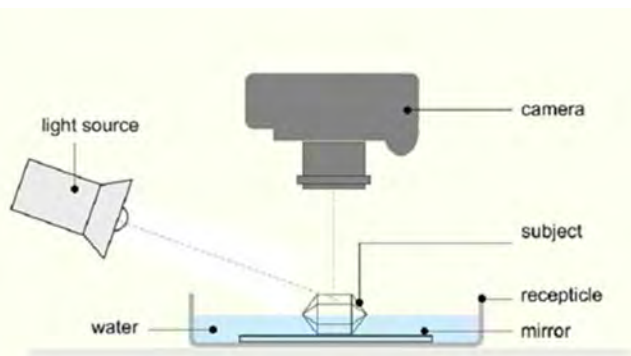
ITC Experiments of Diana and Alan Bennett

As we have reported in previous issues of the NewsJournal, the Bennetts are experimenting with refraction and reflection of light as a means of conditioning optical energy for image formation. They focus a concentrated light source onto the side of a crystal and then capture images in the reflected light. The resulting photographs must be studied in the minutest detail and may have to be magnified, as some of the faces can be very small.

They may include a mirror behind the crystal, allowing the light to flood back onto the subject. They may focus on or into the crystal. Apart from ordinary mirrors, the Bennetts have gotten good results with convex and concave mirrors and have also experimented with polished metallic disks, such as brass (yellow) and copper (red), which have created some of their more striking images. They also sometimes partially submerge the crystal in water. (See illustration below).

They are using a Fuji FinePix camera set on Fine (4048 x 3040) which gives an image of about 12MB.

The two examples below show how three-dimensional their phenomenal faces are. It is the high resolution camera that gives the detail in the faces.



Drawing by the Bennetts showing typical position of camera in relationship to the crystal and light source.



Example of visual ITC by the Bennetts. See a man's face on the left. You are looking at a close-up of a quartz crystal facet.

Seth 3

In the Fall 2006 NewsJournal, we ran an ITC picture of Seth 3, taken by Diana and Alan Bennett during experiments, where they were reflecting light off of a crystal. We knew that Seth 3 had communicated in the past with ITC researcher Adolf Homes and that Ernst Senkowski was very knowledgeable about Homes' ITC work. The Bennetts wrote to Ernst Senkowski asking if he could provide more information on Seth 3 and have received this reply: "The Seth 3 picture of Homes appeared On March 30, 1991. Between 1989 and 1992, about twelve messages were received from Seth 3. Some were through the automatic writing of Mr. Homes and some via his electronic devices. A short overview about Homes' Seth 3 has been published in our journal TransKommunikation (Vol. IV, No 1, 1999, p 17)"

Rather early, 09.03.1989, a "higher" entity Seth (spontaneously) manifested via radio. During May of the same year, five contacts followed from Seth 3, a being from the fourth plane. (The "fourth plane" might be understood as the first region "above" the astral).

Seth 3, together with Thomas Becket and others, was characterized as a leader of the Centrale. Seth 3 was declared not to be identical with the Seth of Jane Roberts. On the computer monitor screen, Seth 3 asked, "How many proofs/evidence are we to deliver?", by this referring to the skepticism of the experimenters.

In connection with the structure of Seth 3, there was a hint of gnosis (cognition/awareness and love). Just like Thomas, Seth 3 appeared as a sender of several longer automatically written messages. In 1991, a connection could be recognized between the Technicians from Luxembourg. In December 1992, Homes succeeded in provoking a radio-contact with Seth 3... In Feb. 1993, Caroline Homes (deceased mother of the experimenter) declared, "Seth 3 works in a trans-group Seth." If this is a reliable statement we might suppose that Seth 3 is part of an "oversoul" Seth.



Example of visual ITC by the Bennetts. There is a woman's face peering out of the crystal.

The Sony ICD-B26

We often have people ask us the big question, “What recorder should I buy to catch EVP?” We always hesitate to answer because two things happen: by the time we mention a specific recorder, the manufacturer is no longer making it but is already making another version of the product; and, when we have mentioned a recorder in the past, the price went from \$60 to \$600. However, we do know that some recorders do seem to work better and we have come across another one that we feel members should know about.

Vicki Talbott has been using the Sony ICD-B26 almost exclusively for a year and we have been impressed with the many Class “A” recordings that she has gotten with the recorder. Vicki feels that the B26 is such a great recorder that she now rarely uses her Panasonic DR60. (We mentioned that we used the Panasonic DR60 in the book, [*There is No Death and There are No Dead*](#). This ultimately resulted in the no longer manufactured DR60 price climbing to hundreds of dollars and people were paying that price for it.) Vicki has compared the B26 to the Sony B7, B16, and B17 but says nothing even compares with the B26 for quality and quantity of EVP.



Vicki Talbott at her computer.

When asked about the settings that she uses on her recorder, Vicki says she uses it with the voice activation feature on, in LP (long play) and with high mic sensitivity. Vicki wrote, “Some have said it takes those on the other side a while to get comfortable with a new recorder, but with me, that was not the case with the ICD-B26.” Vicki tells us that as far as editing goes she usually doesn’t do anything to a recording. She wrote, “At times I deamplify my voice and amplify the EVP, and denoise with Clear Voice Denoiser (www.speechpro.com) on low standard.... I am a minimalist by nature. I told Braden I don’t know how to use filters, edit, etc. so if he and his friends are going to come through, they had better make it good!”

