

Viewpoint

The new board for the Idea Exchange is slowly coming to life. We are excited about the new features. For instance, members can create a folder in the gallery and add pictures of loved ones with notes describing their lives. We are waiting for an upgrade that is supposed to improve display of the gallery and add a “Recent” button for new posts.

Sheep-Goat Effect

Public opinion surveys consistently show that the majority of people believe in some form of survival after physical death. Most people are not aware of what our paranormal community takes for granted, so how we speak about our interests has a lot to do with how we are seen by the rest of the world. There is also evidence that how we think of these phenomena has a lot to do with how we experience them.

In 1942, Professor Gertrude Schmeidler identified a correlation between people scoring high on a “belief in the paranormal” survey with their psi functioning scores. Conversely, a poor “belief” score correlated with a lower than chance psi function score. She referred to this as the “[sheep-goat effect](#)” with “believers” the sheep. This study has been replicated many times since and the terms, “sheep” and “goat” are well-institutionalized in parapsychology.

This and other human traits such as “[incredulity blindness](#)” suggests that how we think of our world has a lot to do with how we experience it. The etheric-physical interaction offers far more opportunities if we are open to them than if we are not. Conversely, how we relate to what we do experience is important in how we are able to incorporate the effects of this interaction into our lives. In short, we are all more empowered by knowing that there is a greater reality.

Words are Things

19th century Scottish poet, [George Byron](#) told us:

“But words are things, and a small drop of ink,
Falling like dew, upon a thought, produces
That which makes thousands, perhaps millions, think.”

Have you ever thought being called a sheep is a good thing? I do not mind being called “an old goat” because it is likely intended in good humor. Being called “a bunch of sheep” sounds pretty demeaning. We do not know what it was like back in 1942, but today, we might have expected Schmeidler to use a more complimentary term for what we consider

to be the good guys. We would have preferred it to be called the “explorer-villager effect.” Considering that people who are sufficiently open-minded to study these phenomena are, in every sense of the word, explorers. At the same time, it is in villagers’ best interest to have the world orderly. This is the mainstream view which we seem to be disturbing by suggesting



Maui Sunset

the world is not flat after all.

The Medium is the Message

While words have power, perception is everything. In 1962, Marshall McLuhan told us that: “[The medium is the message.](#)” This is to say that how the message is presented—style, media and tone—becomes part of the message and how it is perceived.

Our skeptical detractors know this very well. There is a well-organized effort in the skeptical community to create names for us and then to institutionalize them. An Internet search for “pseudoscience” will produce page after page of skeptical websites discussing the evils of pseudoscience with Wikipedia up first. Sadly, many of the sites are university related. There are other terms, such as pareidolia (finding meaning that is not there) and quack (fraudulent medical practitioner).

Some of these terms are coined by psychologists to name a personality trait and then adopted by the skeptical community. The effect is that a name is coined for something that is to be branded as bad and then made official by careful placement in the literature—usually in academic media. It is simply name calling, but mainstream society has the “bully pulpit” and the paranormal community is increasingly seen as a threat to society.

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Article Contributions: Articles that explain techniques, the concepts of transcommunication and/or provide a role model to which others can aspire are considered. The average column is 450 to 480 words—fewer with pictures. Articles should be short and to the point as they would be for a newspaper. Feature articles may be up to four columns, serialized or presented as a brief which refers to the full article which can be placed on the Association website. Announcements of member activities and reports of successes working with these phenomena with brief comments about your observations, are welcome. Email submission to atranscom@aol.com or mail to Association TransCommunication, PO Box 13111, Reno, NV 89507, USA.

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Jennifer

by Rhonda Burton

Jennifer (Jen) was born June 26, 1978; I had her two months early and she was just three pounds. She had intestinal blockage, so they had to do emergency surgery and they didn't expect her to live. She suffered brain damage due to a lack of oxygen. She was a fighter, though, all of her life, struggling to be normal.

Jen didn't start walking until she was two years old and she didn't start kindergarten until she was seven. She graduated from high school, going through all resource classes. We made her independent, even though we had to drive her everywhere, but she had her own checking account, washed her clothes and she felt independent, which was important.

