

## From our Viewpoint: A Visit to the Monroe Institute

In October, we attended a week-long program at the Monroe Institute in Faber, VA. Robert Monroe achieved world-wide recognition as a ground-breaking visionary and explorer of human consciousness. His research led to the discovery that specific sound patterns have beneficial effects on our capabilities. For example, certain combinations of frequencies enhance alertness while others induce sleep and others can evoke expanded states of consciousness.



Tom and Lisa in front of the cabin in which Robert wrote some of his books.

Assisted by a broad base of specialists, Monroe patented this audio technology that is named “Hemi-Sync®.” Hemi-Sync is an audio guidance technology that works quite simply by sending different sounds (tones) to each ear through stereo headphones. The two hemispheres of the brain then act in unison to “hear” a third signal—the difference between the two tones. This is not an actual sound, but an electrical signal that can only be perceived within the brain by both brain hemispheres working together. Over the years, the Institute has developed individual Hemi-Sync products for specific applications such as stress management, meditation, focused attention, sleep enhancement and pain management, to name a few.

We attended the Institute's beginning program called *Gateway Voyage* in the late 80s when Robert Monroe, the founder, was still in the physical. Robert's daughter, Laurie, now continues in his footsteps and spoke at the AA-EVP conference this past June in Atlanta, Georgia. Meeting Laurie inspired us to take one of the many graduate programs that are available at the Institute.

The program we chose to attend is called *Guidelines*. The theme of *Guidelines* is to assist participants in learning methods by which communication can be established with different intelligences. From their program summary, “Whatever you call such intelligence (e.g., Total Self, Inner Self Helper, Guide, Non-Physical Friend, Universal Consciousness, etc.), it can be any constructive source that has an overview beyond your normal, daily physical perception.

Our class was held at Robert's Mountain Retreat which was Robert and Nancy Monroe's home while they were here on earth. An annex has been built close to the house which houses nice rooms for participants, complete with private baths and a wonderful view of the rolling hills of the Blue Ridge Mountains. Each student is assigned what they call a “check unit.” This not only serves as a bed but students spend many hours a day in them listening to Hemi-Sync exercises.



Monitoring equipment in the Hemi-Sync lab

One of the highlights of *Guidelines* is a private session in the Hemi-Sync lab which features biofeedback monitoring and custom tailored sound frequencies. The lab is an isolation chamber within the Monroe Institute's Research Laboratory. A booth in the lab contains a salt-water bed heated to body temperature, headphones for Hemi-Sync, and biofeedback systems. It is designed to eliminate any outside interference and is lined on all sides with copper sheeting. It is spacious, comfortable and very quiet.

Both of us had profound experiences during the course. We both felt that we had experiences with guides and also what we call our “higher selves.” It took us about a week to return to our bodies after we returned home!

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We want to acknowledge the important work that the Idea Exchange Moderators and the Regional Coordinators are doing for the AA-EVP.

# Gabriel

by Mary Rivera



Gabriel

Gabriel Rivera is my son. He was sixteen years old when tragedy struck. He took his own life by shooting himself with a handgun that was my own. He had been taught to respect that gun, clean it and shoot it. He had never before touched it but he always knew its location in the house.

Gabriel was every mother's dream. He was one of the most polite and caring

young men I have ever known. His friends used to tell him he was "too polite" and the young ladies told him he was simply "too nice." I didn't know a person could be too polite or too nice. It always seemed like he was just one step ahead of others. He told me once when he was twelve years old that he felt and somehow knew that he would not live a long life. He was always there to help others out by reaching out to those less fortunate than himself and giving to others in a way that made one just stand there and say "wow."

Gabriel had established a large circle of friends and we always had a house full at any given time. That warmed my heart to see them all together. Life seemed so rich and full of love.

Gabriel had grown up in San Antonio and that's all he could remember. I am from California and hadn't lived at home for many years. My heart was yearning to go back to my home. I asked Gabriel if he would be willing to move there with me for his last two years at home. He wanted to be a photographer and was ready to enter college courses for the same. We were homeschoolers and so he was well ahead of himself and had only one book left to complete his senior year. Gabriel agreed that the move to California was fine and we proceeded to leave San Antonio.

We arrived in California in February of this year (2006). One evening, after the boxes had all been delivered to the new house, Gabriel and I stood together looking at the view out of the living room window. As I stood next to him I got the most horrible feeling, like I wanted to run and run and never stop. I felt a gripping fear come over me and I said to Gabriel. "I'm so afraid all of a sudden ... I feel very sick to my stomach." He smiled gently and assured me that it was just stress of the move. Little did I know that I was actually feeling the same fear I would feel the day he turned up missing. The house in San Antonio just didn't want to sell. I kept feeling that it was a sign that we should return there instead of stay. How many times have I regretted not paying attention to those early warnings?

I had gone down for lunch with some family friends. I left the house at 11:00 AM and woke Gabriel up before leaving. He had been up late the night before and so was sleeping late that morning. I sat down on the bed beside him and kissed his cheek, shook his arm and told him I was leaving. He quietly acknowledged me and I left. Little did I know that would be the last time I would ever look upon my son alive. The night before I had a feeling that I should not go to lunch that day and again I disregarded it as plans had already solidified.

When I returned from lunch it was about 5:00 PM. We had stayed out longer than I thought and I passed his room door to see a note on it. It said, "I'm going to take a long nap," and I simply passed by and went to my room. I was trying to be quiet and I always respected his privacy and so I didn't attempt to go into his room. I changed clothes, did some light cleaning and sat down to watch some television. About three hours later, at 8:00 PM I was startled by the appearance of my own gun as a "picture" before my eyes. I jumped up from the couch in a panic and ran to where I keep the gun. It was gone!

I knew at that moment that something terrible had happened. I knew that my son had taken the gun to hurt himself. I frantically banged on his bedroom door which I was soon to realize had been locked all that time. I was



Photograph taken by Gabriel

screaming his name. I grabbed a key and jimmied the door open. He was not in the room. I knew then that he was gone. I just didn't know where he was, or if he was somewhere half alive. The police wouldn't look for him for at least forty-eight hours. It was a night I would never forget. The following morning, at 5:00 AM, I contacted the sheriff's department and asked for the search and rescue team.

They brought helicopters and several men to search the hills. They found him behind my home in a small canyon with a gunshot wound to the head. My whole life ended that day.

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## Visiting Hans Otto König - Two Excellent ITC Experiments

By Dr. Anabela Cardoso, Professor David Fontana and Professor Ernst Senkowski

### Introduction

In the year 1974, Hans Otto König, now 66, a professional electroacoustics technician living in Mönchengladbach, by chance found himself listening to a discussion broadcast by ZDF (the second German TV Channel) in which Friedrich Jürgenson from Sweden, the pioneer of EVP, tried in vain to convince the well-known German parapsychologist Prof. Hans Bender and other critical scientists and journalists of the reality of extraordinary voices captured on his audio-tapes and apparently originating from the deceased.

König's interest was aroused, and he resolved to start his own experiments in an attempt to demonstrate that the anomalous voices came from the unconscious of the experimenter rather than from the deceased. Instead, he received the singing voice of his late mother who addressed him and his father by name and asked whether or not they could hear her. During the following weeks, König was forced to the conclusion that the voices did indeed come from the so-called dead. He started his EVP experimentation using as background support noise a radio station transmitting in a foreign language, and although he obtained his positive results almost immediately, initially they were of very poor quality, consisting mostly of whispers and sighs rather than vocalizations.

Subsequently he changed his background noise from foreign language broadcasts to ultra-sounds, since this is an area of acoustics which he understands, and has used his professional expertise and psychic faculties to improve the quantity and quality of the contacts with the beyond—now known as Instrumental TransCommunication or ITC—by inventing and continuously modifying electronic devices specially developed for the purpose. Initially, he applied combined frequency-modulated mechanical ultrasonics transmitted and received by transducers in his laboratory. He then found that electromagnetic oscillations in the frequency range around 50 kHz produced the same results. Later he added a multifrequency infrared transmitter-receiver system, which demodulates infrared and modulates it again to a UHF vibration-oscillation from 10 m down to a 1 m wavelength, with a frequency of 30 MHz to 300 MHz. Currently he is working with a complex device based on quartz-crystals irradiated with ultraviolet light which he calls HRS (Hyper-Raum-System or Hyperspace System).

König tells us that he builds his various IC devices according to his own thoughts and the information he receives in dreams from the communicators. He further

tells us that he goes into deep meditation for thirty minutes every day and while doing so can “see” (as a kind of psychic perception) his communicators as diffuse physical shapes, and that he has also been successful in photographing them using the Klaus Schreiber closed loop method. His explanation for the success of his experimentation is the key word “resonance,” which he says includes electromagnetic resonance.

The voices that now come through his loudspeaker are of a different, often excellent, quality, and he is sometimes able to dialogue with them. The contents of communications and the nature of the communicators themselves vary dependent upon the context. Deceased humans may answer the requests of their bereaved relatives and friends for comfort, while at other times, technical advice is given to König, and nameless cosmic entities, apparently outside our space-time, provide philosophical observations. The outcome of an experiment is never predictable, and may produce no results at all depending on mental-spiritual and other (unknown) conditions. König feels that audio results seem to improve in the presence of a harmonious audience, and the same is true for his work on transimages, which in one instance have already been obtained accompanied by the voice of the deceased person, whose identity was later discovered “by chance.”



Hans Otto König  
From the ITC Journal web site.