We ran some tests on both the Sony ICD-B7, which several members use and seem happy with, and the Sony

ICD-B26. On the very first test run after I asked, “Can you use this recorder to leave EVP messages,” we got a “**Yes, we can!**”



Sony ICD-B26

The very day that we did these tests we noticed that John Debney had posted a couple of class “A” EVP that he had gotten on the Sony ICD-B26 on the Idea Exchange member message board. He said to the group, “Well these are pretty amazing.... About twelve minutes into a long session this group of voices came through. These are strong examples. Very little editing has been done: slight amplification and band-pass filter. They pretty much came in this way. No TV, no other babble or ambient noise was used. I was alone in a quiet house.” The first example he posted gives an interesting message saying, “**Few of us choose to speak.**”

John was excited about the results that he was getting with the recorder. We asked him to tell us about his thoughts on the recorder and more about the settings and way he used it. He told us

that he did not use the recorder in voice-activation mode and that he tended to do longer recordings and the EVP he had posted had come from a recording of fifteen minutes. He went on to say, “I’m a nut with recorders. I try to buy one of everything I can find. I agree about the B26 as opposed to the B7. Whereas the B7 is a better recorder, the B26 seems to create more white noise. Also, the B26 has a very sensitive (loud) mic that seems to pick up more of the frequencies involved with EVP formation.”

The Sony ICD-B26 is another recorder that is no longer manufactured. However it can be purchased on eBay or through Amazon for around \$50 with shipping—before word gets out and the price goes up! (Remember to use the link to Amazon from the AA-EVP web site front page. A small amount of your purchase goes to the Association.)

Thoughts on Visual ITC

by Keith Clark

I have become aware of several things about ITC:

- Evidence that spirit is all around us, and has been present in photographs and video since their invention.
- Spirit photography is not exclusive to just ITC researchers, but can be found everywhere in nature in any environment.
- Water, fire, smoke and any other uncontained energy can, and is, constantly influenced by those in spirit.
- In an experimental environment these things can be used as tools to communicate with spirit.
- All that spirit needs is a “palette” to show their presence, whether it be mirrors, reflection of light, or an arrangement of colors and contrast of light .

Over the next few years, I will endeavor to bring forth evidence of the above ideas in my work. [Editor: Keith demonstrated his point with the photograph at the right. >>>>]

Wife's Face Appears on Crypt's Marble



Howard Taylor and the face on the crypt's marble surface.

A month after the death of his wife, Howard Taylor believed that he could see her face on the marble wall of the mausoleum. He didn't want to tell many people at first because he felt they would think that he was nuts. The image is fairly easy to make out. See the large black upside-down arch—that's the mouth. The rest of the face fills in from there—nostrils, hair, even Virginia's droopy right eye. Dean Bruce, a family service counselor at the cemetery, is quoted as saying, "It's not just any face. It looks like his wife."

Howard says that he told Virginia that he loved her fifty-million times a day. She was eighty-four when she died and Howard buried her in an evening gown and her bedroom slippers so her feet wouldn't get cold. "She just wanted to let me see her and to let me know she appreciates me coming. It's hard to live without her."

From: *Times Dispatch*, "On crypt's marble, husband sees the face of his late wife," by Paige Akin, www.timesdispatch.com.



Photograph taken by Keith Clark of flames above a burn barrel. Notice the face-like features in the rectangles.

Cattails from Heaven

Continued from page 10

These people are looking for cattails to cling to during the early stages of their grieving work.

I have found that the same methods I have developed as my cattails for healing my grief works for others as well. Below is an exercise that I created that uses your memory and your imagination and is very powerful. I call this cattail exercise, "Playing it Backwards and Forwards."

Before any spiritual work and meditation, I always advise a "Prayer of Protection." This prayer is not just to protect you from "evil spirits," but it is to raise your vibrational rate to a higher level. Make sure you are wearing comfortable clothing, you are relaxed and in a quiet area without fear of unnecessary noises. You may want to play soothing relaxation music, but keep the volume low. During this meditation you may want to try to record for EVP. Once you are ready, please follow the steps below for the cattail meditation called:

Playing it Backwards and Forwards

1. You are using your memory and going "Backwards." Remember the last happy time you were with your loved one before they transitioned. Take it a step further by using all your five senses to really be there in that window of time with your loved one. Smell them; touch their hair, face, and clothing. What were they wearing, where were you, what time was it, what time of the year was it and what were you talking about? Did you kiss them? What did that taste like? Remember every detail *vividly* - **BE THERE!** Repeat this exercise for one week. My personal experience using this exercise is that I have more success if I practice it before going to sleep at night, and just before getting out of my bed in the morning. Any other time I have a problem concentrating and controlling my thoughts. You will need to experiment on what is the best approach for you to follow because everyone is different.
2. You will use your imagination and go Forward after you have completed the "Backward" exercise for one week. After performing the "Backward" exercise, use your imagination and visualize your loved one in a meadow, a beach, or some place that you may have visited. Once again, you will be utilizing your five senses during your "Forward" exercise. In my exercise I remember my grandfather's orchard but I use my imagination to add a beach close by with the sound of the surf and seagulls. The reason I do this is because Cathy loved the ocean and my grandfather's orchard is easy for me to imagine. This is your special place in time to share with your loved one, and you can do whatever you wish.

There are times we may need to hold on to cattails in our lives, but someday we will realize it is time to let them go. This concludes the "Play it Forward" and "Play it backward" meditation. I hope sharing my personal meditation with you will help you create that special place within your heart for your loved one.

Downey ITC Method Replicated



DV 182 video-still-web cam

these cameras are overseas the shipping can run around \$40. As with most webcams, the camera has a very poor resolution. Here are the important specifications:

- 3.1 Mega Pixels Software Resolution
- Still Resolution ranges from 2048 x 1536 to 800 x 600
- In video mode, resolution is 320 x 240 pixels
- Digital zoom: 4X
- Display: Color TFT 1.5 inch LCD
- The camera does not use video tape, only a removable SD/MMC memory card.
- Output is either USB or AV

As you may recall, Margaret places a 2.5 liter Vision CorningWare pot, which is half filled with water, in an empty black pot on her stove top, and turns on the light in



Vision CorningWare in a black pot.