It took seven times, but she got her driver's license, which she never used except for an I.D. My husband and I drove her to two jobs every day. She loved working with children and she was an aide with the public schools here. The things she couldn't do herself she lived through her brother and sister. Attended all of their baseball, softball, basketball and cheerleading competitions and always supported them. When her sister, Heather, got involved with modeling, she always traveled with me to Miami and New York City to either help move her into her apartments or just visit.

Jen actually died twelve hours after we got back from a trip to Miami. She was connected to me every day of her life. Two months before she died, I felt a horrible feeling and checked on her in her room, which is beside my office. It was 8:00 p.m. and Jen was quiet; I opened her door and she was lying on her stomach, facing her window. When I saw her, my heart stopped and it was one of the most horrible feelings I ever had. I yelled "Jen" and she popped her head up and said, "What?" I just stammered and ask her if she was going to bed. I found her the exact same way on October 14th, 2007. She had died in her sleep, no known cause. She died on her brother's birthday.

I always teased Jen about taking care of us when we were old and that we were taking care of her now. She always had so much energy and was always on the go, but the last few years, she was slowing down and aging more. The doctor had told Paul that there was no way of knowing the long term effects of everything that happened to her. I think Jen knew something because the last year before she died, she kept telling me, "Mom, you know I'm blessed, don't you?" I would always say "Yes," not really understanding why she kept telling me that. Now I know.

The horrible feeling I had that night did nothing to prepare me for the day I found her. Our Jen, who was always with

us, was gone. No twenty phone calls a day, no trips to the mall and no waiting in parking lots for her to get off work. Everything stopped and we had to learn how to live a new life. During all of this pain, I never took any medication; I wanted to feel the pain and learn how to overcome it, which I did. I still have my "Jen" days, but I know that will always be a part of my life now.

I've been involved with paranormal investigating for seven years and Jen would travel with me. She never went on the investigations, just wanted to ride along. I was always protecting her and there was no way I was going to put her in a bad situation. But we had a great time. I loved photography and videography but never really got involved in EVP work till four years ago. I was at my favorite place, the sanatorium and a little girl said "**Hi**" to me and that's what started it. I've gotten her a dozen times, even here at home and she has a sweet little voice always saying "**Hi.**" I was Googling

EVP, when I came across the ATransC and I was hooked.

I never asked for Jen. I wanted her to come to me. If she was all right and wanted to contact me, I was ready. I didn't want to try to make contact and get an EVP that was distressful sounding from her. So all of the "**Moms**" I kept getting, I assumed was from the other Big Circle children, until April of last year. I got a "**Mom**" that was so clear and definitely Jen's voice. Her sister, Heather, agreed and other family members did also. So I've started asking for Jen and have gotten several "**Moms**" and other responses. One of the "**Moms**" was actually at the sanatorium, and I had asked "Can you say my name?" Another "**Mom**" was said, in Jen's voice.



Cowgirl Jen



Rhonda (left) with daughter, Jen

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Spring 2011

ITC Experiments of Leon Stam and Hans Kennis

Leon Stam's Introduction

My name is Leon Stam. I live in The Netherlands and have been experimenting with EVP since the early eighties. I've done a lot of reading/studying on a wide range of paranormal phenomena and subjects. In 2003 I purchased my first digital photo camera and soon I discovered all kinds of alleged anomalous "extras" in my pictures; very distinct faces and figures and lots of what appear to be "visual messages" in water. I shoot pictures freely in nature, as well as in more or less controlled conditions such as a bowl of water with artificial backlight. I have also experimented with things like video ITC. These images appear under all circumstances and in a variety of forms and quite often they seem to contain messages from an unknown origin.

Hans Kennis' Introduction

My name is Hans Kennis. I studied psychology and parapsychology at Utrecht State University in the Netherlands. I have been experimenting with EVP since 1973, at first with tape recorders and later with digital audio. In 1975, I translated the two books of Konstantin Raudive into Dutch and added my own research in a book: *Paranormale Stemmen* (Paranormal Voices).

In 2004 I met ITC experimenter Leon Stam and together we conducted several EVP experiments. Apart from EVP voices, Leon obtained a lot of anomalous extras in his digital photos. Since 2008 he started with new ITC "water bowl" experiments, which in close combination with our simultaneous EVP recordings, produced stunning evidence of survival and reincarnation. I myself can absolutely vouch for the experimental ITC results of Leon Stam. His reliability and integrity are beyond question.

