

Viewpoint

The *NewsJournal* is available to members as a paper copy via postal service or as a PDF file via email. For members receiving the *NewsJournal* via postal service, this is the first full color issue. We hope you like it.

Because many of the paranormal pictures are difficult to make out in grayscale, we have always recommended the PDF (emailed) version of the *NewsJournal*. We include many active Internet links so that the PDF version can be used for further study, and we are okay with people forwarding it to friends and family.

The cost of color printing has come down a lot, but with that said, it is important to note that color printing costs are about four times higher. We are hoping that it is worth the increased cost for the better look. As the office and mail-room crew that writes most of the material, does the layout and stuffs the envelopes, we take a lot of pride in the quarterly *NewsJournal* and it is important to us that you see the best results.

We want you to be proud of the organization you support and anything that can help to present the organization in a professional and positive light helps that and has the potential of encouraging new members. As a publicly supported organization, annual membership dues are intended to cover the cost of its operation. No one is paid for the work, so all of your dues goes toward the operation of the Association. The increased costs will cause a short-fall in operating costs, but it is our hope that will be offset by an increase in membership.

The ATransC Point of View

The community of people interested in the paranormal is evolving. One of the points we think needs to be made is that ATransC has a unique point of view. With a survey of the different viewpoints represented by different organizations that support this community, you can see that the ATransC is amongst the few focusing on survival of

personality and transcommunication. These are the points of view we think are representative of this field of study:

Human psychology: Usually parapsychology; specifically an academic approach with emphasis on a physical-world perspective; emphasis on research; collaboration but guided by community norm.

Emergent science: Emphasis on academic approach; deliberate openness to new ideas; open to concepts of nonphysical and survived personality if they can be explained from mainstream science.

Human potential: Usually academic; open to nonphysical explanations; focus on personal growth and the human condition; supports research; education by opinion setters.

Social paranormal: Desire for scientific approach; for many,

often first experience in paranormal; strong community; emphasis on nonphysical and survived personality; no formal collaboration; education by emergent cultural norm.

Metaphysical: Study/research of phenomena related to trans-etheric influence; desire for scientific approach; community emphasizing educational and application of principles; specifically open to nonphysical and survived personality.

This is from the ATransC perspective and should not be seen as saying anything negative about the other points of view ; each has an important role to fill. The objective is to bring into focus the kind of support ATransC provides this community. It is our belief that, by understanding the differences, you can better decide what you would like to have in the organization you support.

There are two very effective steps you can take to further this work if you think this study is important. The most important is for you to become an activist and learn to talk about what you know to be true. Consider taking up more organized study and consider ways of sharing what you learn with others.

Continued page 8



View from the Socrates Circle

Contents

From Our Viewpoint..... 1
 Big Circle List of Names..... 4
 History and Background of the SORRAT Group..... 5
 The Fishharp..... 6
 It Is All About Intentionality..... 7
 The Emperor Group..... 8
 Protocol for the SORRAT Letter-Writing Experiment..... 8
 Felix Experimental Group: Faces in Ectoplasm and Visiting Pet..... 9
 Bilateral Stimulation and Afterlife Connections..... 10
 Announcement for Grant 2011..... 12
 Q&A: Is My Mother Earthbound?..... 13
 Report on JOTTS..... 13
 The Risen..... 14
 News About Members..... 16
 A Report of an Experiment with The Yellow Cloud Circle..... 16
 I was a Skeptic..... 17
 The Transition of Garrett Husveth..... 18
 Tom Butler: Essayist!..... 18
 Researcher Reports..... 19
 Book Review: The Energy Cure..... 20

This NewsJournal is published by the Association TransCommunication to inform the membership about news and events in the field of ITC. Protected by USA copyright law: ©2010ATransC

This work is licensed under a [Creative Commons Attribution-Noncommercial-ShareAlike 3.0](https://creativecommons.org/licenses/by-nc-sa/3.0/)



[Unported](https://creativecommons.org/licenses/by-nc-sa/3.0/) License. This material may be reproduced, and if needed, changed as long as the ATransC is credited and this license remains with the material. It may not be used for financial gain. **Exception:** work specifically attributed to an author.

Article Contributions: Articles that explain techniques, the concepts of transcommunication and/or provide a role model to which others can aspire are considered. The average column is 450 to 480 words—fewer with pictures. Articles should be short and to the point as they would be for a newspaper. Feature articles may be up to four columns, serialized or presented as a brief which refers to the full article which can be placed on the Association website. Announcements of member activities and reports of successes working with these phenomena with brief comments about your observations, are welcome. Email submission to atranscom@aol.com or mail to Association TransCommunication, PO Box 13111, Reno, NV 89507, USA.

Submission Deadline and Publishing Dates: The *NewsJournal* is published quarterly, the first of January, April, July and October. Article submission must be delivered to the Association forty-five days preceding the publishing month. A year from the publishing date, the *NewsJournal* may be added to the Document Archive.

Subscription: The *NewsJournal* is a member benefit. Membership information may be found on atransc.org or by writing to the above address. There is also a membership form at the back of this *NewsJournal*. Address label shows membership renewal quarter. Annual membership is \$30.00. International members **not** receiving the *NewsJournal* via email should add \$10.00 USD for postage.

The Association Transcommunication: is a 501(c)(3) nonprofit educational corporation. All contributions in excess of membership dues are tax deductible in the USA. ATransC Board: Tom and Lisa Butler (Directors), Martha Copeland, Margaret Downey, Debra Caruso, Sandy Pfortmiller and Janice Oberding. Opinions expressed in contributed articles do not necessarily reflect ATransC views and policy.

Web Masters: atransc.org: Tom Butler

Volunteers: *NewsJournal* Proofreader: Loretta Woodward

Big Circle: Rhonda Burton

[Idea Exchange](http://atransc.org): Margaret Downey

Summer 2011

Donors

Tom and Lisa Butler



Sustaining Members

Margaret Downey
 Robert Fenn
 Lora Stock
 James Wolfe

Supporters

Richard Boesch
 Donna Cunha
 Laura Echevarria
 Dennis Fassler
 Joanne Feldman
 Gayle Ihlenfeld
 Phil Martin
 Lorelei McMorrow
 Lynda Noël
 Ellen Pugh
 Eugene Streicher
 Yvonne Whybra





My Brother Shane

by Greg Treas

I was born in a small town in the mountains of Pennsylvania, the oldest of three children. My brother Jerry came three years after me and my sister Merrilee two years later. Life for me was pretty tough growing up. There were quite a few older boys in my neighborhood who bullied me on a regular basis. Eventually I had to learn to fight back, and for years I was involved in many fights. I never started any, but I had to stand my ground. I did not have a lot of friends and the few I had would not stick up for me.

My brother Jerry was too young to keep up with me and my friends and I regret I did not include him. I was trying hard to keep the friends I did have and neglected my brother Jerry. My sister was the typical brat and spy, eager to relay anything I might be doing to my parents. Being the oldest child I took most of the punishment that was dealt out, much to the amusement of my little sister. When I was in fifth grade

our parents pulled us out of public school and put us in a private school. This situation did not work well for me. I rarely saw my friends from the public school, and did not fit in with the group at the new school. I spent a lot of time in the hills by myself. Nature was my sanctuary.

My father was a hard-working man and a good provider, but did not know how to be a father. He had grown up during the depression and had sixteen brothers and sisters. Potato soup with some bacon was a big meal. He told me the best Christmas he had was when he got two pair of sox, some pencils and an orange. His father was an engineer for the Pennsylvania Railroad and was away a lot. My father told me later in life, crying, how sorry he was for not being a very good father. He also told me that his father never once ever hugged him or told him he loved him. I felt sorry hearing that and finally understood. We hugged and cried and our relationship was healed.

My mother on the other hand, came from a very loving family. She was very open and easy to talk to and was always there for me as much as she could be. Because of my strained relationship I had with my father, I joined the army as soon as I turned eighteen. In hindsight it was a very good thing for me. It helped me grow up and learn that I was capable of doing much more than I had thought.

During my third year in the army I met my future wife Sherrl. It was love at first sight and we married ten months later. Sherrl had four brothers and sisters, and was third in the line up. She had a little brother ten years younger named Shane. They had grown up with a raging drunk for a father. They suffered every kind of abuse imaginable. When we married we decided to have Shane come live with us and get him out of that environment.

Shane was nine years old and very shy and quiet. In time I gained his confidence and he became a son to me. We did

everything together. We had become pretty close, and our friendship grew stronger. During the first year Shane had given me the nickname Mr. Jones. I think it started as a joke, but it stuck. He only used it when we were alone. As time went by we grew very close. We spent untold hours talking into the night. This was a healing process for both of us.



Shane

Nothing was out of bounds; we poured our souls out to each other, sharing our hopes, fears, and dreams. We lived in eastern Idaho, and anytime I was not working we were on an adventure. We had thousands of adventures over the years. Camping, fishing, hiking, and exploring everything we could think of. I have so many fond memories and funny stories I could probably write a book.

As Shane grew into his teens, he was no longer my son. He had become the brother I never had and my best friend. During this time the nickname he had given me, Mr.

Jones, had become just Jones. But he still only used it when we were alone. Shane had an obsession with caves, and we found many in our adventures in the deserts and mountains.

About the time Shane was in his mid teens he started to spend time with a few friends he made. We still spent most of our time together though. But after a while I started to notice small changes, I knew he was being influenced by some of his friends whom I didn't care much for. I talked to him several times, but he tried to avoid the subject. By the time Shane was sixteen, he developing the typical teenage attitudes. I didn't press him much. I knew he was growing up and trying to find his own way in life. We gradually spent less time together and I had found out he was drinking and using drugs. I confronted him about it and our conversation had developed into our first full-blown fight. It was a turning point in our relationship.

His mother had divorced his father and moved about two blocks from us and he moved in with her. He still spent most of his time at our house when he wasn't with his friends, but slept at his mother's. His behavior and attitude were changing fast and I knew he had a substance abuse problem. He started to pull away, trying to hide it, but we knew what was going on. It made me very sad to see my little brother going down the same path his father did. I never thought that would happen after all the abuse they suffered, and he despised his father and rarely had contact with him.

In 1998 I moved to a town twenty miles away for a job. Our friendship had become distant but we were still close, even though we were not spending much time together. But every time we did meet, we would hug, kiss each other's necks and say, "I love you, Bro." In 2005 I moved to Boise, Idaho, about 300 miles away. We still got together on holidays and special occasions, but only three or four times a year.

Continued page 4

My Brother Shane

Continued from page 3

Each time I saw Shane I could see the pain in his eyes growing. In the year 2010 we got together several times.