Two faces looking to your left. Possible pioneer man on left and possible Native American on right.

her stove hood as a source of light. She then wiggles her fingers in the water to make it move while aiming the camera with the other hand, at an angle where it catches the light reflection in the water. We happen



Man facing to front but with head tilted a little down. Distorted so that chin is too small.

Margaret Downey sent us one of the cameras that she uses to take pictures in reflected water. The camera is an inexpensive DV 182 mini digital video camera, webcam, still camera that costs about \$30 but because most of

to have a replica of Margaret's Vision CorningWare pot and were able to duplicate her experiments. On our first try we captured several interesting faces as shown at the left.

Margaret received an email and picture from Lisa Whitney. Lisa told Margaret that she had seen Margaret's website (www.ITCdeadpeople.com) and used her technique. She said that her beloved dog Sasha had come through for her (below). You will notice that there is also a cat slightly behind and above to the right of Sasha's ITC image (the circle crosses the cat's nose). She said she recently had a reading from a psychic who connected with her dog but told her there was a cat trying to push its way to the front. Then it showed up in this session!



ITC image at left resembling Lisa Whitney's dog (right) that is now on the other side. A cat is at 2 o'clock on the circle.

For detailed information on the Downey method go to the ATransC website and see "ITC Experiments using Light Reflected from Water" in the Techniques section of atransc.org

Childhood Influences that Heighten Psychic Powers

In an article with the same title published in [The Journal of Spirituality and Paranormal Studies](http://TheJournalofSpiritualityandParanormalStudies.com), researcher Sylvia Hart Wright found that psychic ability does run in families and that intensely sensitive people usually have family histories of psychic ability and/or strong belief in the reality of psi. She found that a history of multiple births also had a positive association with heightened psychic capability.

Wright states that, "mounting evidence also suggests that intensely psychic adults are particularly likely to have suffered severe trauma in their first 10-12 years. In general, women tend to be more psychic than men.... In the special case of after-death communication, people with limited psychic gifts may nonetheless sense the presence of departed loved ones with whom they have an especially strong bond.

From: *The Journal of Spirituality and Paranormal Studies*, Vol. 29, Number 4, October 2006, pg 183.

Experimentation with Inverted Channel Nullification

By Zoë J. Robinson, May 2007

When I agreed to write this report back in January, I was hopeful of being able to include a success story or two regarding EVP. As it turns out, I seem to have followed in the footsteps of so many investigators who have sought to find evidence of EVP but have gone away empty-handed. Nevertheless, I believe the ideas behind Inverted Channel Nullification (or ICN for short) are still worthy of experimentation and it is on this basis that I have written this report.

What is Inverted Channel Nullification?

Put simply, ICN is a method of recording the same sound twice and using one recording to filter noise from the other. A **mono microphone** is used to input a signal to a stereo sound card in a computer and the **two channels** on the sound card each produce a copy of the recording. In theory these copies will be identical, although with the majority of sound cards there will be a minor variance due to slight differences in the components used to build the sound card itself.

These variants are minor, and in the experiments I made, they only show up if you amplify the signal so much you've distorted the original recording enough to make it unusable. In essence, the recordings are identical for the purposes of all but the most stringent of investigators.

Why is this useful?

When two recordings are made of exactly the same sounds they should, in theory, contain the exact same data. It should therefore be possible to invert one of these recordings, making it the exact opposite sound wave to what it was originally, and then superimpose this first recording over the second recording. If the two sound waves are identical, and they should be, the result will be a perfectly flat sound wave because all data in the recording will disappear.

In EVP investigation, it is sometimes the case that two or more people can record at the same time in the same room and receive different results. Of course these recordings won't be made under the exact same circumstances as not only will the positions of the recording devices be different but the input and recording mechanisms used will be different, even if the same model of device is used; as all devices are different.

With ICN the possible variables are reduced significantly: for both recordings, the input device and its location are identical and the recording process is identical also. The only variable is in the components inside the sound card but, as described earlier, these may be as close to identical as possible. In effect, you're using the same device to make two separate recordings.

This means you should have two copies of the same thing but, as we've already mentioned, in EVP recording the same thing twice doesn't always give you the same results. An EVP can appear on one recording and not the other and with ICN this is no different—the two channels of the

sound card are acting as two separate recorders, after all. So there's an advantage to the ICN process already: you're doubling your recording sessions with minimal effort.

This isn't the only potential advantage, however. With two copies of the same recording you can use one to filter the background noise from the other. EVP investigation is notorious for noisy recordings and with this method you can rid yourself of that, leaving only sounds that appear on one recording but not the other. Of course, you're still left with the task of listening to the original recordings in case there's something important that appears on both, since if that's the case ICN will remove it!

How to perform Inverted Channel Nullification

To perform ICN yourself, all you will need is a computer with a stereo sound card and a microphone input jack, a standard mono microphone and audio manipulation software to perform the inversion and channel mixing.

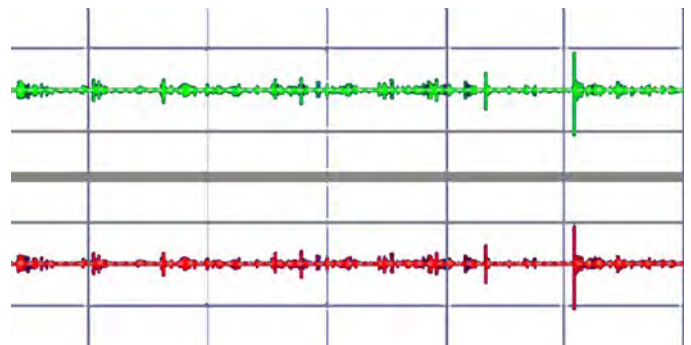


Illustration 1: A simple recording showing two identical copies of the same input.