### The Two Experiments

The two experiments that are the subject of this Report were held respectively on September 10<sup>th</sup> and 11<sup>th</sup>, 2005, in two afternoon sessions held in a room at the Hotel Kaiserhof, in the German town of Wesel. Dr. Anabela Cardoso attended, accompanied in the unavoidable absence of Professor David Fontana by Mr. Carlos Fernández, the Technical Editor of the ITC Journal and an electronics technician with long experience of ITC data. Also accompanying Dr. Cardoso was Professor Ernst Senkowski, one of the foremost experts on ITC, who has known König well for many years, and who was responsible for helping to arrange Dr. Cardoso's visit. The others present included visitors from Finland and some sixty of the regular observers of König's previous experiments, together with a few individuals who were attending for the first time. König completely eschews publicity and avoids working with journalists and the media because of the negative experiences he has had with such groups in the past. All the communications were in German, which is the native language of König and of Professor Senkowski and in which Dr. Cardoso has some facility.

#### First Experiment, September 10th 2005.

König opened proceedings with an introductory talk that included recordings of voices received during earlier experiments.

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## Two ITC Experiments Continued from page 4

After a short meditation he then activated one of the older systems developed by him many years ago, which has misleadingly been called a “generator” but which in fact should be considered as a device open to the influx of information from hidden ranges of consciousness. This infrared/ultrasound device operates in a frequency range from 30 kHz to 70 kHz. The device, which looks like a rectangular metallic box, was built by König himself and the frequencies are mixed in its interior while an aerial placed on top of the generator transmits the signal to a receiver in the same band. An amplifier is connected to a mixing table and to the loudspeakers. König’s microphone and recording apparatus are also connected to the mixing table. When the voices started, silence was suddenly transformed into a beat, and the voices seemed to speak much above the beat. The communications that resulted lasted some two minutes and consisted of a nearly continuous dialogue between König and several voices.

The communications began with the habitual opening words, “*Contact field closed*” (i.e. closed to intruding entities), and finished with, “*Contact end.*” In all, there were fifteen exchanges. In Exchange Number 2, the “answer” did not directly refer to the question asked by König. In Number 5, the voice asked for a technical modification of the equipment being used. In Numbers 9 and 14 respectively, two names of earlier acquaintances of König, “Hubert” and “Helmut,” were given, the latter communicator spontaneously referring to König’s sick wife, Margaret.

Most of the voices were clear and could be heard above the permanent noise level from the equipment. In consequence the comprehensibility level was around eighty-five to ninety per cent for all those present during live listening, and one hundred per cent on replay. The voices were of excellent quality, but somehow did not possess the same degree of what Dr. Cardoso describes as the “inner clarity of an angelical prototype” that in her view was overpowering in the voices that came through during the experiment of the following day. Professor Senkowski expressed himself unable to always decide whether a voice sounded more male or more female.

An interesting observation concerns the varying speed of the utterances. For example, Exchange Number 12 was spoken very quickly, and here and in other cases, one had the impression that when the contact is nearing its end because of shortness of “energy,” the speech is accelerated. Another observation concerns the time lapse between the questions of the experimenter and the responses from the communicators. These lapses were generally in the range of a few seconds, but in Number 12, the voice broke in before König had completed his question, so that the two voices momentarily overlapped.

To some extent, the speech of the communicators possessed its own character and style, both of which are difficult to describe. Often the speech sounded not “normal” or not “human-like.” Grammar was not always

correct. The contents sometimes were metaphorical and not easily interpreted, especially when the speaker seemed to be a “remote,” non-human being. An example is Number 2, when subsequent to König asking who and where the “speaker” is, the answer, “*Ultraschall ist das Bild*” is given, (translated as, “Ultrasonics is the image”). This answer could be understood as meaning that the voice, as mediated by the electromagnetic oscillations in the range of 30 to 70 kHz, is an “image” of the speaker, who remains unnamed. Alternatively the speaker may be identifying his (mental) “position,” as in or near the equipment being used. But these alternatives must remain more or less speculative.

### Second Experiment, September 11th 2005

This experiment was carried out with the HRS system that consists of a large quartz-crystal and ten smaller ones, all of them irradiated by ultraviolet light of different wavelengths. As in the first experiment, we started with a short meditation, after which the device was switched on. After some fifteen minutes, the first voice came through, and a dialogue developed with nineteen exchanges taking place lasting seven minutes and fifty-three seconds.

The background noise, according to König, actually produced from the “other side,” was quite different from that heard from the so-called generator in Experiment One. It consisted of a nearly periodic bird-like high-pitched twittering or chirping, mixed with slow roaring like a storm and waves on a seashore. Most voices were absolutely clear and immediately understood, provided they were not too fast. König spoke his questions in a meditative state, speaking slowly, and the voices answered in their chosen manner.

Most responses were given immediately, although a few were delayed up to twelve seconds. Most of the voices seemed to come from one single entity, who sounded to be female, and they possessed a special modulation, similar to singing. Most of them sounded rather “neutral” or “detached” with the possible exception of Exchange Number 10, where the voice seemed to express some underlying contempt for the stupidity of Christian beliefs, describing them as “unreasonable superstition.” In Number 8 were the words, “I stem from the realm of stars,” delivered in an elevated poetic style. The German words used by the entity, “*Ich stamme,*” can be translated simply as, “I come,” or more tellingly as, “I am descended.”

The dialogue seemed to be presided over by a highly intelligent source that treated adult humans like children, with some compassion or even regret. For example Number 15, when we were told that, “But it is probably too difficult for you to comprehend this.” (“This” being their magnificent, super-terrestrial world). However, one should take into consideration the difficulties pertaining to the adaptation process of the different structures of human and the entities’ consciousness in contact through these communications. In the rather long pause between Number 18 and the end of the contact, dull beats similar to drumming appeared as additional signals, although their meaning remained unclear.

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**Two ITC Experiments** Continued from page 5

The live comprehensibility level was around one hundred per cent for all those present.

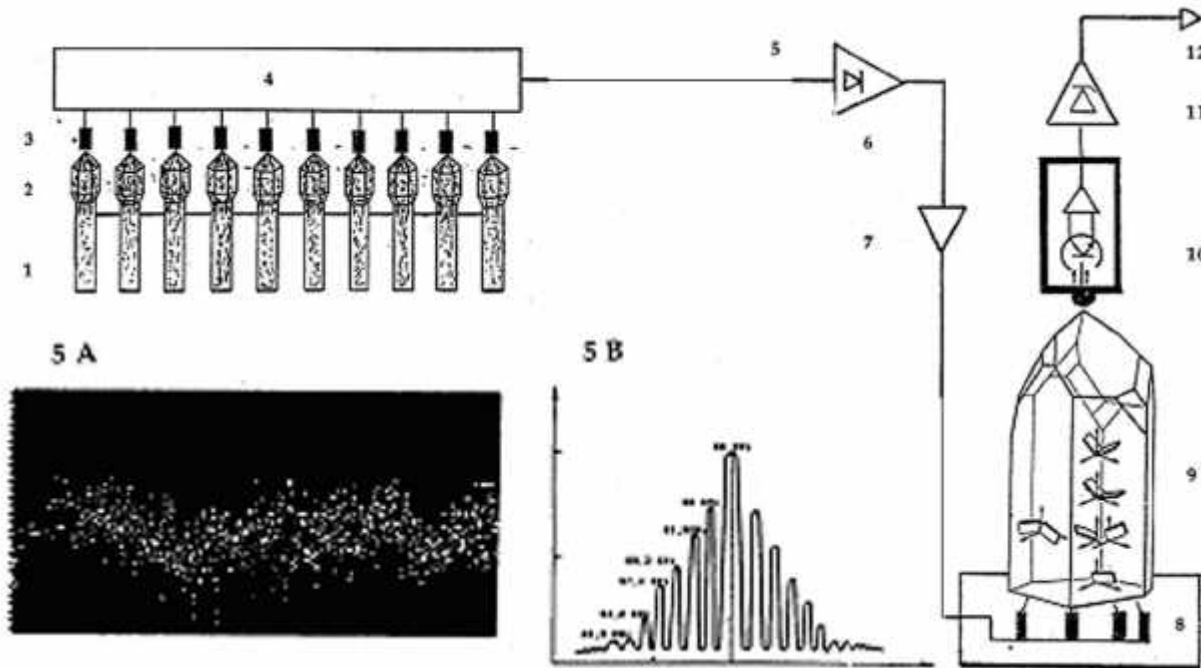
**Related Matters**

A diagram of the devices used by Hans-Otto König is appended. (Editor: Because of the extent of the transcript, the transcripts of the communications received during the above mentioned experiments and the respective translations provide by Dr. Ernst Senkowski are available on the AA-EVP website at <http://aaevp.com/articles.htm>. Please send us a SASE if you require a hard copy.)