August 2010 I picked Shane up and brought him to Boise to visit for a couple days. It was a tough visit. He began to tell me many things he had done and some very bad experiences he had. He told me about the pain of his addictions and the physical pain he had incurred over the years. It was the first time in many years he had opened up to me like that. I tried to encourage him and offer what help I could. It hurt to see my little brother in such pain. We talked all day and late into the night. When I took him home, we hugged and kissed each other's necks like we always have. But this time he held me tight for a long time. He said "I love you, Bro," and I said "I love you, too," but still held tight. I could feel the pain and love very strong, and he said "No, I want you to understand, I really love you, Bro. Don't ever forget that." When he finally let go we both had tears in our eyes. It was a long drive home. My heart was heavy and I cried off and on all the way home.

Little did I realize that would be the last time I saw my brother Shane. In the early evening on the nineteenth of December, Shane had been drinking heavy. He had just come home from a bad fight he had with his father. That evening in his pain and despair, Shane took his life. I was devastated. It was by far the hardest thing I have ever had to bear. There was no holiday get together that year. My heart was shattered. I had lost a son, brother, and best friend all at once. I became deeply depressed and began to isolate myself.

On February second, 2011 I was at my bottom. I was grieving a lot that day, and cried most of it. I was sad and mad at my brother for what he had done to himself and the family. That night I had taken a sleeping pill to try to rest. I found my recorder in the drawer and for some reason picked it up. I turned it on, got in bed and began to talk out loud to Shane. I told him I was mad at him and how sad I was and eventually fell asleep. The next day I was making my bed and found the recorder. I could barely remember using it, and set it on my desk.

Later that day I decided to listen to what I had said to him. I only spoke for about four minutes when I fell asleep and could only hear my breathing. I was just getting ready to turn it off when I heard a faint sound. I turned up the volume and thought I could hear a voice. I plugged in my headset and listened again and heard the words "*Jones, Jones, can you hear me? I'm so so sorry for what I did.*" I was not expecting that! I threw off the headset, jumped back from my desk in shock and tried to wrap my mind around what I had just heard. After I collected myself I listened to more of the recording, and in between my breaths I heard many messages from my brother. He apologized many times but told me he was okay and would be watching out for me. I began to sob heavily, not from pain but because I had found my brother whom I thought I had lost forever and he was telling me he was okay!!!

I have since done more recordings and heard many more messages of hope and peace. I know my brother Shane is at peace now and is watching over me till the day when we can embrace again.

I am honored to share this story with those of you who have lost a loved one. Take heart, they are not gone. They are with you always waiting for the day when you will be reunited again! Blessings and Peace to All, Greg Treas

Big Circle List of Names



In honor of David
Sun Circle by Uberschnap, flickr.com/uberschnap/

The Big Circle is a spirit group that tries to communicate with us and includes our loved ones now on the other side. The bond we all share makes us stronger and helps us communicate during the Big Circle recording sessions and during our individual recording sessions. A list of names has been created in the blog area of the Association's Idea Exchange message board. Members can have the names of their friends and loved ones, now on the other side, added to this list. The list will be updated regularly.

By listing the names, we believe everyone will be more focused and get more positive results. To ask Rhonda Burton to have your loved one's name added to the list, click on the Blog tab and reply to the Big Circle List of Names blog. You can also send Rhonda a personal message on the Idea Exchange or via email at rsburton@hotmail.com.

Recording dates

We have been told many times by our communicators on the other side to ask for help from the Big Circle as part of your daily meditation. Here are the recording dates:

**July 7 and 21, August 4 and 18
September 1, 15 and 29, October 13 and 27**

The Big Circle team is there to help recorders at any time. Often members get messages that help other members so be sure to share what you get with other members in the Idea Exchange.



History and Background of the SORRAT Group

by I. Grattan-Guinness

The days of large-scale physical phenomena, which so enthralled our Victorian and Edwardian predecessors, seem now a long way away, to the extent that reported cases are treated with suspicion even by those who are generally sympathetic to psychical research. An interesting and long-term case is the group called “SORRAT,” which was founded by [John G. Neihardt](#) (1882–1973), who made his career as a poet and literary critic after initial training in physics (Richards, 1973). Aware of such phenomena from his own youth, he worked quietly throughout his life until he felt ready to form this group in 1961 at his home at Skyrim Farm near Columbia, Missouri. “SORRAT” is his acronym for “Society for Research in Rapport and Telekinesis,” in that order; for central to his philosophy was that *rapport is the key to telekinetic processes*, an essential cause for the effects that take place. This has remained a key feature for the group.

When sittings were held, very large-scale phenomena soon occurred: apparently heavy furniture rose and fell, entire rooms shook, and tables went walkabout into the farmyard. In his career, Neihardt had taught at the University of Missouri at Columbia; so the news spread there soon, and derision and persecution came back rapidly. From an early date, therefore, SORRAT has kept much to itself, while welcoming serious newcomers. The most substantial account to date is the book on the group by John Thomas Richards (born 1937), a teacher of English with an engineering background (Richards, 1982); since Neihardt’s death he has coordinated much of the work of the group, maintaining the (informal) membership list and corresponding with members and others, and holding sittings in his own home in Rolla, about 100 miles from Columbia. These usually take place in the “Isolation Room,” about 5 feet by 10 feet, located in the basement.

External appraisal has been rare. Hansen and Broughton (1991) found evidence of tampering with a pack of playing cards, while Wiseman and others (1992) decided, on statistical grounds, against a test involving the reading of a sealed pack. In a book on religious belief, the American sociologist James McClenon included SORRAT in a chapter on small sitter groups, but was rather agnostic about the probity of the events experienced, mainly because of his principal concern with belief structures rather than the events (McClenon 1994, Ch. 14). Berthold E. Schwarz (1994) drew more positive conclusions from his experiments on linking rings.

Schwarz’s experiments were carried out in collaboration with Edward Cox, an associate of J. B. Rhine. Neihardt launched SORRAT experiments about 1966, in part with the encouragement of Rhine, who also suggested a new means of staging experiments: a glass container set on a wooden or metal base with a securely lockable lid, in which artifacts were placed and any phenomena observed without interference. Cox built the first such frame, which was

known as a “Cox box”; since then the more informative name “Minilab” has been attached to it, and it has been used elsewhere in psychical research.

After moving to Rolla in 1978, Cox carried out over many years a wide range of experiments, such as rings linking and unlinking, balloons inflating, metal bending, and methods of alerting a film camera to the start of a phenomenon. Many of these experiments were carried out in the Isolation Room, using a lab built with another SORRAT member and local resident, Steve Calvin...



Picture of the levitation of a box camera in the locked Minilab

From “Real Communication? Report on a SORRAT Letter-Writing Experiment,” *Journal of Scientific Exploration*, Vol. 13, No. 2,

scientificexploration.org/journal/jse_13_2_grattan.pdf

See: *Sorrat: A History of the Neihardt Psychokinesis Experiments, 1961-1981* by John Thomas Richards, available on Amazon.

[Editor: The letter-writing experiments started in 1981. See Protocol on page 8.]

References

- Hansen, G. P. & Broughton, R. S. (1991). Card-sorting with SORRAT. *Artifex*, 9, 19.
- McClenon, J. (1994). *Wondrous Events: Foundations of Religious Belief*. Philadelphia: University of Pennsylvania Press.
- Richards, J. T. (1973). *Luminous Sanity: Literary Criticism written by John G. Neihardt*. Cape Girardeau (MO): Concord.
- Richards, J. T. (1982). *SORRAT. A History of the Neihardt Psychokinesis Experiments*. Metuchen (NJ) and London: The Scarecrow Press.
- Schwarz, B. E. (1994). Presumed paranormal linkage of rings. *International Journal of Psychosomatics*, 42, 95
- Wiseman, R., Beloff, J. and Morris, R. L. (1992). Testing the ESP claims of SORRAT. *Journal of the Society for Psychical Research*, 58, 363.

The Fishharp

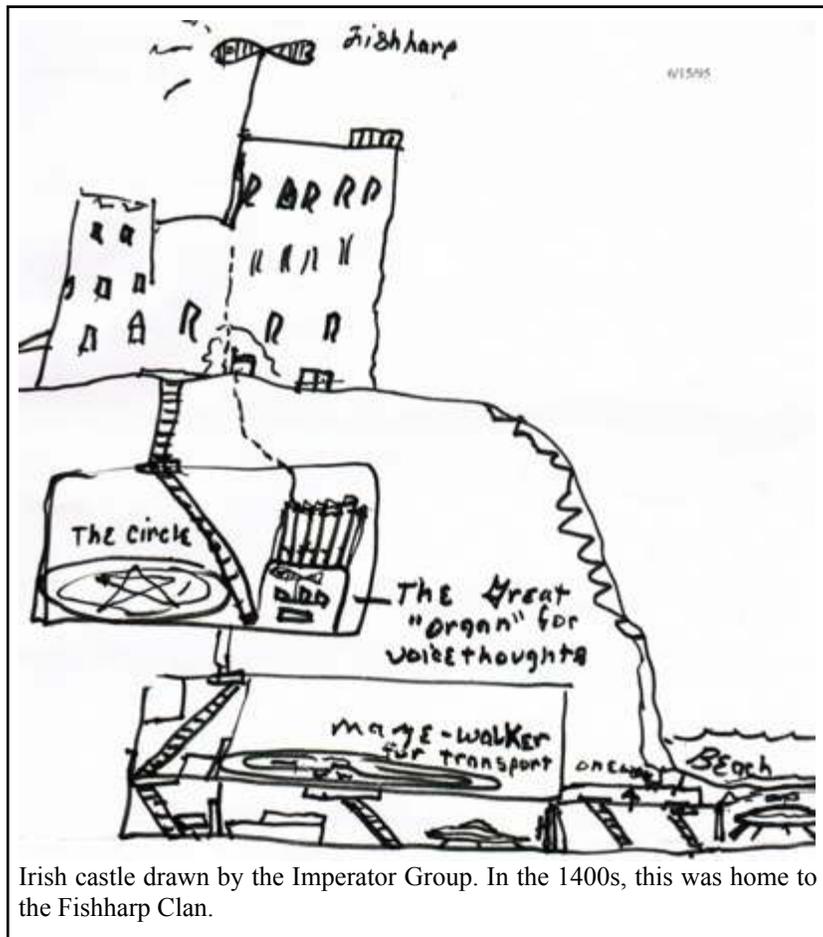
The article about the the Society for Research in Rapport and Telekinesis (SORRAT) on page five provides a good introduction to this very interesting group. There is more information in the Examples section of atransc.org. As

known as direct writing. This is done by their scribe John King. A camera triggered by a motion sensor was used for the photograph here. The white arrow points to the independently moving pen inside a locked Minilab box. After questions are answered, the entities place them in stamped, self-addressed envelopes and they are apported out of the lab into the US postal service.

The drawing of the castle and the Fishharp were produced in this way and sent to us. Lisa was told that she had a past life with the Fishharp Clan. It is very interesting that the castle of this clan was configured with various intention-directing aids.