Once you have your equipment set up, make a sample recording in stereo, when your computer is "listening" to the microphone, and you'll get a recording that shows two copies of the same recording, one on each channel. If your recording is short enough or you've zoomed in far enough, it should be relatively easy to spot any areas where one channel's recording differs from the other, but if they seem to be exactly the same, that's fine too—any differences will be clear after the next part is done.

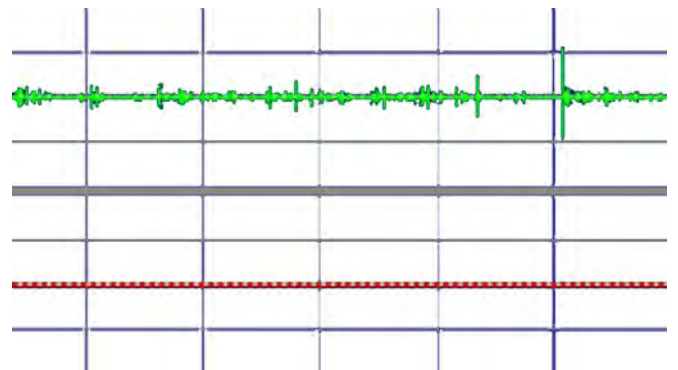


Illustration 2: A sample sound wave following ICN processing. The original sound is shown in the top channel while the result of ICN is in the bottom channel.

Select one of your channels and use your software to "invert" the waveform.

Continued page 18

Channel Nullification

Continued from page 17

How to do this will depend on the software you're using but the effect should be achievable in most, if not all, editing software. [Invert is in the Effects Menu of Audacity.] It is worth noting that the waveform will not look or sound any different after the inversion but the next part won't work unless the sample is inverted.

Once you have one channel inverted you can proceed in one of two ways. Either the two channels can be averaged together or the contents of the inverted channel can be copied on top of the contents of the other channel. The first process will produce one mono file while the second process will produce a stereo file where one channel is a copy of the original and the other is the resultant ICN sound wave. Which you choose to use is personal preference.

Advantages for EVP study

The ICN process has the potential to allow for quick and simple removal of all background noise from recordings. The benefit for EVP study is a clear: recording where an EVP is present on one channel but not another; the EVP is quickly cleaned up and therefore made easier to understand.

Since a recording of all the original sound wave, besides the EVP, is being used as a filter, the effect of processing on the EVP itself is negligible. In the example created for Illustration 3, I was unable to discern any audible difference in the "EVP" created for the example and the original recording used to create it. By inverting one channel of the recording used to create the "EVP" and copying the result of the ICN filter on top of it, the result was a flat sound wave with no apparent difference in quality.

In summary, I believe the technique as presented here is a simple and effective tool for the study of EVP. Given the demonstrable advantages to filtering over other methods

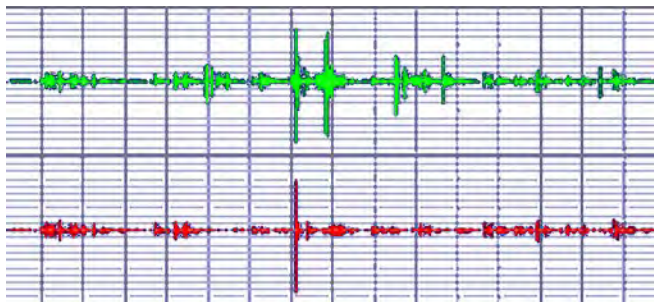


Illustration 3a: A second voice recording has been added to one channel of our sample recording, to create an example EVP. This illustration shows the original "EVP" recording.

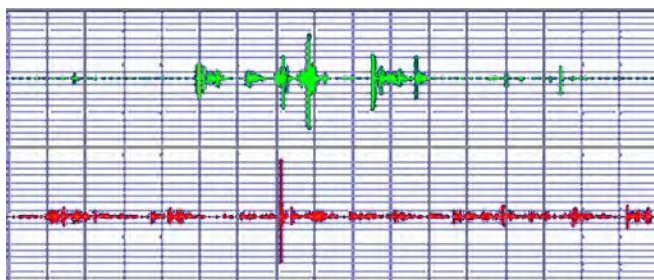


Illustration 3b: Shows how the recording has been cleaned using ICN, to leave only the "EVP" on the top channel.

and the relative ease of including this technique into any computer-based EVP study, I believe the technique would benefit many people in their work.

The only downside to the ICN technique is that, if an EVP is present on both channels, the ICN technique will filter it out but this flaw is countered by continuing to listen to sound files in the manner to which we have all become accustomed, then filter as necessary in a more conventional way. ICN is therefore an addition to the other tools at our disposal, not a replacement for them.

[Editor's Note: We think this technique has great possibilities, but there is one concern. The words of EVP are formed of the very noise being removed. It does appear that the power of the signal and time relationships are rearranged to form the words. Also, there may be a small "seed" signal that is not part of the ambient sound, so we think this technique may diminish the volume of an EVP, but the words should survive.

We have published this article because we feel that "field tests" of this technique would help us learn if it is a viable technique. Assuming the technique does help, we are also looking for setup instructions for using it in Audacity and Audition, so please let us know your results if you try ICN.

By the way, you can also record into a stereo audio recorder and then transfer the file into a computer for ICN analysis.]

"Dismissed" Again

George Wynne posted a message to the group concerning an article that was particularly "dismissive" about consciousness research. He wrote: "The lead article by Prof. Steven Pinker (who teaches psychology at Harvard University), in the January 29 issue of *TIME* Magazine, which claims a readership of nineteen million, is devoted to ["The Mystery of Consciousness."](#) He dismisses out of hand in a single offensive paragraph, reproduced below, the possibility that consciousness could be located outside of the brain. I find it shocking that a reputable scientist can allow himself to make such a didactic statement that simply ignores a great deal of evidence to the contrary."