My EVP results were much improved in 2005 when I discovered a new recording method: Digital Noise Generating (DNG). The distinct advantage of this method is that you can get longer communications and much more information than with older EVP recording methods that mostly produce only short phrases or just a few words.

This DNG method is partly based on stochastic resonance. In short it consists of making soft scratching noise sounds in the close vicinity of a microphone, comparable with "writing" movements. In a simple form, this can be performed with a pencil with iron point on a resonance box, preferably of synthetic material. These generated sounds are digitally amplified by 20dB and the background noise reduced with a noise reduction tool.

After filtering, the remaining sounds are initially only scratching noises, but after a while, they are transformed as

male and female voices with clear, consistent and logical messages that react to the situation and experimenter. At first they are only partly audible and appear to be "efforts" to transform these noises into human voices. You can hear male or female voices, but your ear has to be trained to understand them because they have different characteristics compared to real human voices. Sometimes they are very fast and you have to reduce the speed to 80%.

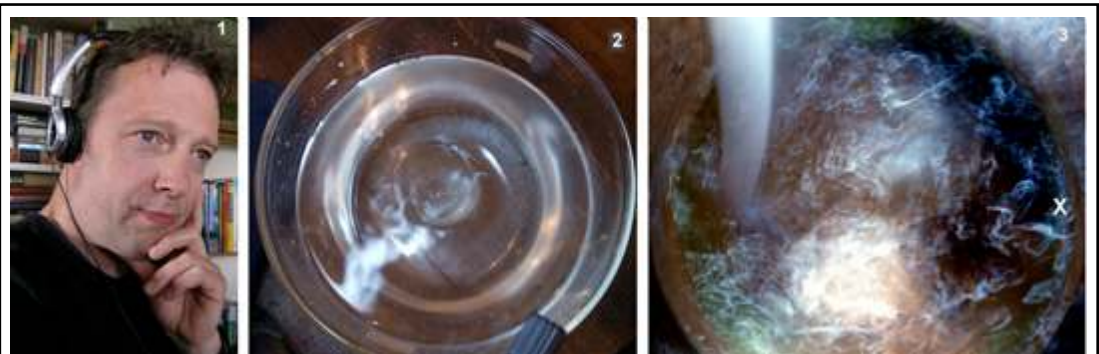
In 2008, Leon and I conducted a series of very interesting parapsychological experiments in which EVP/DNG and ITC photography complemented each other by way of simultaneously visible and audible messages.

Trans-Images

These experiments started initially with a photo taken by Leon of the ditch water beside his house. In oil film on the water, we saw what looked like a child's drawing of a horse-riding knight, but did not give it much attention. The next day, I recorded an EVP voice that said in Dutch: "*Hij is een Franse ridder. De koning, hij draagt een wapen, ga dat onderzoeken, later begrijpen!*" ("It is a French knight. The king, he is wearing a coat of arms, go and find out, you will understand later!") Puzzled by this strange EVP information, I took a closer look at the "illustration" in the water and was utterly surprised to detect a coat of arms, a knight with a crown ("the king") and another knight in the water with a "fleur de lis" (symbolical for French knights). At first we thought it was pure coincidence.

In December 2008, Leon Stam started a series of water bowl experiments by taking photos at intervals of four-to-five seconds with his Olympus E-520 Digital SLR, 10 megapixel camera mounted on a tripod. He made whirling movements in a glass bowl filled with water with a white plastic stick. He used artificial backlight and took the pictures in the evening. At the time, he was not in a specific mood, but only had a strong wish for some kind of contact.

After several photos with only visible whirling water, he noticed changes in the pictures on the camera (and not in the water itself). Patches of fog and foggy clouds were discernable. To his amazement, a little man blowing on some kind of bagpipe became visible. This man was clearly visible and dressed like a medieval jester. Continued page 5



ITC experiments by Leon Stam (1). Whirling water in a water bowl (2) is photographed every several seconds. After a while a kind of fog appears and then clear paranormal ITC pictures become visible.

ITC Experiments Continued from page 4

The next photos showed episodes of some kind of medieval jousting tournament. Knights on jousting horses were clearly visible, battle scenes and also some written messages in medieval handwriting began to appear. In one of those writings the word “Aragon” was visible.