The Emperor entities refer to maze walkers who used a maze (bottom chamber of the castle) to help focus their intention, reportedly as an aid for teleportation. The middle chamber contained a second maze of sorts and an organ-like device designed to send "voice thoughts." The antenna for the organ was the Fishharp above the castle.

The Fishharp Clan was known as a healing clan and the Fishharp was one of their healing devices. In principle, it needs to be "charged" to be effective and works as a form of intentionality amplifier. The Emperor entities drew us a picture of how to make one and SORRAT member, Dr. Terrald Brooks, made one for us, see page 7. It is a brass frame shaped like a fish with copper spokes and an obsidian "eye" which can be moved between the spokes. See the close-up photograph for construction detail. As we understand its use, the practitioner must clearly visualize a desired outcome with the focused intention to make it happen while adjusting the position of the "eye."



Irish castle drawn by the Emperor Group. In the 1400s, this was home to the Fishharp Clan.

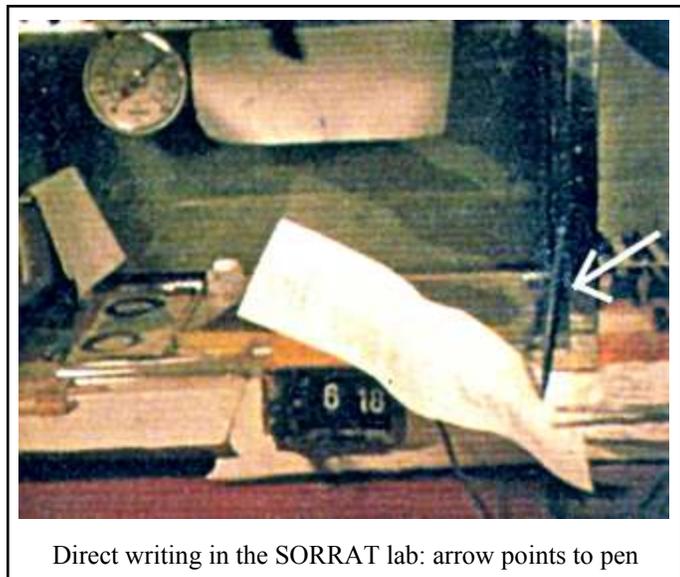
SORRAT members, we found information about the Fishharp Clan and their castle to be very interesting.

In the letter-writing study, the etheric Emperor Group is able to use a pen to write and draw on paper with what is

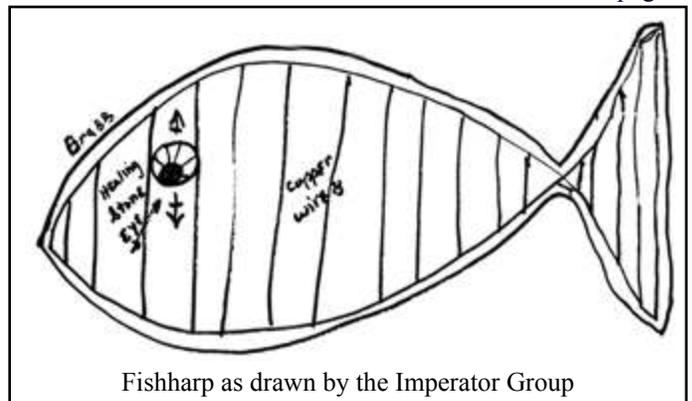
We have found with the Fishharp and other such devices that we have a sense of the correct configuration almost as if muscle memory has assumed control of our movement. If you are familiar with radionic devices, there is a similar effect when using the stick plate (see copenlabs.com).

The thought organ appears to be a form of radionic device in that it appears the communicator first walks the star pattern on the floor adjacent to the organ, and then adjusts the organ.

Continued page 7



Direct writing in the SORRAT lab: arrow points to pen



Fishharp as drawn by the Emperor Group



It Is All About Intentionality

by Tom Butler

In times past, the ability to function as an energy healer or physical medium was described as an ability to manage the subtle energy. Spiritualists have long known that this subtle energy can be accumulated and tends to remain for a while. We came to see that hauntings events were more frequent in places that have had long-time human occupancy or in which strong emotions were expressed. Putting two and two together, we decided that the hauntings events were more likely because there was more energy available to facilitate trans-etheric influences. We saw the same effect with developing EVP practitioners, and we now recommend that a person set aside a special place for meditation and transcommunication so that the energy can accumulate.

Like mediums, some EVP practitioners are just naturally more effective than others. The ability to manage the energy seemed to be the most obvious reason and recent research with Random Event Generators (REG) seems to confirm this. You are probably familiar with the Global Consciousness Project (see noosphere.princeton.edu). The study detected a decisive change in randomness of the output of an REG array just before the 9-11 attack on New York and the Pentagon. It has become routine for researchers to use REGs to detect the effects of meditation and other psi processes on ambient subtle energy.

At the same time, researchers have been developing effective protocols for the study of energy healing. You will hear a lot more about this rapidly evolving field of study in future issues of this *NewsJournal*. The research often shows decisive changes in the well-being of organisms in response to the practitioner's intention to heal. For our discussion, the study of energy healing is also the study of the effect of intentionality on subtle energy.

Intentionality

We now know that there is a field of energy existent throughout known reality which is responsive to the influence of intention. It is being referred to as the biofield

because it appears to be the product (or the enabler) of life. When a person senses the thought of others, influences physical objects with thought or mentally tries to send energy to another person, he or she is what parapsychologists call "psi functioning." In practice, all of these psi abilities are the expression of intention which is transmitted as a change in the biofield. Your intention to love or hate someone is immediately delivered to them wherever they are in the world as a change in the field of subtle energy which we all share.

The energy cannot be shielded against as one might shield from radio signals, and time and distance does not seem to be a factor in its influence. Focused intention appears to be the deciding factor.

Focus of attention is really what Spiritualists teach in energy healing and in mediumship. In metaphysical terms, the process of creation is turning attention to an imagined result with the intention that it will be so. It is useful to think that the biofield provides the substance from which objects of reality are created, so the two things that you can control are the ability to clearly imagine your objective and focus your intention to make imagination real.

Managing Intention

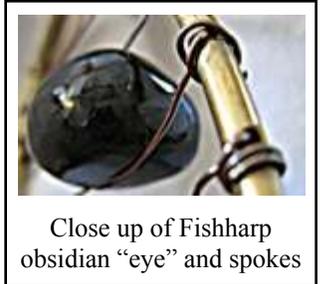
Most of us have pretty vivid imaginations which are difficult to control. Traditional meditation is all about learning to control that imagination. When someone tells us not to think of a pink elephant, for most of us, the very next thing we do is think of one. Most of what we are taught in the various forms of energy healing is the clear visualization of good health. Mental mediumship is all about learning to set aside our internal visualizing so that we can sense the impressions coming from our etheric communicators. It is all about learning to control our imaginations.

Continued page 12

Fishharp Continued from page 6

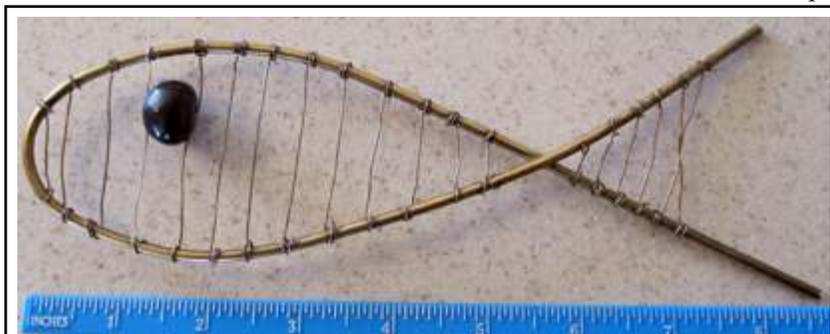
We think the sequence is to first entrain intention to clearly imagine a desired effect, and then, like the stick plate of a radionics device, adjust the organ until there is a muscle

memory-like sense of "right." What remains is the impression of the message or expression of intention being "sent" via the fishharp antenna.



Close up of Fishharp obsidian "eye" and spokes

This explanation has a lot of "sense," and "impression" descriptions. So we are speculating but we continue to seek verification and better understanding. At this point, we depend on the existent research including REG studies and the study of energy healing to guide us.



Fishharp with obsidian "eye" made by SORRAT, Dr. Terrald Brooks

The Emperor Group

The entities participating in the Letter-Writing Experiment are from a group who call themselves the Emperor Group. As far as we have been able to discern, they have been formed since before the turn of this century. In his 1883 book, *Spirit Teachings*, Reverend Stainton Moses reported receiving communication via automatic writing from the rector of this group. (The book is available at archive.org). The communication was mostly concerned with letting people know that life continues after death. Leslie Flint of England received direct voice communication from the Emperor but the recordings are not very clear.

As shown here, the organizational chart of the Emperor Group was drawn via direct writing. We were told by the McClenons that ten more members were added to the group since 1982 making a total of forty-seven. Many years have passed since we got that information so we are sure that there are now even more people involved on the other side. Different individuals hold positions at different times. For instance Elisha held the position of Emperor in 1981 and Stainton Moses now has the position.

Rector, along with John King, often signs the letters. Several of ours were signed by T.A.E who is reported to be Thomas Alva Edison. Many others have responded to questions coming from people including Dr. John Neihardt, Black Elk, W.B. Yeats, Charles Dai, Samuel Clemens, H.G. Wells, and more recently William Edward Cox and Bert Schwarz. Other SORRAT members have also reported that sometimes personal friends and family members also say "hello."

All of the letters are done with the aid of John King who is the group's scribe. John King is mentioned throughout history as the guide to many mediums. He was the spirit control for Eusapia Palladino and there is much written about his involvement with Madame Blavatsky.