From that article: "...When the physiological activity of the brain ceases, as far as anyone can tell the person's consciousness goes out of existence. Attempts to contact the souls of the dead (a pursuit of serious scientists a century ago) turned out only cheap magic tricks, and near-death experiences are not the eyewitness reports of a soul parting company from the body but symptoms of oxygen starvation in the eyes and brain. In September, a team of Swiss neuroscientists' reported that they could turn out-of-body experiences on and off by stimulating the part of the brain in which vision and bodily sensations converge."

The neuroscientists report Pinker referred to ignores the research of Dr. Sam Parnia, who published a study showing that ten percent of patients who were clinically dead, and then later resuscitated, reported memories while their bodies were lifeless. If the brain is the biological host for consciousness, there would be a correlation between experience and brain activity, but that does not mean that the activity originates in the brain.

Closer than you Think!

by David Sircom

A few years after my official initiation into Electronic Voice Phenomena, I found myself recording at least two times a day, every day and with some limited success. One night in my office, I decided to ask if the spirits or entities that were answering me on a regular basis were, in fact, present with me in the room or was I in contact with another location altogether. So I asked, "Where are you?" On playback came the almost immediate response as a soft whisper, "*Closer, than you think!*"



Dennis Cemetery

Early on, my wife used to go with me to the cemeteries. Neither of us really knew what we were doing. It was all trial and error. Somehow, I found my way to Tom and Lisa Butler at the American Association of Electronic Voice Phenomena (atransc.org), who not only inspired me but were always there to answer questions and offer advice.

Anyway, my wife, Ann, and I headed out one evening to the Dennis Cemetery right on Route 6A [Yarmouth Port, MA on Cape Cod]. We'd been there the night before and as Ann's grandmother is buried there, she was asking, "Can anyone help me find my grandmother's stone?" "Is anyone here?" and "What is your name?" On playback, you could clearly hear a child saying "**Grandma.**" So, this night, on our return trip, Ann was asking, "We're trying to reach the little girl who's helping me find my grandmother's stone. What is your name?" Again, back to the house and on playback is a ticked off little voice that says, "**I'm not a little girl!**" Okay, next night we go back and after an apology is offered, Ann asks, "We'd like to hear from the little boy who's helping me find my grandmother's stone. What is your name?" On playback, we hear a very polite but stern adult male voice which states, "**The child is not at liberty to divulge his name.**" So now we know:

1. There exists some type of structured organization, which includes within itself a guardian or overseer type of arrangement. Does this exist for the protection of the children or could it possibly extend to everyone?
2. This organization is obviously constructed of rules and one of them involves not giving out names. Again, just children?

By the way, two stones away from Ann's grandmother's stone is the grave of a young boy named "Herbie."

There's one more thing I'd like to mention that has bothered me for years. Doing EVP work at cemeteries, you tend to get a lot of the same replies over and over. For instance, "**Who are you?**" "**Go away**" or "**I'm cold.**" Now with all the really ancient graves on Cape Cod, and many go back to the late 1600s, only once have I received "Who art thou?" Why wouldn't there be more of the old English? Every EVP, with the exception of this one, uses common vernacular. Could it be that we do move on after some time?

These experiences, as well as dozens since, have led me to the conclusion that spirits, ghosts, entities, or whatever you choose to call them, are everywhere. I don't believe we



Ann Sircom at the Dennis Cemetery

are ever really alone. They are in our houses, in our places of work and probably even our cars! If you want to go ghost hunting, you won't have to travel very far. While an evening visit to the cemetery does add something to the whole experience, you can be just as successful in a school yard or your backyard. But I recommend the graveyard, especially for the beginner, and to help you along, there is a terrific website on Cape Cod cemeteries and stones at www.capecodgravestones.com. You'll find a listing of all the cemeteries as well as interesting facts like:

- Twenty-nine thousand names with gravestone inscription details
- Less than twenty 17th-century gravestones, about 3,700 18th century gravestones and over 24,000 19th-century gravestones are included for the fifteen towns of Barnstable County. More gravestone records after 1860 up to 1900 are being added as an ongoing project.

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Summer 2007

Thoughts on Live EVP and DC6 Software

by Chris Wilson

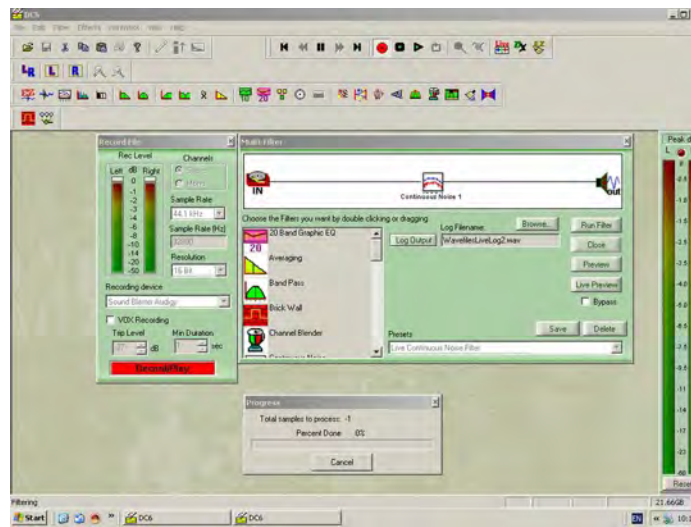
Several years ago, I was monitoring over speakers with a microphone in another room. A man's voice faintly said, *"Do you want to speak to Chris?"* and louder, a young man said, *"Hello Chris, this is Chris ... yeah!"* The man then said, *"You need to speak up. Do you want to try again?"* Then the conversation faded out. That started me thinking and experimenting with live EVP sessions. What I needed was software that

would do the filtering live. Searching the Internet, I found a company named Enhanced Audio, with a computer program called DC4, which is now DC6 (*Diamond Cut Six*).