After some research, I became aware of the fact that the coat of arms of Aragon and the heraldic banners of this 14th century Spanish royal family exactly matched all the visible details on these trans-images. Specific names were given [in the EVP/DNG] that we had never heard of before. Some of those names were Juan d’Aragon, Yolante de Bar and Charles de Valois.

These messages culminated in spontaneous communication with a person who called himself Robert de Bar. He mentioned that he had lived in the 14th century and had fought in this particular tournament on Leon’s photos. When I asked him where he

had lived, where he was buried and his age at time of death, he answered that he had been buried in the chapel of his castle at Bar le Duc and that he was 69 when he died. Because I had never heard this name before, I did some research on his name and found out that all his information was correct. This knight apparently lived in France in the period 1342-1411. During his life he appeared to have been the father-in-law of King Juan d’Aragon (the knight whose coat of arms was visible on the first water photo).

Now, none of this information was known to us at that time of the ITC photos and only afterwards it became clear to us that some kind

of meaningful ITC proof of identity had been delivered in a visible and audible way. For instance, Robert de Bar mentioned that his horse had stumbled during the tournament and that he had several wounds. Only after this EVP message, we discovered on one of the water photos to our amazement a wounded knight who showed a bleeding hand. His visible helmet was a French

“salade” or “chapel de fer à bavière” that was in use in the period 1380-1480.

By using my new EVP/DNG method we got a lot of information about reincarnation and specifically our personal former lives, partly in the 14th century. Names were given that were totally unknown to us. After historical research I found out that those names belonged to personalities with exactly the same character, handwriting and in some cases, when historical portraits were available, also good resemblances. Now apparently the EVP messages were accompanied and reinforced by visible proof of that information as some kind of meaningful proof of identity.



The whole series of these paranormal tournament pictures of Leon Stam can be seen at our website: evp-experiments.nl chapter (hoofdstuk) 9B.

Were these ITC images some kind of “thoughtographic” impressions as allegedly had been observed in the past by professor Jule Eisenbud with Ted Serios, professor Walter Uphoff with Masuaki Kiyota, Dr. Berthold Schwarz with Stella Lansing and professor Tomokichi Fukurai with I. Nagao and C. Mifume? Or could they purely be explained as independent proof of survival?

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The next ITC photos show several jousting horses, knights and battle scenes (8-14). Recognizable are some medieval helmets (12, 13, 14). One knight shows his wounded and bleeding hand (14).

ITC Experiments Continued from page 5



Some kind of medieval queen (15, 16) with typical headwear and crown of the 14th century. There is a stunning resemblance with the statue of a queen in the German cathedral of Naumburg (17). Photo 18 shows a lady with long gray or blond hair and medieval (?) hair ornaments.

First of all, Leon and I had no previous information whatsoever about those people who were mentioned or shown when the ITC phenomena were recorded. And secondly I had never been really convinced of the possibility that our human thoughts could be digitally or analogous projected on tape, photo or computer.

After nearly 40 years of EVP research I am absolutely sure that these EVP voices belong to totally independent entities and have no bearing with my own subconscious mind. But I do believe that there is some catalytic relationship with EVP in the way that you can induce or evoke them purely by interest in the phenomenon.

The same seems to happen with ITC trans-images. It is striking that Ted Serios did get a lot of paranormal pictures of people that he did not recognize at all. He never could exactly match the “targets” that professor Eisenbud gave him. Even with the famous “Neanderthaler” picture he made a drawing in advance that was totally different to the obtained “thoughtographic” result, which was an exact copy of a painting in a Chicago museum. If Serios had been endowed with a strong photographic memory, he surely would have made an exact corresponding drawing.