During the two days spent in Wesel, Dr. Cardoso had the opportunity to exchange views with Hans-Otto König on a number of issues—namely on the content of the communications she receives from the group of communicators calling themselves Rio do Tempo (Timestream) and recorded by Dr. Cardoso, and of the communications received by Hans-Otto König. Among the many interesting similarities there is, for instance, the fact that König’s communicators very rarely speak in the singular and almost always in the plural, referring to themselves as “We,” just as do the communicators from Rio do Tempo. They also speak of “meditating (in their world),” as do the voices from Rio do Tempo. Furthermore, König’s

and Rio do Tempo communicators tell us that, in the third level of the next world, deceased animals and deceased humans are together again, and that at this level, communication with animals and plants is also possible. Another aspect of the similarities regards the interchange of energies between the communicators and the experimenters. Hans Otto König said on September 10, 2005, prior to the experiment of that day, that the entities who speak with him “can as well charge, or even overcharge, him before a contact, and at other times he feels devoid of energy after a contact.” From her side on September 2, 2005, Dr. Cardoso wrote in her contacts log the following: “... when I am in the studio I seem to lose track of time. I wouldn’t know if I have been in for fifteen minutes or for over one hour. Also, those days when I feel particularly energetic, and upon request of the communicators, stay inside for a period of time, I feel emptied out and tired when I go out of the studio. On the other hand, the days when I feel very tired and go into the studio, upon going out I feel recovered and the tiredness has disappeared. It is as if there is an interchange of energies with the communicators.” As with the communicators from Rio do Tempo, who refer to themselves

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**Diagram of the devices used by Hans Otto König on September 11**

Previously published in the ITC Journal No. 24, December 2005

- |   |  |
|---|--|
| <ul style="list-style-type: none"> <li>1. 10 UV LEDs UV-C – 100-280 Nanometer</li> <li>2. 10 Small Quartz Crystals</li> <li>3. 10 Phototransistors</li> <li>4. Stochastic Generator</li> <li>5. FM Output From Stochastic Generator</li> <li style="padding-left: 20px;">5A Oscillogram – Line 5</li> <li style="padding-left: 20px;">5B Frequency – Spectrum 48 – 68 KHz Line 5</li> </ul> | <ul style="list-style-type: none"> <li>6. FM Demodulator</li> <li>7. Preamplifier</li> <li>8. 4 UV LEDs Special Frequencies</li> <li>9. Big Quartz Crystal</li> <li>10. Demodulator</li> <li>11. Low Frequency Amplifier</li> <li>12. Audio Signal to Mixer</li> </ul> |
|---|--|



## Two ITC Experiments Continued from page 6

as speaking from a “station,” König’s communicators say the group who organizes their contacts is known as “Zentrale.”

### Conclusion

Our conclusion is that we witnessed two fascinating experiments that are the outcome of thirty years of engaged and devoted work by Hans-Otto König, who works without support and who has often been fiercely attacked by what Professor Senkowski calls envious or even ill-intentioned people. Hopefully, at some point in the future, Hans Otto König will be considered one of the most prominent pioneers of ITC, and his wish to prove the reality of life after death will perhaps be fulfilled by a less materialistic science. Meanwhile, we remain thankful for the opportunity to observe the work of this man, and wish him the continuation of success in the laborious developmental path that he has chosen to follow.

### Editorial Note

As emphasized in earlier issues of the Journal this research work has been made possible by the generosity of Mr. Oliver Knowles, a great supporter and benefactor of psychical investigation...

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## Transfiguration Images



We have reported on Brazilian ITC researcher, Sonia Rinaldi’s work in previous issues. As you can see here, she continues to evolve her technique.

Recently Sonia had a visit from a couple of friends, Rosânglea and Oscar, from the state of Santa Catarina which is some two hours far from São Paulo by plane. They lost their son, Otavio, in a boat or raft accident. They own a hotel in the mountains beside a river and Otavio died while practicing coming down the river. He struck a rock and broke his neck. Months after this, Rosânglea contacted Sonia who did a phone recording with wonderful results.

The top pictures are of Oscar, age fifty-four, and the bottom pictures are from his son Otavio’s passport at age nineteen. In the video, (three images shown in the middle) Sonia holds up a white transparent cloth with some silver points. Sonia feels the cloth helps the transfiguration take place.

Sonia also sent a couple of audios. Sonia was with Rosânglea watching the video of Oscar when she recognized Otavio’s picture. She started crying and shouting, “It is him ... It is him ... Otavio, my son....” The young boy replies in an EVP, “*Marvellous.*” In another, the mother says, “Soon we will be back to talk” and Octavio replies, “*Just for a short moment.*” And in a final message he says, “*I will embrace you!*”

## Hearing with Templates

An Email from Alexander MacRae

I have currently been writing something I titled, "Hearing with Templates" ... For some years now I have tried to deal only with the best obtainable EVP samples, disposing of the rest. I am aware that funny things can happen and I have attributed these to the very important subject of cueing errors. Working on the Bial Foundation project has forced me to take account of ALL samples recorded, the good, the bad and the downright appalling.



Alexander MacRae speaking at the 2006 AA-EVP conference

I was rather concerned lately to find that some of the samples I had selected seem to have changed completely while I was working on them. Taking a few days to do something else and then coming back to them, I found I was reporting some of them as something other than the original. Was this a matter of a time effect or a processing effect or what?

Some weeks ago I had sent out two of my local group to a couple of sites to do some recording and then taught one of them a little bit about analysis using Cool Edit Pro (now known as Adobe Audition). The other, Helen, a very perceptive person, asked almost immediately how it was that you could hear one thing at one time but then you could hear something quite different at another time—convinced then that the second version was the correct one. I mentioned cueing and tried to make it all seem quite normal. Earlier than all that, Edgar Müller had remarked in an email that different noise reduction levels could alter the meaning of what one heard. I did some experiments to investigate this point using normal voice and good EVP, which I will later refer to as "A-type" EVP.

My article on hearing with templates makes the point that what we hear is not necessarily the same as what we are listening to. And then the point is made that templates are used in all recognition processes, whether recognizing phonemes (elements of words); or patterns of phonemes which are words; or patterns of words which are phrases.

What you actually "hear" is the template. You can also hear all the other noises that are part of what you are listening to, but what you actually "hear" is the template that best fits the sound pattern.

If you listen to a sequence of phonemes that you have never heard before, for instance, "Gelarumipalat," which is not a word in the languages that you understand, which does not have Latin, Greek or Germanic roots, what you will hear is a sequence of phonemes, pure and simple. If you listen to a recognized sequence of phonemes such as "angry," you hear a word. And if you listen to a sequence

of known words in a recognised sequence such as, "I am so angry!" what you "hear" is a meaning.

What you listen to and what you hear can be different things.

There has to be a distinction, therefore, between EVP that is so good it is close to normal speech in good listening conditions, we will call that A-type EVP; and EVP that is not that good, we will call that B-type EVP. They are both EVP but they have different behavioural characteristics.

With B-type EVP,

- different people may hear different things;
- what is heard using headphones may be different from what is heard using a speaker;
- what is heard when one is told what it is, may be different from what one heard *before* being told what it is; and,
- what one hears at one time may be different from what one hears at another time.

To the general public this PROVES that EVP is NOT real. Therefore one should not expose the general public to B-type EVP.

Remember that normal hearing is *also* dependent on template-based pattern recognition.

The received wisdom over the years was that EVP is deficient in the relative energy level of consonants as compared with vowels, and as consonants are the main carriers of intelligibility, so EVP is less comprehensible. I went along with this explanation unexamined myself and even repeated it.

The world experts in this are in the Department of Phonetics and Linguistics at University College London (UCL). The UCL people have been looking into the speech of people suffering from deafness or some neural/motor deficiency. This speech has consonants that are low or missing, thus reducing its intelligibility. Just like EVP one would suppose.

Let us make up an example. Suppose we have a stroke victim saying, "How are you *now*?" They might say, "OOOAAOW ... AAARGH ... EEE-UUU ... NNN N ... ...AAAAOOOOW...." Almost entirely vowel sounds, and very slowly. Where muscular dexterity is required as in the rapid transition from "n" to "ow" in "now" then there is a delay. However, this is not what EVP sounds like. The problem may not be the consonant/vowel energy ratio.

The UCL people have looked into cueing as an important factor in intelligibility, and they developed a method of manual cue enhancement in a recording. They tried this and indeed it improved intelligibility. However, automatic cue enhancement did not work.

Cues are taken as the regions of transition; the region where one vowel changes into another or into a consonant or the impulse and blank period on which consonant sounds are based.

Continued page 9



## Hearing with Templates

Continued from page 8

The reason for this is that the significance of a set of consecutive sounds depends on the sequencing, on the timing and so relative position in time. Cue is very important.

Here we should also note that the term “phoneme” is not entirely accurate. For example, when each is isolated out, the “a” at the beginning of the word “attack” sounds quite different from the “a” in the middle of the word. To describe this feature the word “phoneme” is replaced by the word “allophone;” that is, a phoneme taking into account its phonetic environment.

Timing is crucially important, and just as you can have people who have trouble with the spatial sequencing of a written word, who are “dyslexic,” so also there seems to be a tendency for some to be “dyslexic” in terms of time sequences. Remember that in an audible communication system, *the listener* is also part of that system.

For some time, my opinion was that EVP was perhaps cue-deficient. My thinking now is that Type-B EVP has an *over-supply* of cues, and that due to the relative uncertainty

or randomness involved in the EVP process, fortuitous transitions appear which can be taken as false cues, enabling more than one interpretation to be found.

Where more than one interpretation is found this does not mean that a correct interpretation does not exist. Although if two interpretations exist then *both* must be wrong is normal thinking. But that is not necessarily the case.

All sequence-significant hearing is template-based but some patterns are so uncertain that more than one template can seem to fit.

[Note that this explanation is not providing a reason to think that “B-type” EVP change in any way. Editor]

### Thank You

Alec MacRae wishes to thank everyone who participated in his listening panels. The statistics will be written up in a paper as soon as he gets a chance. We want to add our thanks to the AA-EVP members who represented the Association so well.