Protocol for the SORRAT Letter-Writing Experiment

To participate in the SORRAT Letter-Writing Experiment, send a question to the entities on a sheet of paper, leaving room for the answer. On your question sheet, always put your name, address, date and page number. John King, who is the etheric scribe, writes with large letters so allow a lot of room for an answer below your question. You can add a sheet of paper if you think the answer might take more space. Be sure to number extra pages and have your name and address on each. Send a self-addressed stamped envelope (one per page) to:

Dr. and Mrs. J. T. Richards and Ivan
309 West Ninth Street
Rolla, Missouri 65401

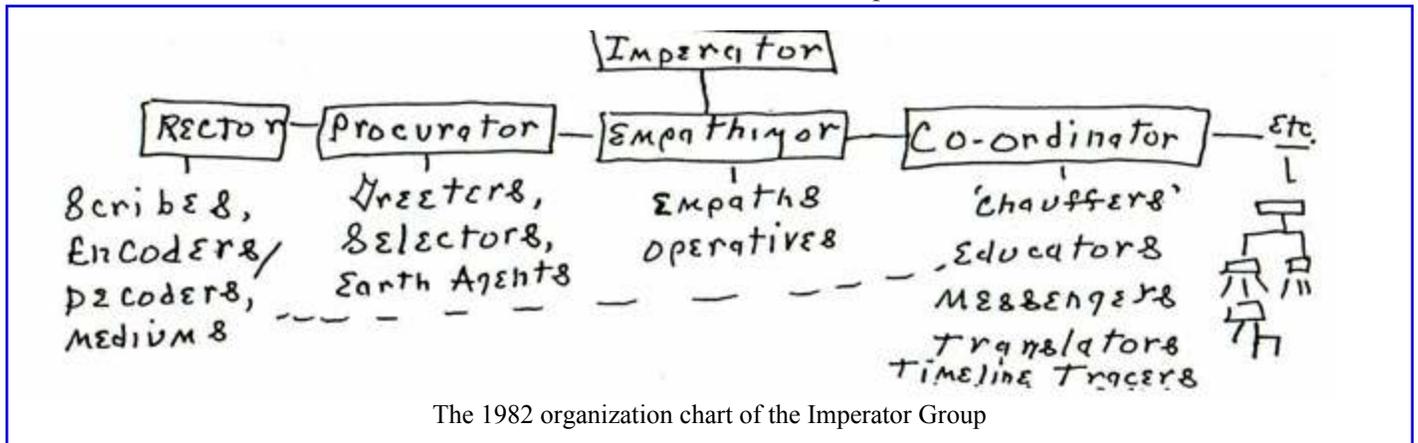
Be sure to include a friendly note of introduction to Tom Richards, his wife Elaine and their son Ivan.

When your envelope and its contents are returned to you, make two photocopies of both the contents and the envelope and send one set to:

Dr. Jim McClenon
216 Robert Street
Chesapeake, Virginia 30341

And the other to Dr. Richards at the above address. Jim is writing a book, *The Entity Papers: Letter from the Minilab*.

You will most like receive an answer to someone else's question in your envelope. You need to send this answer directly to them immediately, making a copy for yourself if you would like. So you send the original and a copy of the envelope to that person along with a friendly note to build rapport. Someone will have received your letter and will be sending it along to you. It is in this way that the entities build rapport and the energy necessary for successful future experiments.



The 1982 organization chart of the Emperor Group

Viewpoint Continued from page 1

We will help in that regard. In many cases, ATransC provides the only means of publishing frontier subject material. Interestingly, because of our public outreach via the *NewsJournal* and the website, we probably reach many more people than just about any other organization in this

field. The second step is to financially support the work. ATransC has a whole list of research projects just waiting for funding. There is much that can be done, but it takes involved members to make it happen. With the increased cost of producing the *NewsJournal* comes an even greater need for your financial support.

Tom and Lisa



Felix Experimental Group: Faces in Ectoplasm and Visiting Pet

During a séance in March, the [Felix Experimental Group](#)'s main control, Hans Bender,* explained the different states of ectoplasm development. He claims that ectoplasm always arrives in a certain aggregate state that is then changed into other states.

Bender says that the dark and humid human mouth is the area where they can bring in large quantities of a thin and spider web-like ectoplasmic fabric that can be used by them for different purposes. For example, the ectoplasmic appearance of Hans Bender's hand routinely waves to the sitters at the end of each séance. Another example is the veil-like substance that is able to climb freely onto the medium's body to build something like a cocoon around him.

The aggregate states of this "veil" can be compacted to build columns of ectoplasm that stand on the floor in front of the medium to form the bodily features of full materializations. The photograph at right shows such a free-standing column of ectoplasm which rises from the floor in front of the medium's chair.

The sitters were shown that a certain state of the ectoplasm could be used to exhibit other human features like faces. A thick mass of white was showing first the profile a female Indian face, obviously larger than normal, and shortly after, a smaller face, both in midst of the ectoplasmic mass. This had been witnessed weeks before but was not photographed.

There was another presentation of faces in the March séance. Three faces became visible and one of them was immediately recognized by a female sitter as her grand-

mother. These photographs were taken with a relatively long exposure time of 1.5 to 2 seconds and the medium unavoidably moved a little. Even so, some features are clearly obvious and presentable here. Below is a composite of a photograph showing the free-standing ectoplasm with a face near the top, and an enlargement of the part containing the face.

After the mass of ectoplasm with the faces welled out of the medium's mouth it dissolved and "fell" (?) onto the mediums breast, where it again was observable for many seconds. The changing in appearance, respectively the compaction of the matter called ectoplasm seems to be crucial for the different appearances of the substance.

In the last weeks of March, the etheric chemists working with the group have been trying to compact the ectoplasmic matter so dense, that another unique aggregate state could be achieved. In this state the ectoplasm is turned into a glowing red mass that dances in bright red light in front of the cabinet, controlled by the Chemists. They claimed to have turned the ectoplasmic substance into glowing pure

vital energy. (See photograph below)



Free-standing ectoplasmic column building up, photographed a few minutes before faces were showing in the substance

Visiting Pet

The Felix Experimental Group had an exciting, heart-warming experience in April when they were visited by a dog in the séance room. In the presence of several sitters, including a member of the Society for Psychical Research, the deceased dog of the medium "Frieda" was giving signs of survival in the séance room.

The group places a luminous, roughly six-inch square plaque on the floor in the middle of the circle. The plaque is usually used by the etheric
Continued page 18



Thicker column of ectoplasm with faces. Right is an enlargement of the face.



Picture of vital energy

Bilateral Stimulation and Afterlife Connections

by R. Craig Hogan, Ph.D.

(Previously published in the [Academy of Spirituality and Paranormal Studies' Searchlight.](#))

Bilateral stimulation alternately stimulates the left and right sides of the body, resulting in alternating stimulation of the left and right sides of the brain. This bilateral stimulation causes the person to reprocess memories and patterns of thinking that are disturbing, reducing or eliminating their negative impact on the experiencer.

The most common method of bilateral stimulation is through eye movements, used today in a variety of procedures: [Eye Movement Desensitization and Reprocessing \(EMDR\)](#),¹ Rapid-Eye Technology (RET),² Eye-Movement Technique (EMT),³ Eye Movement Integration Therapy (EMIT),⁴ Eye Movement Therapy,⁵ and NLP Eye Movement,⁶ among others.

In these eye-movement bilateral stimulation techniques, the psychotherapist has the client focus on a disturbing thought and the images that accompany it. She then has the client move his eyes to the left and right, rhythmically. The client continues thinking of the disturbing thought or image and closes his eyes. In a few seconds or minutes, he opens his eyes and describes what came to him in thoughts, images, sensations, or other impressions. The psychotherapist tells the client to focus on whatever it was that came up and guides the client through another set of eye movements. She leads the client through many of these sets of eye movements with new focuses each time based on what the client just experienced.

The client's level of disturbance when thinking of the traumatic thought and accompanying images gradually decreases. The bilateral stimulation has caused the client to reprocess the traumatic thought or image.

Bilateral stimulation seems to disrupt the structures of habitual thinking and memories that span the right brain (which processes overall impressions, creativity, intuition, and random or non-sequential activity), left brain (which processes details, facts, concrete reality, and sequential operations), and limbic system (which processes memory and emotion). The rational, decision-making pre-frontal cortex area of the brain functions weakly when these disturbing memories are accessed, showing that the person isn't viewing them objectively and rationally. He continues to re-experience them in the left brain, right brain, and limbic system as he experienced them at the time of the

trauma. He is "stuck."

It seems that receiving bilateral stimulation while the person is thinking of the disturbing thought or image disrupts the thought and memory pattern in the left brain, right brain, and limbic system so the person "reprocesses" the thought and accompanying images. After a period of eye-movement bilateral stimulation, negative emotions from traumatic thoughts and images diminish in intensity, and at times are replaced by more rational thoughts and images.

The limbic system becomes less involved and the pre-frontal cortex shows more activity. Eye-movement bilateral stimulation is now used to alleviate anxiety, fears, nightmares, dysfunctional life patterns, and the traumas connected with combat and with sexual, physical, and emotional abuse.

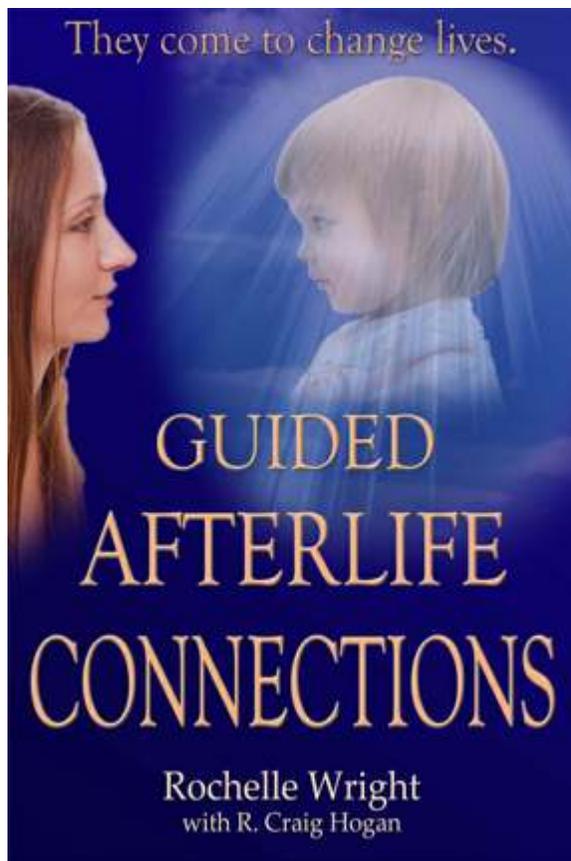
In the mid-1990s, some unusual occurrences began in the offices of psychotherapists using this method. Laurel Parnell, Ph.D., wrote about a client she called Momi, who was terrified of flying because her best friend, Claudine, had been killed in a plane crash in 1974. Dr. Parnell went through the normal eye-movement bilateral stimulation procedure to help Momi reprocess her irrational feelings about flying. After one set of eye movements, Momi closed her eyes and when she opened them, she said that she heard the deceased Claudine speaking. Claudine told her,

It's only awful fighting it—that was terrifying. The actual BANG was not awful. And after that it was slightly disorienting—as a spirit—but the worst part of the whole thing was those fearful minutes fighting what was so. What was so awful was confusion and unknowingness. We all were terrified, and we were screaming. We all were very afraid and that was hell.⁷

Dr. Parnell explained, "There's something about what she said. The other side was fine. . . . Claudine, who's on the other side, is coming over from the other side . . ."