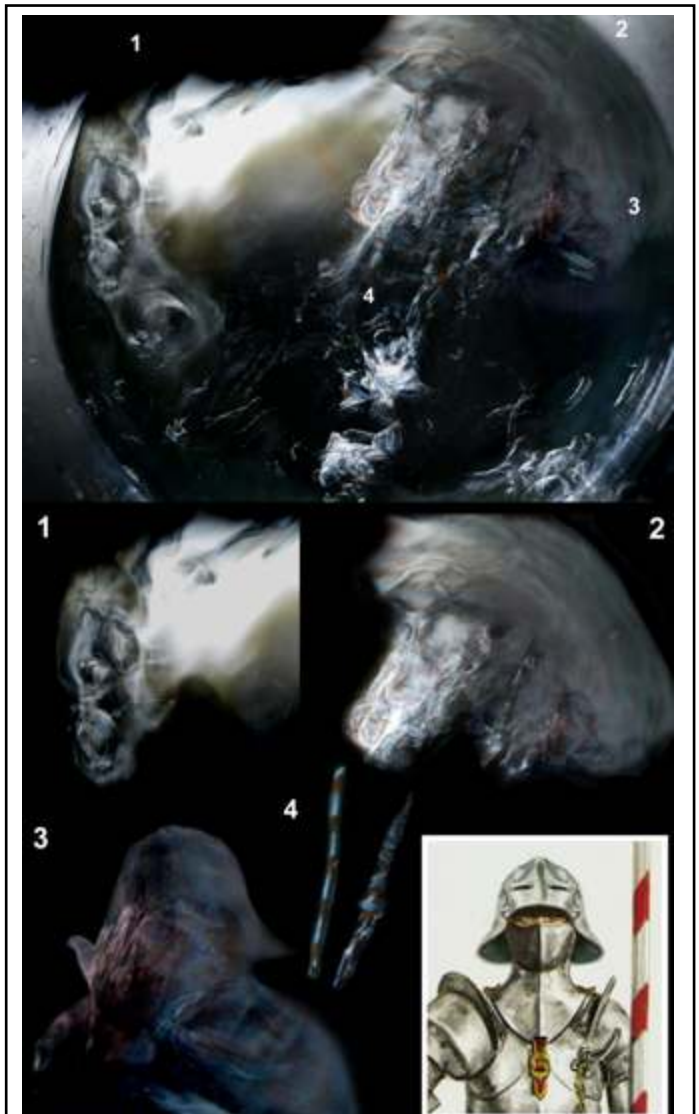
Those trans-images could be better understood by comparing them to clairvoyant impressions of certain events or moments in time, unknown to them. Talented clairvoyants or psychics also often experience a series of mental “picture frames”. On several occasions, Serios got clear clairvoyant impressions, for instance of Eisenbud’s ranch from a moment in time in the past.

The same form of “psychic impressions” seems to occur with other gifted ITC experimenters as Masuaki Kiyota, John Myers, Stella Lansing, Madge Donahue, Sinesio Darnell, Seymour Locks, Henry Silanov, Joseph Veilleux, Andrew von Salza and Margaret Downey. They do not recognize the obtained ITC pictures at first sight and they had no initial thoughts about them, only a keen interest in the occurring strange events.

This is also evident in the water bowl experiments of Leon Stam: he did not recognize the pictures he got and only afterwards, with historical research and corresponding EVP messages, he became aware of their meaning.

For me, this most interesting parapsychological sequence of combined clearly audible EVP/DNG messages and Leon’s clearly visible trans-images provided apparent proof of survival after death. It seems that the generated “whirling effect” of sound or light particles can become perhaps quantum physically “entangled” with some other dimension of parallel existence, that we are just slowly beginning to understand.

[Leon Stam and Hans Kennis](#)



In this water bowl photo by Leon Stam, two horses are visible with several jousting lances with red stripes (1, 2, 4). Also, a knight showing his bleeding hand (3). His helmet is typical of the period 1380-1480 (see inset). It seems that red striped jousting horsecloth is ripped off and flies through the air.

Viewpoint Continued from page 1

The [National Science Foundation](#) has identified pseudoscience as an important threat to society's understanding of science and technology. Its reference for that is an article published by the [Committee for Skeptical Inquiry](#).

It is clear that our community is losing ground in our effort to be recognized as a legitimate field of study. Yes, there is a certain faith-based dislike of anything not mainstream, but in many ways, they are right. We do have people who mistake ordinary things as paranormal. We do have people inappropriately claiming to be conducting science. We do use terms that sound a lot like matters of faith. This is not intentional as the skeptics would have the world believe, but rather, it is the result of inexperience and lack of leadership.

It is academic suicide to openly study things paranormal for any reason other than to understand our delusion. The result is that our community is left with little or no guidance as there are no universities, few organizations and even fewer academically trained people working in this field.