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## ASPSI Conference, “What the Bleep Do We Know About Life After Death?”



The Academy of Spirituality and Paranormal Studies, Inc. (ASPSI) will be holding their conference with the above title June 1-4, 2007 at DeSales University in Center Valley near Allentown, PA. We are presenting and the keynote speaker is **Dr. Raymond Moody**, who will also lead a workshop. A few of the twenty-two presentations are:

- *Children’s Near-Death Experiences: Startling New Findings* by P.M.H. Atwater.
- *Life After Death: Beliefs of ASPSI Members* by Boyce Batey.
- *Let There Be Light! The Scientific Bleep on the Afterlife* by James E. Beichler.
- *Tests for Ideal Communicators to Strengthen Survival Evidence* by Arthur Berger.
- *Electronic Voice Phenomena as Evidence for Life After Death* by Tom and Lisa Butler.
- *Love Lives On: Learning From the Extraordinary Encounters of the Bereaved* by Louis LaGrand.
- *Out-of-Body Experience: The Definitive After-Life Research Tool for the 21<sup>st</sup> Century* by David Lindsay

- *Can Living a Long, Healthy, Moral and Spiritual Life Help Pave the Way to a Blissful Afterlife?* By Donald Morse.
- *A Century of Research on After-Death Communication* by Sylvia Hart Wright.

Contracts with the University are still being negotiated, but the approximate cost for the conference before May 1 is \$240 for non-members and \$180 for members (less for Patron members). Cost for three nights and nine meals in a new dormitory facility on campus is expected to be \$220 single, \$175 double. Dormitory rooms have two single beds in each room and share a bathroom with a shower and toilet with one other room. Each room has a washbasin with a mirror.

Information on membership to the ASPSI can be found at [www.lightlink.com/arpr/](http://www.lightlink.com/arpr/). Complete information on the conference should be on the ASPSI web site by February. Or contact Boyce Batey, ASPSI, PO Box 614, Bloomfield, CT 06002-0614, Tel 860.242.4593.

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### The “God Spot” is a Myth

According to a new study detailed in *Neuroscience Letters*, the human brain does not contain a single “God Spot” responsible for mystical and religious experiences. This is contrary to claims that have come from skeptics and atheists. Instead, the sense of union with God or something greater than the self often described by those who have undergone such experiences, involves the recruitment and activation of a variety of brain regions normally implicated in different functions such as self-consciousness, emotion and body representation.

From: [LiveScience www.livescience.com/](http://LiveScience www.livescience.com/)

## Mother's Voice on Video Tapes

Cat Perks went back over family videos after Debra Caruso mentioned that it was possible to find EVP on the audio of video recordings. After carefully listened to the audio of one video she was surprised to discover the voice of her mother. She soon realized that her mom had been leaving messages on the family videos all along.



Grandmother (left), Grandfather, two unidentified relatives (center woman and man at right) and Cat Perks' mother.

Cat's mom crossed over when Cat was quite young. She wrote, "My mum was my world and when she died a part of me died with her. I was fifteen years old and she was thirty-six."

The first message that Cat found from her mother, Pamela, was on a video in which she had used her Canon A95 to film her daughter, Katrin, in her baby bouncer this past April. That first message was not clear but she heard her name "*Catherine*" and "*Never forget me.*" Cat says that she felt both sad and happy as hearing her mother's voice brought back many memories both good and bad. She remembered feeling angry that her mother was not there for her in her teenage years. She remembered being angry at God because she had not gotten to say goodbye to her mother who passed quite suddenly. She was even given different stories about how her mother died from grandparents but Cat remembers that she was beautiful and made some bad choices with men, but says that, "She was a loving mum who tried her best, had a beautiful singer's voice, was very musically talented and could do lovely paintings. She was always the life of any party."

In one of Cat's earliest recordings, she taped, "*Dear Pamela*" (or "*Hear Pamela*") and on another, her mother can be heard saying, "*If ever you need me.*" On a video that Cat's husband took of her two girls, Ebe and Katrin, you can hear her saying, "*William will ring you first.*" William is Cat's big brother who died at the age of three.

Cat says that she went to a psychic in 2004 and that through the psychic her mother asked for forgiveness. It was at that time that she let go of her anger and forgave her

mother for everything. In one EVP message received via the audio of the video, her mother said, "*Message for Catherine ... asking if she is happy.*"

Cat wrote, "The audios are very clear ... and it sounds like my mum." Cat's husband was sitting six feet away from her while she played one of them and was also able to hear her mother's voice.

Her mother has left messages on her cell phone as well. One asks, "*Are you OK?*" another left on her husband's dad's phone says, "*Be happy, stay happy.*" She has also gotten messages that her mother is at her oldest daughter's flat a lot and keeps an eye on her.

The most amazing confirmation of this communication between mother and daughter came this past November. Cat was on the phone with her oldest daughter and felt that she was hearing her mother's voice trying to break through so she did several recordings when she got off the phone. What she heard on those recordings was quite a shock. On the first her mother said, "*Catherine waiting at hospital... Was seeing granddad.*" She immediately did another recording to ask her mother if her granddad had crossed over and recorded, "*Yes, he crossed over too.*" Then she gave me a message from my grandfather saying "*I'm sorry.*"

Cat had been out of touch with her family due to an argument and was shocked to learn after calling a cousin that her grandfather had crossed over in early 2006. Cat feels that these EVP were very evidential because she did not know about her grandfather's passing. She also feels that the other side does not know the time/month difference because of her mother saying she was waiting at the hospital when it had been months since the death of her grandfather.

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### EVP Voice Recognized

Alexander MacRae used to have a couple of boarders; a young man and his single parent mom. In march of 2004, the young man, James, overdosed in Portsmouth, England and crossed over.

Alec conducted EVP sessions in an attempt to contact James and did record some blurred "druggy-type" speech. In one message, James said, "*Say goodbye to St. Mary's.*" Since James had talked about getting married to his partner, Alec wondered if that was the church that they had picked to be married in. He asked the partner and after a pause she said, "St. Mary's ... that is where we used to pick up the drugs."

In a further development on this story, Alec wrote, "Lady Helen, who has done some sessions and was mentioned by name in James's last messages, was given a CD with her sessions on it, and I decided to throw in the James excerpts, unattributed as an afterthought. Late one night a year later, two of her kids were listening to her CD and were surprised to hear the voice on there of a former pal of theirs, James."

## ITC experiments using Light Reflected from Water

As Margaret Downey explains her experimental set-up, “I have a Canon PowerShot A75 Digital camera. It allows me to do thirty seconds of video at a time. I leave it on the highest resolution (640 x 480 pixels). For effects, I use the function button to set the camera to shoot in sepia (a brownish tone), tungsten (which makes it blue), and black and white. I also do a session using just normal settings.



A Corning pot half filled with water set in an empty metal pot.

“The experiments are done on my stove and the setup is very basic. The light in the stove hood is used as the light source. Then depending on my whim, I will use a black pot filled about half way with water or a translucent, amber colored Vision CorningWare pot half filled with water which I set either directly on the stove top or I suspend in the empty black pot. (editor: Margaret has joked that her Vision CorningWare pot really should be called Visionware!)

“I hold the video camera in my right hand and wiggle my left fingers in the water while I record the ripples. I get better results if I use my fingers rather than using a spoon or other object to stir the water. I first look through the viewfinder screen, to make sure I’m holding the camera at an angle where it catches the light reflection in the water. This position is not quite directly over it, but from above and at a slight angle. At the same time, I respectfully request for any people or animals in spirit who would like to show themselves, to please do so.

“Once in a while, I’ll place a crystal or a crystal ball in the water. And sometimes I ask my hubby to shine red and blue lights in the water.

“After filming, I remove the compact memory card from the camera and place it into my computer. The file is transferred into a software program on my Mac called iMovie, which allows me to look at the video one frame at a time. When I see something in a frame, I’m able to save that single frame as a jpg file. And from that jpg, I crop out the image(s) I wish to keep. I keep both the unedited full frame along with my edited/cropped version. Once in a while, I keep the entire video, but most of the time I dump it in order to help save hard drive space.”

In one experiment, Margaret asked for her grandparents and received this ITC picture of a bearded man she feels is her Great Great Grandfather, Benjamin Franklin Main Sr. He was a physician and Baptist minister who crossed in 1913. Today, he and his grandson, Lewis (Margaret’s



ITC picture and picture of Margaret’s Great Great Grandfather, Benjamin Franklin Main Sr. who crossed in 1913

grandfather who crossed in 1993), help her in making connections to other people.



Steve

Steve is a friend of Margaret’s friend, Linda, who likes to “pop in” to Margaret’s EVP sessions to call Linda’s name. Linda had asked her to call on him and this is the image that showed up. Linda said that there is enough of a resemblance that she feels he was doing what he could to show himself to her.

Margaret also has captured a picture of a face that she feels is her Indian guide, Walking Sun, who she had asked to come through during an experiment. Margaret had a reading from a Shaman who told her, “Margaret’s heart hears the drum beat of Mother Earth and her spirit finds the stairway to Father Sky.” She told Margaret that if she asked for her guide, Walking Sun, he would come. Margaret says, “One of the Shaman’s comments in my reading was that people with “dove medicine” can see between the worlds and the veil between earth and the spirit world is thin for them. She talked about being clairaudient and hearing spirit/sensing vibrations. It was so fun to be able to tell her after the reading about EVP/ITC!”