The message had profound effects on Momi's view of life, death, and flying. That was Dr. Parnell's goal for the session, so she didn't explore the apparent afterlife connection further. In her psychotherapy using eye-movement bilateral stimulation, she apparently doesn't intentionally encourage such afterlife connections.

Continued page 11





Afterlife Connections Continued from page 10

Another psychotherapist whose clients had similar experiences while he used eye-movement bilateral stimulation did pursue using the method to facilitate afterlife connections. Allan Botkin, Psy.D., a psychotherapist at a V.A. hospital in the Chicago area trained in the EMDR procedure, had been using eye-movement bilateral stimulation with his combat veterans suffering from post-traumatic stress disorder for some time. He was surprised one day in 1995 when a combat veteran sitting in his office having a normal eye-movement bilateral stimulation session described experiencing a mental conversation with the deceased woman for whom he was grieving. The experience dramatically reduced the combat veteran's post-traumatic stress disorder. The client was certain he had had an actual conversation with the woman. In the next weeks, other clients described similar experiences.

Dr. Botkin determined that his use of eye-movement bilateral stimulation with his suggestion that clients be open to anything that would happen resulted in the experience. He named the procedure induced after-death communication, or IADC™. Today, over four dozen psychotherapists worldwide are using the technique. The method is strictly limited for use by state-licensed psychotherapists who have been trained in only one of the eye-movement procedures: EMDR.

Dr. Botkin reports that around 70 percent of people having an IADC™ procedure sense any form of connection with the deceased, and around 75 percent of those experiences involve only seeing a smiling face or sensing that everything is OK.⁸ Thus, only 17.5 percent of the experiencers experience messages from the deceased. The IADC™ experience itself normally lasts only 5 to 20 seconds, but may extend to 10 or 15 minutes or longer. The sessions are confined to the normal hour or hour-and-a-half psychotherapy period. They may continue over two or three sessions on different days.⁹

Concerning whether they originate in the client's imagination or in an actual afterlife connection, Dr. Botkin writes, "IADCs™ must either be spiritual experiences or subjective hallucinations generated solely by our mind/brain or inner representation of the deceased that have no relationship to any world that exists separate from us. I believe that if there is an afterlife, then IADCs™ are true spiritual experiences. "He continues later, "... although the information provided in this book is very suggestive, it does not in any way constitute proof of an afterlife."

In 2009, a certified EMDR psychotherapist from Washington State named Rochelle Wright received training from Dr. Botkin in the IADC™ method. She had great success in using it with her clients. She soon discovered, however, that while afterlife connections can result from the eye-movement bilateral stimulation, a new procedure must be used to make the afterlife connections more consistently successful, with fuller connections and messages from the deceased.

The procedure she developed holds in common with the IADC™ method only the facts that it focuses on the deceased and has eye-movement bilateral stimulation as one component. Other than those two commonalities, the two methods are quite different. She called the new method Guided Afterlife Connections.

The first difference is that the Guided Afterlife Connections are grounded in the conviction that they are connections with people living on the next plane of life. They are sacred experiences.

Another difference is in the names of the procedures. The name "induced after-death communication" uses the term "induced," which isn't descriptive of what happens. It suggests that the facilitator "causes" the experience, rather like a physician inducing labor in a pregnant woman to hasten birth. In the bilateral stimulation procedures, the facilitator only helps the experiencer come into a state of mind that allows those on the other side of life to unfold the afterlife connection in ways neither the experiencer nor the facilitator could predict. "Afterlife connection" is a more accurate description of what happens.

Guided Afterlife Connections also use audio bilateral stimulation along with the eye movements. Throughout the session, the experiencer listens to meditation music playing through earphones, with the volume alternating between the left and right ears to provide bilateral stimulation. Then, during the session, the facilitator adds episodes of the eye-movement bilateral stimulation.

Another difference is the IADCs™ procedure is limited to two hour-and-a-half sessions, interrupting the continuity of any connection that occurs during a session. The Guided Afterlife Connections sessions normally start at 10 a.m. and continue into the afternoon, for as long as required. They may last four or five hours. The facilitator and experiencer usually do not stop the procedure; they allow the loved ones on the other side of life to determine when to stop. There is always a clear ending that they signal.

Also, during the session, there is no discussion or judgment about what the experiencer describes. After a set of eye movements, the experiencer closes her eyes. When she feels she has processed the image she was focusing on, she opens them and describes what she experienced without judgment or comment by the facilitator. That becomes the focus for the next set of eye movements. This procedure of staying with whatever the experiencer describes continues through the entire session.

The result of these differences between the IADCs™ and Guided Afterlife Connections procedures is that to date nearly 100 percent of the Guided Afterlife Connections have been successful, compared with only 70 percent of IADCs™. While only 17.5 percent of IADCs™ experiencers have some message from the deceased, nearly all of the Guided Afterlife Connections experiencers receive insightful, life-changing messages, often accompanied by seeing the deceased and sometimes hugging and even kissing.

Continued page 12

Afterlife Connections Continued from page 11

While IADCs™ last only five seconds to 10 or 15 minutes, communications with the deceased in Guided Afterlife Connections often continue for hours.

This dramatic progress in refining the use of bilateral stimulation in afterlife connections over the short period of a few years suggests that the use of bilateral stimulation to facilitate afterlife connections will continue to become more successful as it is further modified and refined. Rochelle Wright plans to train state-licensed psychotherapists who are not EMDR trained to use the method. I am working to develop a variation that can be used by professionals who are not psychotherapists, such as clergy, hospice administrators, and healthcare providers.

References

1. Shapiro, F. and Forrest, M. (2004). *EMDR: The Breakthrough "Eye Movement" Therapy for Overcoming Anxiety, Stress, and Trauma*. Basic Books.
2. Johnson, R. (1996). *Reclaim Your Light*. Raintreepress.
3. Freidberg, F. and McKay, M. (2001). *Do-It-Yourself Eye Movement Techniques for Emotional Healing*. New Harbinger.
4. Beaulieu, D. (2003). *Eye Movement Integration Therapy: The Comprehensive Clinical Guide*. Crown House.
5. Veselak, C. Workshop at The Denver School of Hypnotherapy. (March 2009).
6. O'Connor, J. and Seymour, J. (1990). *Introducing Neuro-Linguistic Programming*. Mandala [Harper-Collins].
7. Parnell, L. (1998). *Transforming Trauma: EMDR: The Revolutionary New Therapy for Freeing the Mind, Clearing the Body, and Opening the Heart*. New York: W.W. Norton & Company, p. 248.
8. Botkin, A., with Hogan, R. (2005). *Induced After-Death Communication: A New Therapy for Grief and Trauma*. Charlottesville, VA: Hampton Roads, p. 46.
9. Botkin with Hogan, 2005, p. 46.

[R. Craig Hogan](#), Ph.D., a writer and trainer of writers with thirty-eight years experience. He is director of the Center for Spiritual Understanding and on the boards of the Academy of Spiritual and Paranormal Studies and Association for Evaluation and Communication of Evidence for Survival. See: youreternalself.com



Intentionality Continued from page 7

Intention is much the same, in that we might think we want something but there may be numerous unconscious reasons why we do not. This is a common complaint of healers. Some people will say they want to be healed, but they have also become comfortable with their ailment and the social support it might bring. If there is an underlying concern that the person might not be able to live independently, being healed might pose unexpected risk and the healing is rejected as a subconscious act by the sitter. It is easy to say that you forgive a transgression, but too common to harbor unconscious anger. Psi functioning is a product of all of our intentionality. If we only think we want something, we are not as likely to create it as we are if we want it with all of our personality.

The article about the Fishharp on page six provides one way to manage intention. It appears that, through history, people have learned to use devices and tricks to guide thoughts away from distractions. Just as one might train for the use of a memory aid, it is possible to train the mind to respond in a certain way when a particular path is followed or a specific object is handled.

We would like to hear from you as to what you find helpful for entraining your intention.

Announcement for Grant 2011

The HRMF for Research into Life After Death

by Edgar E. Müller

Stockholm, April 2011: The Helene Reeder Fund is pleased to announce the availability of grants for small and medium-sized scientific research projects concerning the issue of life after death. Grants will be awarded in the range of EUR 500 – 5000 maximum (\$730 – \$7,300). The topic, Research into Life after Death, should be the main objective of the project.

Applications in English to be submitted by email to the HRF c/o edgar.muller@comhem.se should include:

- Detailed description of the project, including the objectives of the project
- Methodology
- Cost budget
- Timetable
- Plans to publish the results in some scientific journals,
- CV (Curriculum Vitae) of the applicant
- How the applicant plans to report back to the HRF about progress and result
- Any other financing than from HRF

Applications should be received by 30th of October, 2011. It is the intention of the HRF to evaluate the applications and to make decisions regarding the grants before the end of December. Applicants will be notified by email after the decision and the grants will be payable during December.

For further information, please apply to the above email address.



Q&A: Is My Mother Earthbound?

Question:

We had hauntings investigators conduct an investigation on our home and they feel that I have summoned my mother from her resting place [with EVP] by asking her to come through and now she can't get back.

Reply:

There are two viewpoints about the nature of these phenomena. One is the faith-based view which includes the assumption that demonic forces exist and that people can become "stuck" in physical places. You indicated that the investigative team included a sensitive and based their report on her findings. You were concerned about the unexplained activity in your home, and certainly if the sensitive assumed a ghost, that is what she would sense.

The second viewpoint is that understanding must be based on objective evidence. We have learned to require corroborating evidence to support any evidence that has a human influence. You indicated that the investigators also used EVP, and that they reported EVP that you only heard as noise, and claimed it supported what the medium said. We have conducted studies that clearly show people can hear voices in noise that are not there. From our experience, they are probably going to hear voices that agree with their expectations such as a cry for help in a cemetery or a threatening voice in a dark room. EVP can help validate what a medium senses, but only if they are of sufficient quality to be easily understood.

From the fifty years since EVP was first documented, we have no record of anyone being held back because of transcommunication, either with instruments or via mediumship and prayer. Such a thing may not be possible. Recently transitioned people might become stuck or "earthbound" because they are afraid to "go on." There are also reasons a person might want to stay "close" to a loved one or a favorite place but self-determination seems to be a pretty firm rule. With that said, we can "call" a loved one to come energetically close to us by expressing the desire for contact, but it is their choice to respond and stay.

Robert Monroe once asked one of his etheric communicators what he should do when he sensed the presence of an unseen entity. His communicator replied that he should stop and greet it like an old friend, and then go on with his daily activity. The point is to accept that what you sense may be real, but should be seen as a gift and not threatening. Your smudging your house to make the intruder go away may be more like slamming the door on your visiting mother.

Many EVP practitioners have reported a sense of their home being haunted and most find this a good thing. We are always near our etheric friends. It is reasonable to argue that you have loved ones, devic entities like nature spirits and people who try to guide and teach, communicating with you day and night. If you could not filter conscious awareness of these contacts, you would have difficulty living the life here that you need to live. Seeking any kind of contact tends to defeat some of that filter.