Certainly we are not able to replace the academic institutes but we can offer a perspective from experience. In the coming issues of the NewsJournal, we will offer essays addressing important issues facing our community. One of our goals is to develop articles specifically for the Internet to compete with the skeptical web pages. For instance, one of the first essays will be on pseudoscience. When you search pseudoscience there are no articles on the subject that tell our side of the story—at least none the first few pages of a search. If we can write an article that is visited enough and linked to by enough other websites, it is reasonable to expect it to rank at least number two.

These articles should not be just from our viewpoint. We want to know your views and thoughts. Please feel free to send us emails, use the website "Contact" tool or post comments in the Idea Exchange. Share your views about what we as a community can do to better represent ourselves to the world.

Energy Healing

On page 8 you will find an article titled "An Unusual Form of Radiation has a Reproducible Effect in the Laboratory." We are not sure if we have run an article on healing before but we think that you will find it interesting. This study was conducted with three nurses trained in Therapeutic Touch, and what you will quickly realize is that this type of healing runs up against many of the same issues we face with EVP/ITC. The positive results found in this and other healing studies cause problems with scientific understanding because there is no "scientific explanation" for them.

If the results are accepted then we must also accept that something is wrong with the way that we presently look at reality. Our world's view of how things work is not valid. As Charman states, "In fact, we know our understanding is incomplete because it cannot account for the existence of individual consciousness."

In the new book (see back cover) *A New Science of the*

Paranormal, Lawrence LeShan, proposes another reality he calls Clairvoyant Reality. He suggests that this is where psi phenomena and healing occur. Have we got your interest? We thought so.

The next issue of the *ATransC NewsJournal* should have a review of [The Energy Cure](#) by Dr. William Bengston. From the cover of the book:

With *The Energy Cure*, Dr. William Bengston presents astonishing evidence that challenges us to totally rethink what we believe about our ability to heal. Drawing on his scientific research, incredible results, and mind-bending questions, Bengston invites us to follow him along his 35-year investigation into the mystery of hands-on healing and to discover a technique that may activate your healing abilities. Part memoir and part instruction, this provocative book explores: Bengston's paradigm-shifting experimental results and why they seem so difficult for some medical practitioners to accept - Image cycling, a unique preparation method for a hands-on-healing treatment - Why traditional Western medicine isn't always best, the value of skepticism, the strengths of energy medicine, and more.

Healers are taught to focus attention on the sitter with the intention that healing energy will pass from the etheric, through the healer and to the sitter. Healers often have difficulty "getting out of the way," and self-doubt can hamper his or her effectiveness. Dr. Bengston learned from his teacher to "cycle" images representing successful completion of goals. He recommends twenty goals and that the healer learn to visualize something representing successful completion of these goals as if rapidly scanning a film loop.

We speculate that "cycling" helps distract the healer from doubts and may be more effective in helping the healer to "get out of the way." Bengston explains that the visualization also helps achieve the goal, so there are additional benefits.

Look for more on this as we learn more ourselves. In the meantime, we urge you to learn a little about energy healing.

Spirit of PN

Now that we are interested in the study of all forms of trans-etheric influence, it is reasonable to announce that the now defunct Psychic News has been reincarnated as the Spirit of PN. You can read about it and all of the issues at [spiritofpn.wordpress.com](#). There was an interesting debate in February about reincarnation.

The March debate is about physical mediumship. That issue also has an essay by us titled, "I'm afraid of dying."

Rhine Research Center

The [Rhine Research Center](#) has received enough radio-sweep examples to begin a study being sponsored by the ATransC. More details will be provided in the next NewsJournal, but for now, we can say that the qualifications of the scientists who are participating in the study should assure

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An Unusual Form of Radiation has a Reproducible Effect in the Laboratory

by Robert A. Charman

(Published in [Society for Psychical Research Paranormal Review](#), No 55 p 3-7, July 2010) [all references are at [atransc.org](#)]

The Experiment

In 2008 [Gronowicz et al.](#) reported on an experiment demonstrating the positive effects of a form of radiation on human cells. This experiment was completely unlike the usual studies performed at the Departments of Surgery and Orthopaedics at the Connecticut Health Center, and the results challenge scientific assumptions as to how the world works.