Walking Sun

Margaret feels that she has gotten some excellent readings from people on the Internet and through eBay. If you are interested in more information on this email Margaret at [castledowney@aol.com](mailto:castledowney@aol.com).



**Gabriel** Continued from page 3

The investigators were combing the house like a swarm of ants. It all seems such a blur to me now. One of the detectives brought a website to my attention. This website is called "ASH," or better known as alt.suicide.holiday (For the web site see <http://ashbusstop.org/ash.html>). As we navigated through this site I was horrified at what I saw. ASH exists by claiming to be "pro-choice." They SAY they don't advocate suicide but that they support anyone's right to feel that they want to die.

Many young children are posting their desires to kill themselves along with the methods that they choose to use. Then they actually request others to join them! They get into groups as they chat and the ring of children share their desires to die. They set dates to carry out their deaths which are known at the site as "catching the bus." Each person checks on the other to see if they actually went through with the suicide and what method they used to complete it. Then they follow through with their own, etc. If a person does NOT go through with the plan, they are ridiculed as being at the site for "attention" only and treated as a coward.

We, who love the children, parents, siblings, are known as "happy smilies" and are not to be given any signs whatsoever as to their intent to kill themselves. Nor are they to show signs of depression to us. They are to keep us in the dark right up to the end. They are also told to leave a confusing note to the family to keep us guessing.

Gabriel was a very strong and intelligent young man. We had discussed the evils of the world and the pitfalls of the Internet hundreds of times. I never once thought in all my wildest dreams that he would succumb to such a brainwashing. Yet it happened. His suicide note said "I love you AOL." This would be the search engine he used to log on to ASH and get instructions on HOW to kill himself and WHERE to shoot himself so that he would be sure to not remain alive.

Ash also lists all methods used for killing yourself ... and will instruct you on how to complete suicide. I remember reading one young girl's pleas. She stated that she didn't have a gun and was afraid to use a rope, "So what should she do?" she asked. The reply was "jump." I kid you not.

After Gabriel left me, I begged to see him just one more time. I was granted that wish one evening when he appeared to me in the flesh. I held on so tight and then pulled away to see his face. He looked so radiant and so healthy. I asked him, "Why, Why?" He then looked at me with a look of pain and said, "I don't know." He slowly turned into light and faded away.

One morning shortly after his death I turned on the

computer. When the screen came up it was showing a "car racing game." I sat and stared at this strange game going on right in front of me. It was the racing game that he was playing the night before he took his life. He had asked me to come and watch him race. When I finally realized that it was the same game it slowly faded from the screen and the usual sign on screen came up.

I am prone to horrible crying fits; Two in particular where I simply hit the floor and curled up into a fetal position. When it became uncontrollable, my fire alarm went off. This happened twice and has not happened since.

Gabriel's cell phone was out of minutes and the battery was extremely low. We had shelved it as we were going to get him a new phone. When my daughter arrived home a day after Gabriel had taken his life, she was going through



Gabriel the photographer

his phone contacts. We were shocked to find that the last phone call made from his phone, was made the day AFTER he went missing and was found dead. That phone call was made from his cell phone to my home phone at 11:40 AM, which was physically impossible. He was already dead and not a soul had touched his phone.

Gabriel used to get upset with me when I would plug my phone into the charger and then forget about it. He would scold me saying that the battery would wear down. One day I had plugged the phone in to charge, and the following morning, I awoke to hear my cell phone ringing and ringing although I wasn't even close to it. I kept

wondering where it was and how it could be ringing. I was hearing it plain as day, when to my surprise, I remembered that it was plugged in to charge the night before. It was never ringing; it was only Gabriel telling me that I needed to unplug it from the wall.

I lost Gabriel's four year old Yorkie, just two days ago, to a sickness that came on with Gabriel's death. Gabriel has only been gone for three months now and his dog just went downhill since then. I am guessing that they wanted to be together and know that they finally are.

I have been recording EVP for only three months now but have already had great results. My first recordings were onto a hand held microcassette recorder. My first encounter was the 6<sup>th</sup> of October when I asked Gabriel if he was happy now. His response was, "*happy*," and it just made me jump for joy!

From then on I have been recording onto a dual cassette deck and using an amplifier. I then recently downloaded WavePad and have moved to the computer for recording. I still use the dual deck and have bought cords to playback through the computer; however, I am alone and cannot figure out which port will support the play back. Gabe always said I was "technically challenged." I miss him so much when it comes to hooking all things up. Continued

**Gabriel** Continued from page 12

I asked him how he liked a bracelet that I had engraved with his name and dates. His reply to me was, “*lovely!*”

I have asked countless times “why” he did this. His response to me was, “*I didn’t do it.*” I then asked him if he could think of a word that we might use to identify him when I record. His response was, “*Ever present.*” That was very comforting to me.

Gabriel is gone from my view but never too far from me. He changes the fonts around when my daughter and I instant message each other and he plays little tricks with our computers when we are on them. It is such a comfort to me to hear from him. It has helped me with the grieving process to know that he is near and that I can actually hear him speak.

Just before he died I was quite clearly beginning to hear

whispering in my ears at night. I was becoming “clairaudient.” I hear him talk to me now and I keep a journal of things he has told me. He and others have come to me to be heard. It is awesome to hear them.

I speak now to all the parents of teens on the Internet. Please keep a close eye on your children, even if you feel that you have nothing to worry about. I am a victim of these horrific suicide encouraging sites. Look into them and become familiar with the many sites that are out there. Do not fall prey to this most tragic of life’s disasters.

Life will never be the same for me but knowing that I can reach my son through EVP sustains me daily. It is all I have left to live for. Blessings to all of you, I’m pleased to meet you and I am happy to be a part of the wonderful world of EVP. Mary Rivera, mother of Gabriel, 11/13/89 to 9/04/06, My Guiding Light. Email: [IBALIBRA@aol.com](mailto:IBALIBRA@aol.com)

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## Updating EVP in Wikipedia

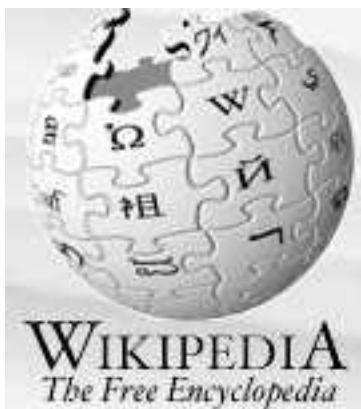
It cannot be said enough that how we see ourselves is not how we are seen by others. Most of you have probably seen the entry for EVP in Wikipedia, the online encyclopedia. The entry is in a state of change now, but it is still written with terms like “proponent,” “alleged” and “skeptic” telling the reader in subtle ways that EVP and those who believe in it are on the outside of rational society looking in. See <http://en.wikipedia.org> (Spell out EVP in search)

Since Wikipedia is a community project, the process for making a change is complex and must be negotiated with many potential gatekeepers. People register to be contributors and some of these have become part of the inner circle of trusted editors. Each Wikipedia entry has a page containing a discussion about the entry, and on the one for EVP, you will see that those who have been contributing are pretty conservative. One of the first comments says it all: *“I really don’t know what to do with this article. It is about spirit voices in audio recordings and it takes itself very seriously. I’m not sure if it should be deleted, noted as factual malarkey, or rewritten to say how this ridiculous thing is believed by some people. I’m leaning toward deletion since I haven’t a clue how to make this a factual article.”*

Knowing that it would be a major battle to change the entry, I have ignored it for a long time, but a recent reminder from Margaret Downey spurred me to action. I registered, and then posted a request for help from someone who knows how to edit Wikipedia. One person agreed, and, silly me to think that my subject matter expertise mattered, I drafted a proposed change, being very careful to keep it as fact-based and neutral as I could. See my version at [http://aaevp.com/articles/articles\\_about\\_evp11.htm](http://aaevp.com/articles/articles_about_evp11.htm).

My version has been completely ignored, so now we are in the process of negotiating how the new version will look. I have to give the Wikipedia editors credit in that they had already marked the entry for review because it was biased,

but current negotiations show me that the new version may be just as bad. One comment that alerted me to this was to the effect that a single source of evidence is not sufficient reference. The same person also questioned my ability to be neutral because of my affiliation with Spiritualism and because “... a belief in EVP is inextricably tied to your approach, and so may influence any studies and conclusions.” In effect, the gatekeeper is changing the rules of evidence to avoid having to admit that something is well supported by evidence. For instance, now I am told



that Alexander MacRae’s article in the peer reviewed Journal of the Society for Psychological Research is not valid research because the JSPR is not a mainstream science journal. The reference can be used, but terms like “claims” must be included to show that it is only a claim and not valid science. At the same time both MacRae’s article in the JSPR and anything I say as a subject matter expert are given the same weight as an entry in the skeptical dictionary. Under such circumstances, nothing we can do to study EVP will be accepted as sufficiently scientific by the rules of Wikipedia.

We feel that Wikipedia is an important service to the community and we do not want to detract from that. However, an Internet search for EVP quickly turns up the Wikipedia page for EVP, and well intended or not, the resulting misinformation is harmful to our field of study. We will report again when there is some resolution, but it may be that it will be up to all of us to counter this form of misinformation about EVP and other phenomena.

One thing you can do is monitor yourself to make sure all you say about any of these etheric to physical phenomena in public forums is substantiated by fact. If you become a Wikipedia editor, use your real name, rather than hiding behind a screen name as the others do. Above all, keep an even mind. The example you set will be noticed by others.