Your mother may be energetically near you as you attempt to communicate with her. The same could be said when you remember her in your prayers. We know of no way you can force her to be near you, but if you are concerned, think of her in your mind and tell her that you want her to be where she needs to be. A most profound message from the other side via EVP was an angelic woman's voice saying "*Release and remember.*"

Report on JOTTS



Each moment is a doorway to time travel....By Maggie-me, [flickr.com/photos/maggie-me/](https://www.flickr.com/photos/maggie-me/)

Allison Sniffin read the story on JOTTS (discontinuities with time and space) in the last *NewsJournal* and wanted to report on some of her experiences.

1. Winter, 2010: I was putting shelves up in my mom's house. At one point a nail dropped in the middle of the floor and when I turned to look for it, it was gone. I gave up searching and went to get another nail. That's when the lost nail reappeared in the middle of the floor. A medium asked my mother about it and commented to me, "she reacted like a mischievous imp and laughed in a playful sort of way."
2. Spring, 2010: The woman who looks after my mother's house lost her cell phone. A month later it appeared in the passenger seat of Mom's car, during an afternoon when I was driving the car and talking aloud to my mom, visiting several of her favorite old haunts.
3. April, 2011: I uncorked a bottle of wine in Mom's house and promptly lost the cork. I tore up the kitchen looking for it. Days later, when the bottle was finished and I was preparing to leave Mom's house, the cork reappeared, laying in the drawer next to the corkscrew. When I asked a medium friend about it he said, "[Your mom's] reaction to the wine cork incident is quite mischievous, as if while saying 'not me!' she does so while giggling with a playfully knowing smile." Last night my medium friend did an imitation of my mother's reaction. It looked just like her! He commented that he finds my mother easy to get because her expressions are so "theatrical."

The Risen

by August Goforth

The one word that best describes the nearly indescribable process of our book's emergence into the earthly world would be "orchestrated." Imagine an orchestra: a large, organized structure that contains many individuals from many backgrounds, talents and education, striving to act as one, synchronizing to produce an intricately scripted work of love and inspiration that is both complete and imperfect; finished but not over; the same yet different with each listening. Over fifteen hundred individual intelligences of various ranges of intelligence, status, self-awareness, and time-spans have been coming together for years, even before Tim and I were born, waiting for the right conditions and people to align at the precise time to manifest the book, *The Risen – Dialogues of Love, Grief, & Survival: 21st Century Reports from the After-life Through Contemplative, Intuitive, & Physical Mediumship*.

All the countless experiences that have shaped Tim's life and mine, including the moment we met and realized we loved one another; our personal endeavors, triumphs and setbacks; Tim's illness and transition, even our ancestral lines; *everything* contributed to achieving those conditions that enabled this book to be. All this and so much more *orchestrated by Spirit*.

We are but two of the innumerable instruments of this exquisite spiritual orchestration. We have been watched over, loved, guided, nudged, encouraged, exasperated, restrained, protected and even tickled by spirit guides to prepare us for the closing chapter of our lives known as "The Earthly Days of Tim and August."

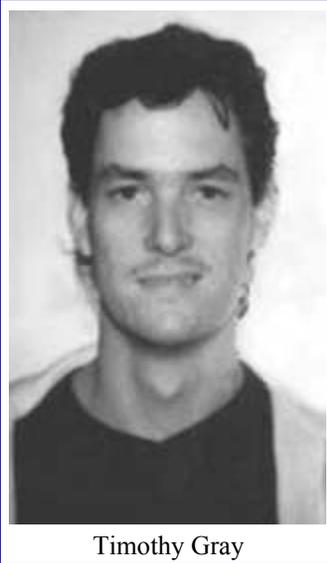
I was not, however, prepared for the next chapter, which I call "Tim Rises." Apparently *Tim* already knew it, which accounts for the cat-that-got-the-canary look I knew so well but never thought I'd see again. Yet I *did* see it again, one quiet evening while I was typing away on my computer. In the book I share about this momentous event:

It happened suddenly and vibrantly, like a silent firecracker. One moment I was typing away, oblivious to anything other than my own thoughts, and then something, a movement perhaps, caught my attention out of the corner of my eye. I automatically turned my head to glance in the direction of the bed, which was just to my right and only a few feet from me.

And there was Tim, sitting on the bed, a huge grin on his face, his legs crossed at the ankles and hands calmly folded in his lap! Startled out of my wits, I screamed. Who wouldn't? Books crashed to the floor as I sprang to my feet. In that same instant, he was gone. No "POP" or fading away. He was just suddenly *not there*. But his appearance was long enough to turn my world completely inside out, and set in

motion an adventure I never could have conceived on my own, and one that is far from over.

The spirit orchestra had sent a *very* charming prince to awaken me and get the story moving to the next level. As it was meant to, the experience catalyzed sleeping abilities within me that had been lying in wait for that very moment. I "came to" and began remembering childhood events that involved Risen spirit people actively involved in my conscious presence. I had already been having conscious numinous events in my life for many years since I was a teenager: intense, out-of-body experiences, lucid astral wanderings, fairy thievery, spirit apports, voices and lights in the darkness, and something I came to call "the gong," all of which inspired me to explore, learn, comprehend and record. Now, with the memories awakened by Tim's return, everything began to come together, and to make enough sense to realize that all those things I more or less had been treating as "typical" were adding up to the *atypical* actuality that I was some type of spirit medium.



Timothy Gray

But where had Tim been in the time he had "died" almost five years before his re-entry into my world? When Tim had learned that he had contracted HIV, he ended our relationship abruptly without explanation, and severed all ties with our friends before joining an ashram in the hills to isolate. Within two short years, his HIV progressed to AIDS. He became too ill to stay there, and was taken to his parents' home. He became deaf and blind. Ever the vain aristocrat, he was ashamed to let me see his wasted body, and so we reunited over the phone. After another year of grim struggling, Tim transitioned on a Christmas Eve. He later shared some details:

I spent a great deal of time in bed during my final days of illness on the earth. There were many spirit healers who revitalized my own spirit energy, explaining what to expect as my earth life neared its natural conclusion. It felt like I was trying to get a stubborn zipper on a coat unstuck ...

... I have no memory of the actual moment when that happened. Instead of coming in and out of drugged awareness on the earth, I was coming in and out of a deep sleep state on the Risen Side.

Tim was taken to a Risen recovery and healing center:

It was as if curtains in the room were gradually opening up a little bit at a time, letting in more and more light. When I came to, I felt totally clear-headed, rested and whole, as if I'd slept a million years and

Continued page 15



The Risen Continued from page 14

I could see and hear perfectly. My cat, Bigfoot, was resting beside me and gazing serenely out into the space before him. I followed his gaze and saw that an ocean was before us; the most beautiful light-filled ocean of every color of blue I'd ever seen and not seen. The waves rolling in on the surf sounded as shimmering chords of perfectly harmonious music.

Now that Tim and I could communicate intimately and directly, mind-to-mind – what might be called “interpenetrating mental-heart-speak” – our relationship reignited. I had to struggle with many things, including that this “new Tim” was not the one that still haunted my memories. “I’m not there anymore,” he’d repeat many times, “I’m *here*.” With work, I’ve come to experience what this means, to my great joy.

Tim shared that his physical appearance to me had been orchestrated by a very large “team” of people in spirit, which we call “The Risen.” They had been waiting to begin the phase where we could help them with certain experiments, designed to activate particular events to explore how our two dimensions or “geographies,” as we say, might be brought closer together. Our love energized the achievement of some astounding things, as we were instructed in sophisticated Risen psychospiritual systems, sciences, and other arts to accomplish Tim’s physical manifestation directly into my arms, and even once in broad daylight on a subway train. Several messages he left for me on my answering machine were deemed great successes, in spite of my disappointment of not hearing him “live” (no pun intended!).

Some years had passed since his transition to a Risen geography. It was during the last day of my stay at The Monroe Institute in Faber, Virginia, not long after 9/11, that Tim came to me during one of the many “altered consciousness sessions” I had been undergoing all week.

“How would you like to help us write a book?” he asked in innocent tones.

“What kind of book?”

“Oh, you know, all the tons of stuff you’ve been documenting about your experiences and our work with the Risen for so many years now... it would be interesting and we’d get to write something together.” (Tim had been a writer and editor when on the earth.)

And in my Monroe-blissed stupor, I succumbed to a prince’s charming ways with a simple “yes” with no further questions or real understanding of what I’d gotten myself into.

I also promptly forgot all about it until about a month later when I was taking a much-needed run through the woods near my home on an Indian summer’s afternoon. Tim appeared to me out of the shadows of the forest, and as we often did, teased each other a bit at first, and then he asked again.

“Anyway, what about our book? Still want to do it?”

“As long as you’re doing it with me, then yes, I do. It’s

an intriguing idea, but remind me, why are we doing it?”

“It’s time.”

“It’s time? I thought you didn’t have ‘time’ there? Typical. You spirit people can be so enigmatic.”

“We can be enigmatic, but *never* typical, Aug. You know we don’t waste words. I’m talking about ‘time’ in terms of the present. That’s all we ever have; the present. And hey, *you’re* a spirit person, too, you know.”

“Ok, Tim, I should know better than to try to ask for too many details at once, much less debate with you. So where do we begin?”

“Well, August, that’s a subject pretty much left alone for now. I’d say we’ve already begun, wouldn’t you?”

And then he was gone, and as the Risen often go, without drama, sparks, bells or whistles – *usually*. Gone, but not away; far, but not forever. *There*, but not *here*. I sighed, a mixture of serenity tinged with an unfathomable sadness, knowing that it would be some “time” before I could finally and at last be *there*, as a Risen One, fully sharing life once again with the one I want to love forever.

Almost eight years later, the book became a manifested reality. Many of the primary differences between the Risen and non-Risen are psychological, or more precisely, *psychospiritual* in nature. Our book could be seen as a kind of “psycho-spiritual-logical” primer and guide that introduces non-terrestrial, Risen thought systems and behavioral concepts about how much more a human spirit being is and can be. It carefully brings attention to and focuses on those mental and emotional aspects that are interfering with being psychologically free enough to dispense with the fear of death, to enable spiritual connections with previously hidden or unsensed realities, and to even communicate with other aware, alive, conscious beings in those realities.

Because *The Risen* is not “Mediumship 101” or “Afterlife for Dummies,” it is not unexpected that in this “Age of Instant Gratification” many readers may not have or even want the experience or skills necessary to endure the mystification, perplexity and even anxiety this challenging book may stimulate. Yet these are actually *positive* effects, and direct evidence of how the Universe mysteriously stimulates us to creatively move from inert spiritual couch potatoes to someplace else wholly different. However you decide to travel, Tim and I wish you well on your journey, and want you to rest in the knowing that you are *never* alone.