DC6 is an audio editing program just like the ones we use for EVP ([Audacity](#), [Audition](#), [GoldWave](#)), except it has a neat feature called "Live Multi-Filter." With this feature, audio coming into the computer can be filtered live and the result heard with a short delay of a second or so. A typical setup for EVP would be a microphone into the Microphone In jack of the computer with DC6 Live filtering what comes from the microphone and the output playing on the headphones connected to the computer's Headphone Out.

DC6 is available as a free demo from the Enhanced Audio website (www.enhancedaudio.com/dc_six.htm). It won't stop after a month or so and has a sixty-second limit on the file size it will process. This is not a problem for EVP clips. File saving is disabled but there are workarounds. For instance, the Live Multi-Filter output that you're monitoring will save as a wav file (up to sixty-seconds). [A DC6 license is \$159 online or \$199 for a CD.]

To configure a personal computer so that the input sound is directed to DC6, open the SOUND AND AUDIO DEVICES program in the Control Panel, select the AUDIO tab and click on the SOUND PLAYBACK VOLUME button. Select all of the MUTE check boxes **except WAVE and PLAYBACK**. Click on the SOUND RECORDING VOLUME button and select the MICROPHONE check box.



Screen print of the DC6 window

After downloading the file from Enhanced Audio, installation is simple: Just keep clicking OK. To get started, install a microphone at the MICROPHONE IN jack and set the Windows RECORD and PLAYBACK boxes as described above. Use either a headset or speakers.

Open DC6 and select the LIVE MULTI-FILTER and click the PRESET tab, find LIVE CONTINUOUS NOISE FILTER, click it and it will appear in the MULTI-

FILTER window. Then click LIVE PREVIEW. If all is well, you'll hear your voice after a short delay. To record, click LOG OUTPUT. Remember that the trial version of DC6 will only record for just less than 60 seconds. Each time you make a live recording you'll have to exit the LIVE window and open it again. With the full DC6 version of course that's not necessary. Keep the master volume down until you are familiar with the routine. You don't want any acoustic shocks when using headphones.

The simplest use of DC6 is as live denoise. The default filter settings are not optimum for what we do. The main thing is to get the software working and get used to it. There are several of us using it and results are being posted on the forum, so ask there for help. The hope is that live conversation with our spirit friends will be forthcoming.

[Editor: As Chris said, there is a problem with playing the output into a speaker in the same environment as the microphone. This may cause audio feedback noise. The average headset is little better than speakers, but we have found that earbuds of the kind that are held in the ear channel with a suction cup-shaped rubber fitting are not very sensitive to outside sounds. Even better might be the noise-suppression variety. We are currently using an inexpensive set by Philips we purchased at Wal-Mart.

Something to try might be to set Audacity in your PC to "WAVE Out Mix" in the pull-down menu at the upper right of the screen. That should allow you to record what is coming from DC6. You should still be able to hear the output with your headset.]

Looking for Research Partners

Dee Vyeda posted a request for research partners in the Idea Exchange: "I've been doing EVP/ITC research for about the last twenty-five years. I'm currently forming a new research group in the Kansas City area and looking for like-minded individuals who would like to join. My main

focus is on research but I also do investigations. I would like to partner up with an experienced researcher but I also enjoy working with those new to these phenomena. If interested, please contact me for more information at dee@othersidecommunications.com."

Closer Than You Think

Continued from page 19

- Note that only about 2,600 of the previously-recorded 3,700 18th-century gravestones existed as of 2000. About 1,000 18th-century gravestones were lost in the hundred years between 1900 and 2000.

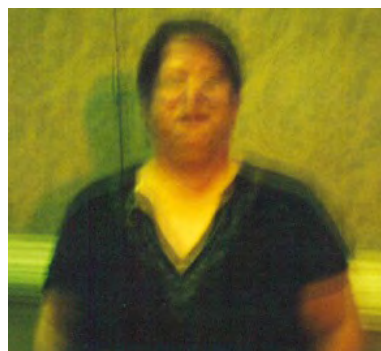
If you are truly interested in giving EVP a try, go to our website, the New England Society of Paranormal Investigators at www.nespi.net, click on **Investigations**, then click on **EVP Recording Basics** to find more detailed instructions for recording.

You will also find that many paranormal investigators, including NESPI, say a little prayer for protection upon entering and departing the cemetery. Even if you're not very religious it, can't hurt.



David Sircom

Luminator Picture



Margaret Lublin photographed in the Luminator field.

Margaret Lublin sent a picture of herself with the Luminator, taken in June 2006 at the AA-EVP conference in Atlanta by Mark Macy. Margaret wrote that there are three people in the picture, "Going from the top of my head to below my face are three people. I believe that the first person is Pat. However, she doesn't show up very well on the

copy. In the original photo you can see some of her gray hair ... As you go down my face you can see a pair of skewed round-framed glasses. This I believe is my father, Louis. Mark Macy had me take my glasses off before he took the pictures, and besides, mine have oval frames. The third person appears to be my step-mother, Joan. Below the glasses there is another face. The eyes are closed and there is no hair whatsoever on the face. No head hair and no eyebrow hair. She underwent both surgery and chemo for malignant brain tumors."

You can learn more about Mark Macy's work with the Luminator in his new book, *Spirit Faces*. Details are at <http://spiritfaces.com/>.



Life is but a Dream

Continued from page 11

When I asked Joey to tell her, we received "*Troopa*." The dog's name is Trooper. Debbie and I recorded a lot as the time got closer to 11-11, my wedding date.

"Debbie is selfless and I can never repay her for what she did for me the day before and on my wedding day. Her daughter Alexa was in a dance competition in Atlantic City, New Jersey those two days and Debbie took the time from her busy schedule to record with me. That's when Debbie asked, 'who's getting married Saturday?' and we received, '*Joe Stella*.' Debbie asked Joey, 'What's the name of your wedding song,' and we received, '*Our life would have been a dream*.' Ninety-nine percent of all the EVP from my Joey is validation EVP. It's amazing!