Tom



Frequently Asked Question

**Question:** I live alone and I find recording for EVP to be rather frightening. Do you have any suggestions?

**Answer:** Your concern is understandable. I think it would be a concern for me if I lived alone, and I have been around spirit communication for years. But here is the bottom line. Your fear is not really your fear. It is fear your body consciousness feels and the fear that you have been taught by our culture.

First, our body has an independent awareness. That awareness is where we get our instincts related to survival, such as fight or flight. As civilized folk, we are taught to keep those natural responses in check, but there are a few other responses our society does not bother to address. Our body is afraid of the unknown, probably because the unknown might kill it.

You are not your body. You are just along for the ride of this lifetime. One of the goals in seeking spiritual maturity is understanding this, and behaving accordingly. In things spiritual, self-awareness is not body-awareness. It is awareness of your etheric Self that is separate from your body consciousness. Still, you have to be good to your body because it is the vessel you have for this lifetime.

When you have a reflexive thought, learn to stop and consider where it has come from. You can easily recognize some of your body's thoughts, such as, "I don't like that guy," or "Boy that smells good," but thoughts like, "What was that? It sounded scary" or "I feel terrible" are a little harder to spot as coming from your body. It is important that you pay attention when your physical body is telling you something, but it is also important that you are able to override your body's urges. So, recognize that one major source of the fear response for you is probably your body. Talk to it and reassure it that you will take care of it and that it has nothing to fear. Talking helps.

The fear we are taught by our culture is much more difficult to deal with, probably because it goes into our worldview which determines how we respond to experiences, what we expect and what we will believe. The good news is that your worldview is also a measure of your spiritual maturity, so it is worth knowing what is in it and how to keep it in line. If you do not meditate then at least learn mindful contemplation, and start thinking about where you have learned what to expect from the unknown. If you have religious training, you have probably learned a host of fears about things like death and their being nothing after we die to the fear of being judged and punished if you

are still alive on the other side after all. Then there is the fear of having some guy with a chain saw run out of the closet to cut you into a bunch of painful little pieces without actually putting you out of your misery. You need to contemplate that one a lot because our media illustrates

all of those really scary reasons for why we should be afraid of the dark.

I loved swimming in the rivers and lakes around my home when I was a kid. I did until I saw the movie, *Creature of the Black Lagoon*. It was years after that before I was willing to swim in the wild. I allowed myself to buy into these fearful thoughts and even paid the movie industry to help me do it.

We enjoy being scared. The movie industry has learned this and the scarier a movie is the more money it makes. We just need to separate fantasy from our true everyday reality. Having a good imagination is good but it is something that we can't let overtake us.

As it turns out, people are the means by which etheric influences are propagated into the physical. This is just a theory, but it is a good interpretation of the evidence. At

least it works to behave as if it is true. Even more important is that people's worldview has a lot to do with what is allowed into the physical. The effect is that if you expect a fearful experience, you will tend to have a fearful experience, so the right attitude is that you are in charge, and that you are not going to put up with any nonsense. We have no reliable reports of a researcher being harmed by a communicating entity. Not one.

Yes, the entities are often around us. In fact, Lisa and I are pretty convinced that everyone has a few people on the other side who come along for the lifetime and who help out as they can, so we probably should behave as if they are there, thank them and seek their counsel. And if you are worried about privacy we don't think that you need to be. All the information that we have gotten from those on the other side is that they do respect our privacy and only come when asked or needed. Another thing to keep in mind is that most other people think they are alone and may not respond well to someone who thinks otherwise. Remember they tried to lock up that fellow in the movie who had an invisible rabbit as a friend!

Above all else, keep an even mind and know why you believe what you do. You are responsible for what is in your worldview and the things in your life, so as I always like to say, "Believe what you will, but know what you believe." Tom



What would you do if you saw this walking toward you?

Cell phone photograph by Kevin Lloyd



## Viewpoint Continued from page 1

It is easy to be excited about Hemi-Sync. First, meditating is an ability more easily said than done. The idea is to clear the brain of chatter and to achieve what Robert Monroe referred to as “Mind awake, body asleep.” The Hemi-Sync audio exercises easily lead you to that state of awareness, and help you remember the feeling of being there, making it easier to “go there” on your own. There is a large catalogue of audio lessons available with everything from music lightly laced with relaxing tones to intensive home courses designed to help you develop your human potential.



A very large crystal rises from the ceiling above the booth in the Lab

An interesting side note to all of this is the story that came from one of our facilitators, Patricia Peters. During her first program at the Institute nearly nine years ago, she called home to check the messages on her answering machine. Patricia’s mom had died a year earlier but there on her answering machine was the voice of her mother saying “*Patty .. Pat, Pat ... ty.*” Patricia says that it was the voice her mother had toward the end of her life. She was paralyzed with Parkinson’s for about a year and this voice was her paralyzed slow struggling voice. Patricia said that the message shocked her and threw her into a new paradigm shift; one that she was not expecting but one for which she was very grateful.



The pyramid-shaped building housing the lab. Note the large crystal at its top.

Picture courtesy Matt Riell

## Application to EVP

EVP research seems to indicate that the person conducting the recording session plays an important part in the communicating entity’s ability to initiate an EVP. We know that enthusiasm and strong desire seem to go with

successful recording sessions. The same thing can be said of mental mediumship. We also know that mental mediumship is a developed ability, and that learning to focus attention on the task at hand is an important part of that training. It is for this reason that we feel that Hemi-Sync may be a way to improved success with recording for EVP by helping a person learn to more easily reach a meditative state of mind.

You may want to visit [www.monroeinstitute.com](http://www.monroeinstitute.com) and take a look at the many Hemi-Sync items. You can also call them at 1.800.541.2488 to ask for a catalog.

Tom and Lisa

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## Forever Family Foundation

Feeling a touch, lights going off and on, seeing butterflies, hearing a voice, these are just a few of the kinds of signs the living talk about having received from the dead. These stories are often shared cautiously for fear of being called delusional with grief by a skeptical listener. Even in grief support groups, this type of story may be discouraged, say Phran and Bob Ginsberg, whose daughter, Bailey, died in 2002. Unable to discuss the ways that their children were contacting them, a “second meeting” was often held in the parking lot after the grief support meeting was over.

Phran stated, “The knowledge that our kids were still with us gave us the hope we so desperately needed just to survive each day.” Phran and Bob began “Afterlife Discussion Groups” in their home state of New York in 2003. There are now groups in eight states and they hope to have one in every state within a couple of years. All that is needed is ten to twenty people in drivable distance of each other and a facilitator. In 2004, the Ginsbergs incorporated the nonprofit **Forever Family Foundation** to coordinate the groups and support research into survival of consciousness. For more information see [www.foreverfamilyfoundation.org](http://www.foreverfamilyfoundation.org) or write to Forever Family, 222 Atlantic Avenue, Oceanside, New York 11572.

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## An Opportunity to Learn

We will be speaking at the International Spiritualist Federation Fraternal Week held at The Crowne Plaza Hotel in Rochester, New York September 8 through September 15, 2007. Attendees take classes in two different modalities during the week. They are able to pick from mental mediumship, physical mediumship, healing or trance and no prior training is necessary. The classes are taught by top notch instructors from around the world. The week is also filled with presentations from world renowned speakers on various metaphysical and religious topics. Cost for the week includes food and lodging and runs \$855 double/twin room and \$1085 single room. For more information go to [www.theisf.com/](http://www.theisf.com/). A \$50 deposit is required to secure attendance and space is limited and usually fills up six months prior to the event (could be even earlier). Our presentation on EVP is set for Tuesday, Sept. 11. We hope to meet a few of you there!

Using EVP to find a Missing Person

The 4Cell EVP Demonstration has made it clear that specific information can be requested from the etheric communicators. However, the question that often comes up is whether or not EVP can be used to request information that would help solve a crime or locate a missing person. Our response has always been designed to discourage people from trying to inject themselves into official investigations with EVP examples, not because we knew it could not be done, but because we wanted to be mindful that EVP is still not a very reliable information gathering tool and because we have nightmares about having a grossly inaccurate EVP complained about by the victim's family on the six-o'clock news.

With that said, the Idea Exchange does offer a safe place for experimenters to seek ways to make EVP a useful tool. This was probably first explored by David Mierzwinski, who posted a request for help finding two missing Milwaukee boys. There were 133 replies to his initial post, many included EVP. The boys were finally found in a lagoon, and looking at a review of the EVP posted by the participants, I see many references to water. It seems clear that the entities were telling us that the boys were dead. The problem is that messages such as, "*Look on the river*" recorded by Margaret Downey or "*Gravel at water level*" recorded by David, might make sense in retrospect, but as leads, the messages are difficult to put to work. Of course, David was using the lost boys as a learning tool, and there was no danger of anyone offering such "evidence" to the grieving families or the authorities. Thanks David and those who participated. It was an important exercise.

A little after David began his thread, the family of a missing pregnant lady named Amanda Jones contacted us via the web site, and asked for help finding her. With their promise to give us feedback, we opened a new thread by first posting a protocol that would be followed. Debra Caruso, Chris Kennedy and Margaret Downey have been participating and have recorded a number of interesting messages. However, thus far, none have been confirmed as meaningful by the family.

Interestingly, some of the messages recorded for the missing boys seem more applicable to the Amanda case. For instance, the family asked if we have recorded anything to do with a well, because a couple of mediums think she is in a well. As it turns out, Margaret recorded "*They're in the well,*" for the lost boys thread. Since she was working on two cases, is it possible that the messages were being confused?