The Risen

Dialogues of Love, Grief, & Survival: 21st Century Reports from the Afterlife Through Contemplative, Intuitive, & Physical Mediumship

by

August Goforth and Timothy Gray

therisenbooks.com

2009, Tempest in a Teapot Books,
ISBN-10: 9780578031316



News About Members

- Both Margaret Downey and David Schmincke were on the “My Ghost Story” television program in the past few months. Margaret’s episode showed many of her ITC pictures using her moving water technique. In particular



Picture of Denise Snyder’s son Jerome (left) and ITC by Margaret using light reflected from moving water.

they highlighted the picture that Margaret got of Denise Snyder’s son Jerome. They interviewed both Margaret and Denise and even show a session with the two of them recording for EVP . They also played several of Margaret’s EVP. You can see the segment at youtube.com/ITCdeadpeople. See more of Margaret’s work at itcdeadpeople.com. We also had an article about Jerome in the Spring 2009 *NewsJournal*. It is on the website in the Circles section.

- Dave Schmincke’s episode was about a house his group, Pasadena Paranormal Society, investigated in 2008 where a woman kept feeling something crawl on her bed. The producers have contacted Dave’s group looking for additional stories for their next installment. If anyone is interested in having their story considered, email Dave at dschmincke@gmail.com. His group was on the first segment of episode thirteen, titled “Spooky Sleep.”
- Michael Tymn’s new book, *The Afterlife Revealed*, sets forth some of the most credible messages from the spirits relative to the nature of their world. Instead of a heaven-hell dichotomy, we are told that there are many levels, or as Jesus is quoted, “many mansions,” and that we cross over to the “other side” based on what might be called a “moral specific gravity.” We discover a Divine plan – one of attainment and attunement, of gradual spiritual growth, of evolution of spirit through progressively higher planes. We see how we are really souls occupying bodies rather than bodies housing souls and how our souls are progressing in finding their way back to Oneness with the Creator through the challenges, the adversities, the trials and tribulations offered us in a particular lifetime. The book is available at amazon via front page of atransc.org.



Michael is the vice-president of the Academy of Spirituality and Paranormal Studies, Inc., and editor of the Academy’s quarterly magazine, *The Searchlight*.

A Report of an Experiment with The Yellow Cloud Circle

by August Goforth

[Editor: The Yellow Cloud Circle of Eternal Illumination is based out of Montcabriol France (montcabriol.com). They are a physical phenomena circle with the principle sitters being physical medium Tom Morris and his partner healing medium Kevin Lawrenson. In April and May, they demonstrated in New York City. August was able to attend the first and last séances and had thought of an experiment to conduct with colleague Melvin Morse if the entities working with the Yellow Cloud Circle agreed. This is what took place in the second sitting.]

Halfway through the sitting, I shared with John Sloane* that some colleagues of mine and I had devised an experiment where they were presently sitting in open readiness in a prepared space in their home in another U.S. state (Dr. Melvin Morse and Pauline Morse). I did not identify them by name or location, but merely asked if John could somehow make himself evidentially known to them. John replied that he would be most happy to try.... He then proposed that, within a time frame of the next ten minutes, he would try to cause some rapping noises, “at least three of them” and maybe “a few other things” at the location of our mystery sitters. It was noted that the time was approximately 7:45pm.

After the sitting was over and I was back in the car on my way home, I texted Melvin: “*Just finished. Anything happen @ 7:45pm ... noises?*”

In less than thirty seconds, he texted back: “*Banging and rapping sounds. Breezes, whistling. Shuffling. Two bangs or thuds that we thought were people hitting the house... felt the Risen’s presence throughout, older men old fashioned suits.*”

I responded: “*During séance I mentioned our sitting and asked spirit to send signs. They said they would try for window of 10 minutes and would rap at least three times on our walls and try to make other noises.*”

Melvin’s next and final text for the night: “*Direct contact so loud we had a discussion, the whole rapping phenomena as we had thought table rapping etc. was thing of the past. Two loud bangs on exterior walls of house by room we were in, but could have been more, we were not prepared for it. Let’s talk tomorrow we are exhausted, Pauline frazzled.*”

Rapturous success! Clearly, the Morse’s had not expected what had happened, and needed some time to wrap their minds around it, so we will let the matter rest for now at this point.

For a full report on the sitting from August see therisenbooks.com/Documents/Yellow%20Cloud_NYC_May_2011.pdf

*John Campbell Sloan (1869–1931) of Scotland was a remarkable direct-voice spirit medium. He was investigated and written about in great detail by the psychic researcher, writer and historian, Arthur Findlay.



I Was a Skeptic

by Chris

My dad, Jerry, died last month and since then we have had numerous and very powerful contacts. Some of the experiences can be dismissed by a skeptic but others have no explanation. A month ago, I believed that when you died, that's it. That's what my dad believed as well so I'm sure he's thrilled to know that there is more than just life.

The first contact was the night he died. My mom and I left the hospital and were up late drinking some wine and talking. At exactly 3:30 a.m., the TV just turned off on its own as if to say, "Cut the crap, you've got a long day tomorrow." This could be a normal resetting of the TV, who knows?

A few days later, we were out to dinner and my mom was writing a bunch of meaningless letters on a coaster. We asked if she was okay, and she said she was fine, but she was kind of in her own world. She seemed sad and we just figured what she was doing was meaningful to her. Later that night, I received a call from my mom



Jerry

at 3:30 a.m. saying that my car alarm was going off at her house (I could hear it in the background of the phone). I had left my car there and was borrowing my dad's car since my registration had expired. I only live five minutes away and was going to come over to turn it off (she didn't have any keys) but it went off on its own so we got off the phone. Ten minutes later, the same thing happened. She asked me what I did when this happened and I told her that it had never happened before. I was exhausted so when it stopped, I was relieved but told her to call me if it happened again.

Ten minutes later, she called, so I got in the car and drove over. By the time I got there, it had stopped. I started the car and drove it ten feet just to reset the locks and all. The weird thing is that the car was not even locked so the alarm should never have been disabled. It's also important to say that she lives on a very quiet, crime-free cul-de-sac in the suburbs.

I went home and had left her with the clicker to turn the alarm off just in case it happened again. Sure enough, right when I got back in bed (4:30 a.m.?), she calls again and says that the clicker was not helping. She also said the lights turned on by themselves. I was incredibly annoyed and frustrated figuring that after the horrible last few days, now I have a malfunctioning car that is going to annoy every neighbor. She then said it stopped.

Once again, it goes off and she calls. My wife offered to go over and switch out cars. She drove my dad's car there and was going to take my car back so that if it happened in my neighborhood, we could then take it to a shopping center so it would stop bothering people and we could just let it go off as much as it wanted and deal with it the next day. She

returned and the car alarm never went off again.

The next morning at breakfast, my mom asked me to tell the story to family who were in town. I told it as far as I knew, to the point above. My mom then stated that after my wife left, the alarm then started happening with my dad's car! It happened a couple hours after the first alarm and also in the morning. Numerous neighbors came out in the morning wondering if it was their car and even more stated they heard the alarms when we saw them at the wake, so we didn't imagine it. Perhaps equally as shocking was the fact that my mom informed us that the night before at dinner, she was writing the letters "hinsympcm" on the napkin. They were the first letters in the phrase, "Honey, I need you so much, please contact me."

I find it important to state that I am normal in most every way. I was raised in a healthy household with loving parents. I'm married and have two children of my own. I've had the same job for eight years and have a master's degree in psychology. Additionally, I am a Certified Brain Injury Specialist so I know all about brain and cognitive functions and how the brain can interpret information incorrectly. I also have no drug or mental health issues. Before this occurred, I was a complete skeptic. I wanted to believe and in my dad's final moments, I spoke to him about death and eternal life but to be honest, I was just trying to comfort him. I really didn't think anything happened after we died. After all, I'm a psychologist and this can't be explained scientifically. My mom is perhaps even more normal than I am with a master's degree in teaching and a life most typical in every way.

Before this happened, I would even dismiss a story like the one I have just shared. I'd figure that there is something that the person did not account for. They must have overlooked some detail. Additionally, since I know a lot about the brain, I know it is capable of believing what it wants to believe. But even with the Scientific Method of Doubt, I can't figure out this one. I live in Virginia; no earthquakes. Maybe it was a burglar or kid playing in the neighborhood; but he would have had to have been invisible and very persistent (doing this from 3:30 a.m. to 9:30 a.m.). They are two different types and makes of car so there was no common malfunction. Maybe both cars need work but neither have done it again.

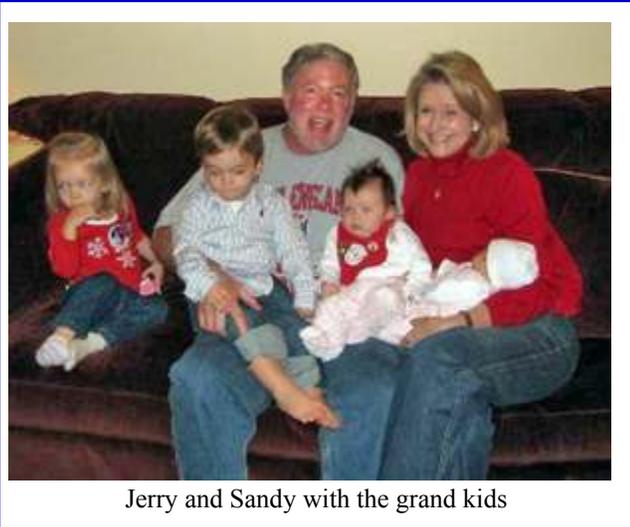
Since then, we've had a ton of other contacts. There were fire alarms on both floors of the house the morning of the funeral. The kids were screaming and the dog was trying to go through the wooden blinds. (This is definitely not a dog who will be written up for alerting its owner that the house is on fire: he will be the first one out the door.)

Continued page 18

I Was a Skeptic

Continued from page 17

Mom asked him not to do any more things that were loud and scary. After this the lights flickered everywhere in the house for a few days. The phone alarms would go off at significant times and specific days that were important. The phone alarms were never set. We have had some other more psychological stuff like compulsions to look in odd places for something that only he knew where it was and sure enough, it would be there. I can't figure any of this stuff out and have simply stopped questioning it.



Jerry and Sandy with the grand kids

My dad died fairly young and unexpectedly. He didn't want to leave my mom and was not ready to die. It has been incredibly comforting to know that he is still around in some fashion. It must be important for him to let my mom know he is okay. I hear that some spirits are better than others at this kind of stuff. I don't know if it makes a difference but my dad was insanely sensitive (despite a tough military exterior), very caring and very stubborn and determined. Maybe that helps with contact? I don't pretend to have all the answers.