"I am no longer angry at God. Through the books written by the members of the AA-EVP, I now understand that our souls are on the physical plane for a predetermined period of time. I now understand that there is no death, there are no dead and that crossing over is just a transfer of spirit. I now understand that there is a heaven and that our loved ones are happy and peaceful. I now know that they are with us and want to communicate with us. I now know that, although we can't see them (yet) or feel them (yet), we still have a connection to them.

"The AA-EVP has allowed me to find God again, to believe in heaven, to believe in life after death and to know—really, really know in my heart—that there is nothing to be afraid of when we take our last breath on this earth. Rather, expect the wonderful journey to a forever of happiness, family, friends and beauty. Whether or not I record audible EVP, I will continue to work with EVP, to learn and to open a grieving heart to it.

"I know that, with all the brilliant minds combined with the passion of the AA-EVP members, we will be able to better communicate with our loved ones and help many, many broken hearts that will come into our paths in this life. To my AA-EVP family, thank you." Debbie

Premonitions Registry

The Parapsychology Foundation's Psychic Explorer Club invites you to send in your premonition to be registered. All submissions are archived alphabetically by the last name of the person who submitted the premonition. The Foundation will make no attempt to validate or assess the success of the premonitions received. Upon request by the registrant, the Foundation will forward the complete text of the experiencer's original email as it was enrolled in the registry, with the date and time of receipt noted. You don't have to be a member of the Parapsychology Foundation to register your premonition, simply email premonitionsregistry@psychicexplorers.org, or write Parapsychology Foundation, PO Box 1562, New York, NY, 10021.

News About Members

- Debbie Caruso was on Magick Mind Radio on June 14. The show was archived so you can listen to it at any time. www.magickmind.net/cms
- Peter Haviland, of Lone Star Spirits, is working with Paras Hub and their paranormal Internet radio show, which airs 7-9 PM EST Tuesday and Thursday. (www.lonestarspirit.org and www.parahub.org)
- Bryan Kaplan specializes in EVP with the Paranormal Activity Investigators; a Kansas City-based non-profit organization that he formed (www.ghost-investigators.com). An article written by him about using EVP in haunting investigations will be published in the Northwest Missouri State University Alumni Magazine in July. The magazine is mailed to all living alumni of the University. [Editors: -The Dead don't need to get it via mail!]
- Finnish member Georg Lindström wrote that he visited Lizz Werneroth in Sweden. Werneroth has been working with EVP/DRV (Direct Radio Voices) since 1968 and was a very close friend and workmate to Friedrich Jürgenson. Georg wrote, "During those days, we did recordings and listened to her old two-way conversations with the Spirit People."
- Karen Mossey has formed her own paranormal research team called the East Coast Transcommunication Organization. The new website is www.ectoweb.com. Karen has been asked to speak at the annual Monster Mash in Watertown, MA in October.

Energy Ball



This picture was taken by Linda Gray around 6:00 AM on a summer day. She recalls, "I was drinking coffee, trying to wake up. I thought the morning was very pretty. I am not a morning person, but for some reason I needed to be up then. I got my camera out and took a picture." Linda did not see the object when she took the picture.

Linda said that this is the only time that she has captured a picture of a mist. But she likes to call it an energy ball because it's in a ball and not floating around like a mist. She wrote, "I guess I should call it an apparition; you can clearly see this man's head."

Viewpoint

Continued from page 1

the United States. She is a board member of the ASPSI and also a member of the AA-EVP.

We both resonated with the positive, channeled communication that Betsy Jo Miller, author of *The Wisdom of the Gods* has received. The death of her son a few months before her divorce left her totally disillusioned with



Tom Butler speaking with P.M.H. Atwater, Rev. Michael Cocks and another attendee.

life. While "playing around" with channeling, an entity claiming to be her son came through. This ultimately led to the revitalizing of her life and the writing of her book. Her presentation talked about our connection to everything and how we have created our world. Betsy spoke to our need to use our emotional intelligence to "feel" our connectedness and responsibility to all else so that we can stop our unconscious creating of negativity in our life.

P.M.H. Atwater's presentation was fresh and her enthusiasm for her research in near-death states is still there after all these years. She is an international authority on near-death states and the author of ten books. Her presentation focused on her research into children's near-death experiences and their aftereffects.

Other great speakers at the conference included Donald Morse, Karin Nemri, Charles Don Keyes, Steven Hoyer, the Reverend Daniel Kivel, Sylvia Hart Wright, the Reverend Lawson Smith, Kevin Kovelant, Jeanetta Dunlap, David Lindsay, James Beichler and Boyce Batey who is the Executive Secretary of the ASPSI and who did a wonderful job of chairing the conference. Proceedings for the conference will be published by the end of July. In addition, each presentation was recorded on cassette. Both can be purchased on the ASPSI website (aspsi.org) for a nominal fee or by mail at ASPSI, PO Box 614, Bloomfield, CT 06002-0614.