Another interesting twist to this is that after we agreed to ask AA-EVP members to help, we learned that one member had already been working on the case via the authorities. Her mode of information gathering appears to be primarily mediumistic, and the information is never in the form of an EVP that others can hear. We should make it very clear that we have a great deal of respect for

**\$100,000 REWARD\***  
**MISSING**  
**AMANDA JONES**



AGE: 27  
 HEIGHT: 5' 7"  
 9-MONTHS PREGNANT  
 LAST SEEN WEARING:  
 Pink top and skirt  
 Pink sandals

LAST SEEN:  
 Sunday - August 14, 2005  
 Approximately 1:00PM  
 WHERE:  
 Hillsboro Fair Grounds -  
 Highway 21, Hillsboro, MO

**If you have any information or think you may have seen Amanda, please call the Jefferson County Sheriff's Department at 636-797-5515 or dial 911**  
\*Amanda's family has announced that an anonymous donor has posted a \$100,000 reward for information leading to an arrest and conviction in her disappearance.

effective mental mediums, and understand that information received via mediumship may ultimately be the best approach to information gathering. At the same time, EVP is objective evidence that others can hear. The protocol we established includes the requirement that at least two people, other than the one who recorded the EVP, must agree about what is said in the utterance before we would take the information to the authorities or family. Even then, the EVP must be sufficiently understandable for the family and/or the authorities to have a reasonable chance to understand the message.

Our observations thus far are that simply asking people to seek information that can be of use has not been effective. Participants have gathered a lot of information, but it has been bits and pieces that do not tell enough of a story to be useful. There is also the problem of messages that seem informative, but that do not tell us which case they are concerned with. It also seems that the entities are not overly concerned with revenge or justice and they think in conceptual rather than concrete terms.

Debbie, Chris and Margaret have experimented with a three person version of the 4Cell EVP Demonstration protocol to see if imposed discipline of a protocol will help. We hope to offer better results in a future NewsJournal. In the meantime, we remain confident that EVP can be developed into a useful tool for information gathering. The trick appears to be finding the right protocol.



## Common Ground for Communication

A common question about the ability to communicate across the veil with loved ones is, “Why is it so hard to receive useful information from the communicators?”

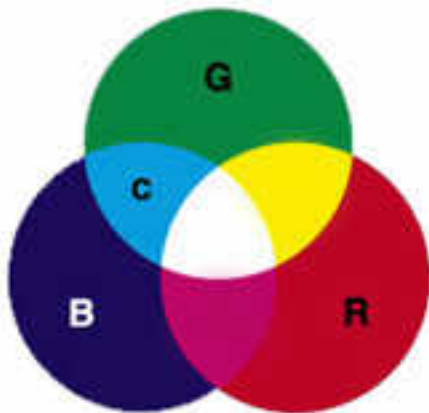
Whether or not it is technically correct, a good model for explaining any form of mediumship is that it is mind-to-mind communication in the etheric, and then a transformation of the information into the physical via the physical person, and then “embodiment” of the information by that person as an EVP or a spoken message. So, if the physical person does not have a particular concept in his or her head, then there is no vocabulary for the etheric communicator to use to relay that information. There are two constraining problems. The etheric entity must have access to the concept and the medium must have the necessary vocabulary of language and images to embody the concept into the physical.

We are all latent mediums, and one possible explanation for the wide range of ability in recording EVP is the individual’s ability to manage comprehension, attention and intention. In other words, how much of that latent ability have we developed, either deliberately or spontaneously? Thus in EVP, our development and the limits of the technology we use are the dominant factors for our transcommunication. Then there is the same set of constraints posed by our etheric communicators. So in the end, what is communicated may be a subset of those two sets.

In the color diagram here, think of yourself as the blue circle (B), which represents the extent of your image/language vocabulary, and your etheric communicator as the green circle (G). If the above hypothesis is correct, the only information that can be conveyed in EVP that you record, would be represented by the overlapping area “C” and the white center.

If a person is bringing a message into the physical for another person, then the only information that the experimenter would be able to bring for the other person (R) would be represented by the white area in the diagram.

There are many variables in EVP that determine how well we are able to communicate. Consider this model, and think of other influences that might limit or enhance your ability. Once identified they are sometimes easily managed.



## Sci-Fi Investigates



Tom and Lisa Butler on the *Sci-Fi Investigates* set

The Sci Fi channel series, [Sci Fi Investigates](#), did a show on the Afterlife in early November in which we appeared for a few minutes. Sarah Estep’s EVP, “**I was seeing the war,**” was played during many of the intros. We recorded several EVP while working with two of the investigative team. One EVP which gave the name, “**Robinson**” was played on the show. “Robinson” is the last name of Mary Jo Gran’s son, Jim. The EVP was not in Jim’s voice but we found this interesting as Jim is very active in the Big Circle and has appeared in one of our ITC experiments. We had also repeatedly asked the Big Circle for their assistance during the filming.

The Afterlife show featured an investigation done by a New York paranormal group, Dianne Arcangel, author and president of the Forever Family Foundation, working with investigators in the “Oracle,” which is like Moody’s Psychomantium and Mark Macy taking pictures of investigators in the presence of the Luminator.

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### New London Ledge Lighthouse

Karen Mossey was seen on a show by Comcast television called, *American Builder*. She was with the New England Ghost Project doing an investigation at the New London Ledge Lighthouse in Connecticut. Karen collected a clear EVP recording saying, “**Help me ... I’m cold.**” Karen wrote, “A couple and their young daughter drowned in a sailboat accident near the light house and some people say the young girl was pulled onto the lighthouse and vanished, others say the couple was pulled up and then vanished the next day.”



Another investigative team reported that they saw an apparition on the staircase leading to the lighthouse. Interestingly this is the exact spot where Karen recorded the EVP.



### More Information on Seth 3

As shown in the last NewsJournal, Diana and Alan Bennett captured a picture in an ITC experiment that looks exactly like the being, Seth 3. Seth 3 sent pictures and communicated with deceased researcher Adolf Homes in the 1990s. We had asked members for any information they could find on Seth 3. Jutta Liebmann, of the German VTF, wrote to us to say, "The information from the book, *Instrumental Transkommunikation*



ITC picture of Seth 3 by the Bennetts

by Prof. Senkowski, is as follows: Transcommunication contacts received by the deceased Adolf Homes in the 90s. Seth 3 had contacted Mr. Homes via direct radio voices ... the so called electroacoustic voices, via telephone, radio, loudspeakers, etc. Seth 3 comments on the definition of metamorphosis as it applies to transformation as follows: 'However, a new way of existence has been planned for mankind. Man will go through a metamorphosis. In the end of this transformation man will be able to remember their own reincarnations [former lives]. You will seek this process. The situation of mankind/man needs much new information about the other higher levels of alien realities.'

### News From Members

- Martha Copeland and her daughter, Cathy, now on the other side are mentioned in Jeffrey Wands new book, *Another Door Opens*. Jeffrey also mentions Martha's book, *I'm Still Here* and the AA-EVP. Thanks Martha.
- Margaret Downey found a Panasonic RR-DR60 for sale on eBay for around \$500. The text for the item read: "This recorder was made famous by the American Association of Electronic Voice Phenomenon and by paranormal researcher Lou Gentile with the million dollar paranormal challenge. It was even featured in the book, *There is No Death and There are No Dead*." (We have seen DR60s on eBay for as much as \$1000, making us feel a little guilty that we even mentioned them in our book.) Margaret went on to say that, "Last month, someone had a 'Buy it now' for \$29 plus \$10 shipping on a RR-DR60 and I nabbed it for a total of \$39."
- Vicki Talbott appeared on the Montel Williams show with Sylvia Browne in September. She shared some of the communications from her son and Big Circle member Braden. The show was rerun again in December.
- James Waddingham wrote that he is attempting to duplicate Theodor Rudolph's goniometer circuit described on pages 356-361 in Konstantin Raudive's book, *Breakthrough*, and asked if there was anyone else who had constructed the goniometer circuit? James is at [jival@sonic.net](mailto:jival@sonic.net).

### AA-EVP in Fate Magazine

Rosemary Ellen Guiley, author, speaker and consulting editor of *Fate Magazine*, attended the 2006 AA-EVP conference in Atlanta. Rosemary wrote an article on the conference and some of the speakers including Sonia Rinaldi and Mark Macy. It appeared in the December issue of *Fate*. Rosemary, thank you for the excellent article.

### Pets in Paradise

An article with the same title by Maureen Hutfless, which appeared in the *Lincoln Journal Star*, was an interesting look at how various religions view our spending an afterlife with our pets. The Roman Catholic Church was quoted as saying, "We don't believe that animals have immortal souls and therefore they can't share in eternal life. They won't be in heaven." Both Judaism and Islamic belief had differing reasons but gave no hope of a reunion with our beloved pet friends in the after-life.

Lucky for us, the author interviewed a Lakota medicine person and spiritual leader, Joe Bad Moccasin. He told of an experience that he had when he nearly died. He saw in the next world not only his deceased relatives, but also all the dogs and a cat he had raised, as well as birds flying. "I came to the conclusion that anything that has life, like the animals ... they too have a place to go in the spirit world. I believe Tunkasila (Grandfather/God) gave all these four-legged animals, the feathered fowl, the fish that swim ... he gave us all a spirit."