The Transition of Garrett Husveth

We are sorry to announce that long-time member, Garrett Husveth, made his transition in April 2011. He had been dedicated to systematic hauntings investigation and was an important ATransC supporter.

The [Fall 2004 ATransC NewsJournal](#) included the article, "Real Haunting Investigations Being Filmed," which provides a sense of the professionalism Garrett brought to hauntings investigation. He was also training for forensic voice analysis certification, a tool that has considerable potential value for EVP study.

As Margaret Downey noted, he is probably hanging out with Debbie Caruso so look for him in your EVP.



Felix Circle

Continued from page 9



communicators to show the shape of a hand by momentarily occluding the luminous surface. Instead, a small paw unexpectedly became visible. After that, the etheric dog did her typical demand-behavior, frequently touching a knee of the sitter with her paw as if wanting a treat. Her tail was wagging enthusiastically and touched the lower legs of many sitters. Finally she could be smelled and the main control announced her actual presence! The sitters were totally overwhelmed by this heart-warming event and so was the medium, Kai, after he was brought back at the end of the séance. He wants everyone to know that our beloved pets survive and can visit us in the séance room!

* [Hans Bender](#) is a deceased professor who was involved with parapsychology at the University of Freiburg.

Tom Butler: Essayist!

Many of you know that Tom is something of a closet activist. Trying to represent things paranormal as an editor in Wikipedia has made him that way. You might become an activist as well if you examine the way mainstream society is being taught to think about our work.



Tom has written a series of essays for the Internet intended to tell our side of the story about who we are. If there are enough links to the essays, they will move to or near the top of the search results for such titles as Pseudoscience and Skeptic. You can help this happen by referencing the essays in your writing. Tell friends, and if you have a website or blog, include a link to one or all of them. The picture here can be used with an embedded link. He has the essays on his personal website at ethericstudies.org/culture.htm.

As the icon indicates, the essays are written to represent most frontier subjects. The idea is to build a better bridge of understanding between we who study frontier subjects and the mainstream community.



Researcher Reports

- Susie Alverson wrote, “I was transcribing an old medium session from 2008 and clearly heard my middle son’s name spoken in an EVP as the medium was speaking. The medium was telling me how Lance (was telling her) he had given me and my older son, Seth, some of the same dreams in which he and Seth were together. At the time of the reading, I replied, ‘Not that I know of’ because I had forgotten the dream I had had a few nights earlier of Seth picking Lance up along the roadside in the country. I recorded it the night I had it because it felt different.

“When I responded to the medium with, ‘Not that I know of,’ Lance responded to the medium with, **‘Yes you do remember. Go look in your book. You wrote it down.’** He was exactly right. After the session I made a beeline for my journal and there it was; the dream Lance had said that I had recorded. I also called Seth to see if he could remember any dreams of him and Lance together and he described the same dream I had recorded in my journal.”

- Rhonda Burton wrote, “I’m somewhat recovered from the horrible weather here in Little Rock. My poor car was badly damaged by hail the size of golf balls. The funnel cloud went right over us and later touched down, causing death and destruction. We’re going to have another round tonight, not real excited about that!

“This afternoon, I was checking out my emails and my Yorkie puppy was being very cute, but annoying, biting my fingers as I typed. I was laughing at him and had the feeling to start recording, which I did. I used no background noise. I believe I’m hearing, **‘Mommy, I love you’** (recorded using my Olympus 4100).”

[Editors: Our thoughts and prayers go to everyone who has been affected by these terrible storms this year.]

- Margaret Downey did a recording for the Big Circle and got **“It’s Rob.”** Rob is Karen Mossey’s son. She also got **“Joe Moster,”** who is a friend’s dad who recently passed, and a man’s voice saying **“We have Debbie.”** Then, **“Just wait.”** Margaret says maybe this meant Debbie wasn’t ready. And then another man said, **“Debbie, start talking!”** But Debbie didn’t come through (“Debbie” is Debbie Caruso, a member now on the other side.)
- David Mierzwinski was experimenting using a cell phone to call his computer and recording the computer’s receive side of the call. He was also rubbing a mesh paint filter against the cell phone antenna. He wrote “First I hear a voice saying **‘Go ahead,’** like a coach and then the name **‘Go ahead ... Jim Overman.’** This is a very clear EVP.
- Jutta Liebmann wrote to us to say, “In the course of one of my EVP experiments, I usually received from time to time some convincing EVP-messages replying to my questions, but in most cases, the voices are unfortunately rather faint. However, I would like to share one important EVP-message with you. A voice called out to me in German: **‘Die Seele schützen!’** (Translated: **Protect your soul!**). I guess that this warning message probably refers

to the stressful conditions at my workplace, where a lot of restructuring procedures are still going on, that are not quite positive for me. The entities on the other side knew about my situation, although I did not directly ask them for advice during this relevant EVP experiment.”

- Lorie McMorro did some recording in her mom’s house. She wrote, “I went into the kitchen and noticing my brother Kevin’s picture that Mom has displayed, decided to ask if he wanted to say anything about our sister Kim who’s coming to visit at the end of May. When I played the recording back I discovered that a split second before I had asked that question he had already said, **‘Tell Sister hi!’** I then asked if he wanted to say anything to Mom and heard, **‘Hey Mom, it’s Kevin. Love you!’**

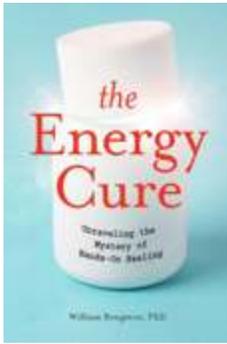
“I also picked up a man’s voice saying, **‘Frank.’** Then someone says **‘Why Frank?’** When my neighbor Frank passed the day after Christmas, I remember at his funeral the priest said several times, ‘Why Frank?’ then ‘Why not Frank?’ Trying to make the point that there’s a time for each of us. Maybe Frank was making reference to that.”

- Mark Pierce wrote, “I have been conducting EVP sessions in a barn behind my house for about a year. I sometimes ask them to knock twice if there is someone present. The interesting thing about this example of knocking is that I got a response immediately after the question and another a bit later in what sounds like a different location. We have gone to the use of recorders in each of the two main rooms. We sit in the main room, and ask questions and listen to both recorders to see what we get. If I get something on one, I check the other to see if I pick it up on both. I have had to rule out several really interesting EVP because I picked them up on both machines.”
- Allison Sniffin wrote, “On the recent anniversary of my mother’s transition ... I noticed that my cellphone was flashing a red and yellow, ‘Messaging Center’ message. I pressed something on the phone--I don’t remember what, maybe, ‘OK,’ and an electronic voice prompted me to speak the name of the person I was trying to call. ‘Might as well try my mom,’ I thought, so I said, ‘Shirlie’ into the phone (my mother’s name is still in my list of contacts) but instead of calling Shirlie the satellite called ‘Allison’ at an old number.”
- Jayne Thompson was recording and asked her father if he remembered going to the pond and what did they do there. She recorded **“Skip stones,”** which is correct. She also asked what they did Sundays and recorded **“Read comics”** which is also correct. She asked about her dog Pepper and recorded **“Pepper, feed Pepper.”** She asked if Pepper was there could he bark and she recorded a dog bark.
- Gregory Treas conducted an EVP session asking for people in the Big Circle. He got **“Jennifer”** who is Rhonda Burton’s daughter. Rhonda had an article about Jen in the last *NewsJournal*. He also got the name **“Lily”** who is an aunt of Yvonne Whybra.

Book Review: The Energy Cure

Unraveling the Mystery of Hands-On Healing

by William Bengston, Ph.D. Sociology



How does thought travel from here to there? Researchers speculate there is a subtle energy that may not be influenced by distance or time. This subtle energy is thought to be influenced by intentionality, and the only way it can be measured appears to be by studying its effects. So while the beneficial effects of energy healing are studied, researchers are simultaneously studying the nature of this subtle energy.

William Bengston has written an entertaining account about how he met a person who was a natural energy healer. He describes how he learned the healing craft and how he was able to develop protocols for studying healing in controlled conditions. Bengston has proven the effectiveness of his energy healing technique in ten controlled animal experiments conducted in five

university laboratories by producing cures of transplanted mammary cancer and sarcomas in experimental mice. Yes, documented full cures of deadly forms of cancer.

With our training in several forms of energy healing, we can recognize the reasonableness of Dr. Bengston's technique, research protocols and many of the conclusions he has drawn. In fact, we are deeply impressed with his objectivity, and yes, with his talent. One of the most important differences we see between commonly accepted healing protocols such as therapeutic touch or Reiki and Bengston's technique is what he calls "cycling."

In cycling, the practitioner develops a list of some twenty goals with clear imagery depicting successful attainment. For instance, we might include receiving the funding needed for a major study of transcommunication and visualize attainment of the goal by seeing us celebrate publication of a successful research report. The practitioner learns to rapidly cycle through these objectives while intending to heal – either local or distant. While the usual method is to concentrate on the healing, this method takes the healer's mind (and doubts) out of the process.

We would like to see many people read this book, work with the technique for a time and report back to ATransC in the Idea Exchange. There is no doubt energy healing can be effective. There is no doubt that we can all benefit by learning to be healers. Sounds True Publishing, 2010, ISBN-10: 9781591799115, soundstrue.com. See also: bengstonresearch.com



Access books recommended by ATransC at atransc.org/resources/books.htm.

Association TransCommunication Membership Form

You can also use the online form at http://atransc.org/online_membership_form.htm

Members	\$30.00 per year	All benefits for one year
International Members		
not receiving the NewsJournal via email:	\$40.00 per year	
Sustaining Members	\$100 per year	Same as above + Member name listed in NewsJournal

In addition to my annual dues, I am enclosing a DONATION of \$ _____ to support the work and programs of the ATransC. You may specify that your donation be used for research or for the public outreach and education of the Association: _____

Membership includes quarterly NewsJournal, optional Member Registry, discussion board and archive access.

You must be 21 years old or older to be a member.

Name: _____ Email Address: _____

Address: _____ Phone Number (Optional): _____

Member Registry? _____ Include Physical Address? _____ Include Email Address? _____

Do you wish to receive the newsletter via postal service? _____ or via email? _____

Do you record EVP? ___ Plan to record? ___ Did you join because of the loss of a loved one? ___

I understand the Member Registry is a private list and I agree that I will not give member information to people not on the list or use it for commercial purposes or to further a personal cause. I also understand my membership will be terminated if I violate this agreement. I certify that I am at least twenty-one years of age. I understand that the ATransC is not liable for the results of EVP/ITC experiments that I might conduct, and that the Association is not liable for damages due to the use of information it publishes on the Internet or in literature such as the NewsJournal. The ATransC reserves the right to refuse membership to anyone.

Signed _____ Date _____

Mail to: ATransC, PO Box 13111, Reno, NV 89507, USA