Researcher Reports

- Debbie Caruso wrote that she had explained EVP to Father Paddock who is now Monsignor Paddock of her son Joey's high school. He asked to hear her recordings and record with her. On the recording he says who he is and then asks to hear from Joey saying that he wants to know that Joey is okay. Joey responds, *"I'm okay"* and the Monsignor was able to hear him.
- Martha Copeland and her sister, Ginny Sawyer, recorded with new member Laurie Bean and got an EVP saying *"Samantha,"* which is the name of Laurie's daughter.
- Margaret Downey often gets messages from Teri Daner's son Geoff. Teri asked Margaret to ask Geoff about Elvis as Teri had a mad crush on Elvis as a young woman. On the anniversary of Geoff's crossing, Margaret recorded, *"Tonight, Geoff met Elvis."*
- Mark and Amy Kosinski shared this with members: "EVP is absolutely amazing ... Our purpose around experimenting with EVP originated with the family having experiences in and around our home. We were a bit skeptical at first but when we heard the results we were both sitting with our jaws hanging open. As we read more about EVP, we decided to attempt to contact my wife's dear uncle. He passed about two years ago. He was a grandfather figure to our children, a foster father to my wife and probably the best friend I have ever had. He is very missed and very loved." Mark attached an EVP that was their first contact with him, *"Hello, Big Guy."* Mark explained that the uncle was a very large man (about 6'6" and 280 lbs), and his nickname was Big Guy.
- Lianne Mettam said that she received a voice mail from her friend, Champ. Before the voice mail, one of her daughter's toys kept playing music. Lianne went to shut it off but found that it was already off! She then received a couple of voice mail messages that were all static and then a message that she felt sounded like her friend. She played it for her mom and her mom hears, *"Hullo, heleloo, I love you."* Lianne hears the last part as *"and you"* instead of *"I love you."*
- Lorie McMorrow has recorded the *"Meow! Meow!"* of her beloved Siamese cat. She wrote that the meow is distinctive and not easily mistaken, "It's the same as the one that used to wake me at 4:30 in the morning, wanting to be fed!"
- Michael Shultz wrote that he had recorded a few EVP messages. He has two different types of recorders; a high-end model and an inexpensive one. He says that so far, the EVP that he has received have been with the less-expensive recorder.
- Sandra Smith lives in a historic village in New Mexico and has recently conducted several EVP sessions with results intriguing enough to spur her curiosity and desire to experiment further. She is using a Olympus DM-1.
- Vicki Talbott asked during a recording, "Who's here?" and received, *"Everybody,"* and then a couple of names, one of them being *"Sean."* A friend's daughter's ex-boyfriend had made his transition and the friend had asked Vicki to ask for him. On the same recording Vicki says, "Big Circle night" and an EVP follows saying *"Big Circle night ... Yes."*
- Stephanie Tomasi is a nurse and mother of three girls. Her oldest daughter was struck by a speeding car and was in a coma for a month. When she came out and was able to speak, she told her mother that she went to heaven. Stephanie has always wanted to make contact with loved ones who have crossed over and has recorded EVP. Her first was that of a man saying, *"Hi, Stephanie. I am here."*
- Lorraine VanBrocklin wrote, "I get many clear messages and enjoy this very much."
- Dee Vyeda writes, "I do regular EVP sessions nearly every week and have had fabulous results recording on an IBM laptop, which has a great sound card installed, and using an external microphone. The noise created by the laptop fan provides the right amount of sound."
- Phyllis Jaquett told us that she recorded the voice of her husband when he transitioned sixteen years ago, and the voice of a friend when he died three years ago.

Thoughts from Members

Regina Antonucci wrote, "I became interested in how linguistics and phonetics may tie in with EVP. As an experiment, I thought to ask 'them' to repeat a word which begins with a voiceless consonant and ends with a voiceless stop. I thought to do this as I considered that 'they' may have a very limited ability to make their larynges heard in this world but may have a better ability to make sounds heard by manipulating the air or ether around them. It was a thought and so I proceeded and actually was successful the first time in getting them to repeat 'SHAPE.' It is a Class A quality recording as well, of which I am very proud. Unfortunately, and this is the rub in the study of the paranormal, the erratic nature of response or should I say non-response may easily diminish any such glaring proof. In other words, as I attempted to repeat the experiment with other similar voiceless words I was not successful. However, it is true, I've only had limited time experimenting and so will try again at some point.

I have collected hundreds of other EVP in about a year's time—Class A and Class B—and even retained the Class C examples. I have utilized a Faraday cage and because of this, I know for a fact EVP are not stray radio waves ... I also know this is not [pareidolia](#) I am experiencing either, as I am aware that my mind can and has created such nonsense when I am overtired. But that is very simple and the skeptic's biggest argument, I think.

Big Circle Recording Dates

Don't forget to record with the group every other Thursday and then share your EVP messages on the Big Circle area of the Idea Exchange. Recording dates are: July 12 & 26, August 9 & 23, September 6 & 20 and October 4 & 18

An Opportunity to Learn

The International Spiritualist Federation is hosting their Fraternal Week Convention, September 8–15, in Rochester, New York at the Crowne Plaza Hotel. Attendees will be offered fifteen hours of development classes in trance, mental mediumship, physical mediumship or spiritual healing. Lectures and seminars during the week include: Electronic Voice Phenomena, Remote Viewing, Trance Presentation and other topics. Demonstrations in mediumship will take place each evening and there are two sessions each day to receive spiritual healing. We will be presenting Electronic Voice Phenomena and hope to see you there! For information see www.theisf.com

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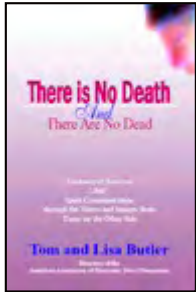
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Do you record EVP? ___ Plan to record? ___ Do you have research/development background that may apply to EVP? ___

In addition to my annual dues, I am enclosing a DONATION of \$_____ to support the work and programs of the AA-EVP

By indicating that I want to share my name and address with others on the Member Registry, I realize they are private and I agree that other names on the list will not be given to anyone who is not on the list, used for commercial purposes or the furtherance of personal causes. I also understand my membership will be terminated if I violate this agreement. I certify that I am twenty-one years of age or older. I understand that the AA-EVP is not liable for the results of EVP/ITC experiments that I might conduct, and that the Association is also not liable for damages due to the use of information it publishes on the Internet or in literature such as the NewsJournal. Officers of the AA-EVP reserve the right to refuse membership to anyone.

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