### Rainbow Bridge

*Just this side of heaven is a place called Rainbow Bridge. When an animal dies that has been especially close to someone here, that pet goes to Rainbow Bridge. There are meadows and hills for all of our special friends so they can run and play together. There is plenty of food, water and sunshine, and our friends are warm and comfortable.*

*All the animals who had been ill and old are restored to health and vigor. Those who were hurt or maimed are made whole and strong again, just as we remember them in our dreams of days and times gone by. The animals are happy and content, except for one small thing; they each miss someone very special to them, who had to be left behind.*

*They all run and play together, but the day comes when one suddenly stops and looks into the distance. His bright eyes are intent. His eager body quivers. Suddenly he begins to run from the group, flying over the green grass, his legs carrying him faster and faster.*

*You have been spotted, and when you and your special friend finally meet, you cling together in joyous reunion, never to be parted again. The happy kisses rain upon your face; your hands again caress the beloved head, and you look once more into the trusting eyes of your pet, so long gone from your life but never absent from your heart.*

*Then you cross Rainbow Bridge together*

Author unknown ... (thanks Martha and Rachel)

## Researcher Reports

- Debbie Caruso attended a workshop at the Omega Institute given by James Van Praagh. James even agreed to record with her but when it was time, Debbie said the room was just too noisy. She did bring some people back to her room to try and reach loved ones through EVP. One woman had not seen her father since she was three years old. When they listened back to the recording they heard a man speaking Spanish right before Debbie spoke. This was exciting because the woman's father only spoke Spanish. All the rest of the EVP were in English.
- Sandra Champlain wrote that she has gotten wonderful results. She says that she may have only gotten a few Class A examples but that she has recorded with many people and that they all hear messages 100% of the time.
- Martha Copeland recorded after the scheduled Big Circle recording session but said the group energy was still there. She wrote, "We have had some members lose loved ones and I was asking the Big Circle if the new arrivals were happy over there? The response was, ***Yes, we're happy.***"
- Dan Christianson disconnected the phone line and used the answering machine to record and captured, ***John.***"
- Carolann Crowley wrote that she records mostly on her computer. She wrote, "I have had many successes; I keep a written journal of them also."
- John Debney tried recording with his Memorex IC recorder. John asked, "Can you tell your mom I love you? Can you Ashley?" He recorded Ashley saying, ***I love you, Mom.***"
- Margaret Downey got some EVP for a member after her mother crossed. Margaret's favorite was one where she heard both a male and female voice saying, ***We love you, we're together.***"
- Christine Jenkins recorded during the group Big Circle session and captured, ***It's Jim from the Big Circle ... Chris.***"
- Cat Perks did a recording using her mobile phone and got, ***It's Cathy.***" Martha Copeland wrote that she felt it was her mother-in-law, Kathy Amis.
- Jutta Liebmann asked during a session, "What about my dogs? How are they?" When she played the tape back she heard several dogs barking and recorded a spirit saying, ***This is the group of dogs.***" Jutta wrote, "However in the last weeks there were only a few messages of Class 'B' and Class 'C.'" This reminds us all to not become discouraged when we don't always get exceptional results as Jutta has been recording for over a decade.
- Rick Robertson asked, "How old are children's spirits when they die?" and recorded the answer, ***They're old Rick.***"
- Vicki Talbott sometimes records the voice of Tara with her son Braden. Tara is the daughter of member, Denise Forrester. When Braden first met Tara and wanted to introduce her, Vicki was doing a recording, realized that she was late for class and abruptly shut off the recorder. On playback, Vicki heard at the very end of the recording Braden saying, ***Mom, meet Tara...oops, never mind!***"
- Leslie Taylor records near fluorescent lights and has captured her son's voice saying, ***Mom, I'm alive!***"

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### Big Circle Recording Dates

Don't forget to join other members and try recording on every other Thursday. Upcoming recording dates are Jan. 11 and 25, Feb. 8 and 22, Mar. 8 and 22 and April 5 and 19. See <http://bigcircle.aevp.com/circlesessions.htm> for more information and/or email:

Martha Copeland ([mpcopeland2001@yahoo.com](mailto:mpcopeland2001@yahoo.com)),  
Karen Mossey ([Karen.a.mossey@BAESystems.com](mailto:Karen.a.mossey@BAESystems.com)) or  
Vicki Talbott ([vtalbott1@yahoo.com](mailto:vtalbott1@yahoo.com)).



Thanks to each and every one of you for your support of the AA-EVP. Happy New Year

### Thoughts from Members

- Julie Carter wrote that she recently had a telephone reading in which the medium gave her a message from her father that might have been a reference to EVP. "The medium said that my father jokingly called me a 'witch': 'He says you have some device you use ... a scrying device ... he is aware of that ... you are pretty good at it' or words to that effect. I cannot think of any other method or device I use, I do not use cards or a pendulum of any sort, mirrors or crystals."
- Jutta Liebmann wrote that she had found an interesting definition of the word, radar, in *Instrumental Transkommunikation* by Prof. Senkowski. "The word, radar, is often used by the entities in EVP. The definition for radar can also be interpreted as time-adjustment-device or alternatively as a so-called human antenna, i.e. people are open-minded towards spiritual matters and towards new ways of world view and thinking."
- Debra Ann noted that, "It seems to me that 'they' adapt to whatever my methods are (for EVP). I'm afraid that if I change the speed to listen they might change their speed of speaking. I try to make each recording the same length of time. I feel that if I make longer recordings they might just take longer to talk."

## Donate to the AA-EVP Every Time You Use Amazon or eBay

If you are looking for a specific item or know that you are going to purchase something through Amazon or eBay, please access them through the buttons on the home page of the AA-EVP (<http://aaevp.com>). When you do this, a small portion of your purchase price goes to the AA-EVP. In the last six months, the money coming in through these affiliates has decreased. It's simple and most of us do purchase items from these two vendors, so remember to go through the AA-EVP. Thank You!

## "T" Shirts with Embroidered AA-EVP Logo



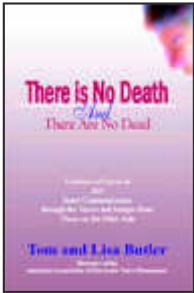
Fruit of the Loom short sleeve shirts with blue embroidered AA-EVP logo.

**White:** Small, Medium, Large and Extra Large sizes (blue logo)

**Blue:** Extra Large (white logo)  
\$15.00 + \$3.00 mailing in USA,

\$9.00 for International mailing. US dollars only. Order at [aaevp.com](http://aaevp.com) or mail to: AA-EVP, PO Box 13111, Reno, NV 89507, USA

## There is No Death and There are No Dead



The book is receiving praise as an important EVP/ITC learning tool. Why not consider giving a signed copy as a gift to yourself or a friend?

You can order a signed copy at <http://book.aaevp.com> or by sending a letter with signing instructions to:

AA-EVP, PO Box 13111, Reno, NV 89507, USA.

The book is \$18 plus shipping. Include tax if you live in Nevada.

	<u>Priority</u>	<u>International</u>
First book:	\$6.00	\$10.00
Each additional:	\$2.00	\$10.00

## I'm Still Here



The true story of a parent's deepest pain—losing a child—and the healing journey of that child's contact through EVP

Send order and signing instructions to:  
A, Martha Copeland, #191, 6555, Sugarloaf Parkway, Suite 307, Duluth, GA 30097

Or go to: [www.evpcommunications.com](http://www.evpcommunications.com)

\$17.95 plus shipping; include tax if you live in GA.

**Please make check to: Martha Copeland**

### Shipping and Handling

	<u>Priority</u>	<u>International</u>
First book:	\$6.00	\$10.00
Each additional:	\$2.00	\$10.00

## AA-EVP Membership Form

You can also use the online form at [http://aaevp.com/online\\_membership\\_form.htm](http://aaevp.com/online_membership_form.htm)

Membership includes quarterly NewsJournal, a cross-country list, discussion board and document archive access. Annual dues are:

<b>Members</b>	\$30.00 per year	All benefits for one year
<b>International Members not receiving the NewsJournal via email:</b>	\$38.00 per year	
<b>Sustaining Members</b>	\$100 per year	Same as above + Member name listed in NewsJournal

**You must be 21 years old or older to be an AA-EVP member.**

Name: \_\_\_\_\_ Email Address: \_\_\_\_\_

Address: \_\_\_\_\_ Phone Number (Optional) \_\_\_\_\_

Cross-country List? \_\_\_\_\_ Include Physical Address? \_\_\_\_\_ Include Email Address? \_\_\_\_\_

Do you wish to receive the newsletter via postal service? \_\_\_\_\_ or via email? \_\_\_\_\_

Do you record EVP? \_\_\_ Plan to record? \_\_\_ Do you have research/development background that may apply to EVP? \_\_\_

**In addition to my annual dues, I am enclosing a DONATION of \$ \_\_\_\_\_ to support the work and programs of the AA-EVP**

By indicating that I want to share my name and address with others through these lists, I realize they are private and I agree that other names on the list will not be given to anyone who is not on the list, used for commercial purposes or the furtherance of personal causes. I also understand my membership will be terminated if I violate this agreement. I certify that I am eighteen years of age or older. I understand that the AA-EVP is not liable for the results of EVP/ITC experiments that I might conduct, and that the Association is also not liable for damages due to the use of information it publishes on the Internet or in literature such as the NewsJournal. Officers of the AA-EVP reserve the right to refuse membership to anyone.

Signed \_\_\_\_\_ Date \_\_\_\_\_

**Mail to: AA-EVP, PO Box 13111, Reno, NV 89507, USA**