The two-year-long study consisted of growing separate cultures of bone cells (osteoblasts), tendon cells (tenocytes), and fibroblasts (cells that synthesize the soft tissue matrix under the skin and are

essential to wound healing) and plating out each type of cell into three experimental cultures. One culture was to receive radiation, one to act as the untreated control, and the other to receive sham-radiation. The question the experiment was designed to answer was whether those cells exposed to the radiation would be stimulated to proliferate more quickly during the experimental period than those in the control and sham radiated cultures. The plates were brought out of the incubator, ring clamped onto 15-inch-high stands mounted on the laboratory bench top, exposed, or not, to ten minutes of radiation on separate days over two weeks and returned to the incubator. Standard laboratory assays were performed at the end of the first week and second week to assess the rate of cell proliferation. This experimental procedure was repeated many times over many samples.

Results

The findings were clear cut. When compared, the proliferation rates for cells in cultures exposed to radiation were consistently and significantly greater than those in the control cultures and those exposed to sham radiation. The rates for the latter two groups were almost indistinguishable. Two exposures per week over two weeks were enough to stimulate a significant degree of proliferation, and increasing the frequency of exposure in some groups to four or five per week for two weeks increased cell proliferation to maximum response.

Discussion

The findings of this study from a reputable institution with a proven research record in investigating cellular reactions would be accepted without question if the cells had been irradiated by, say, infrared or red light, as absorption of such frequencies is known to increase the rate of cell metabolism and consequent cell proliferation. The study would be taken as providing further confirmation of many earlier laboratory studies and clinical trials on wound healing to that effect.

There are, therefore, no valid reasons to dismiss these findings when informed that the ‘radiation agent’ under test

There are, therefore, no valid reasons to dismiss these findings when informed that the “radiation agent” under test was not the application of a known physical agent but the application of directed subjective intention across space by three registered nurses who had been trained in the healing technique known as Therapeutic Touch (TT).

was not the application of a known physical agent but the application of directed subjective intention across space by three registered nurses who had been trained in the healing technique known as [Therapeutic Touch](#) (TT). In this study, the practitioners first “centered” their minds into a healing mindset, held their hands four inches away from each culture plate on its 15-inch stand and directed positive

intention for the good health of the cells in each culture for ten minutes per session. The sham healers, consisting of technicians from other departments, were taught to perform the same movements, but were not informed of the purpose of the experiment and had no knowledge of TT. They had to count backwards from 1000 during each ten-minute-long session to prevent any directed thought.

Follow-up studies are now in progress to determine which of the key cellular reactions involved in cell proliferation seem most responsive to TT. In their discussion, the authors refer to previous studies investigating cellular responses to directed healing intention. One study (Kiang et al., 2005) found increases in intracellular calcium ion concentrations, known to stimulate cell metabolic rates when exposed to ‘bioenergy induction’. A study using Reiki practitioners found increased survival and growth of heat-shocked bacterial cultures compared to controls (Rubik et al., 2006). Yu et al. (2003) found that cultures of PC3, a human prostate cancer cell line, showed a significantly decreased growth rate during 48 hours of sustained healing intention by a Buddhist Zen Master, compared to controls. In a review of studies assessing the effect of the application of “external qi” on cancer cell cultures derived from breast, liver, lung, and bone marrow, Chen (2004) found significant inhibition of cancer cell proliferation. Such findings imply that directed healing intention, under various belief systems including “bioenergies” or “external qi”, can have a measurable effect on cells and somehow stimulate healthy cells that would be involved in bodily repair and inhibit abnormal cancer cell activity.

In sum, this study provides strong confirmation of objective, measurable effects reported from many previous laboratory studies that have employed directed subjective intention on living systems. For example, those performed on mouse skin wound healing (Grad et al., 1961), salt-stressed seed germination (Grad, 1964), bacterial growth (Nash, 1984), plant growth (Sakani, 1989), salt-stressed seed germination and plant growth (Scofield & Hodges, 1991) and enzyme reaction rates (Smith, 1972), are particularly well known. Taking these seven experiments alone, if the agent being tested had been a recognized growth factor or enzyme reaction accelerator,

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 the findings would have been accepted without question. (For critical reviews of the laboratory and clinical trial research literature, see Jonas and Crawford [2003] and Benor [2001].)

Clinical Implications

The positive findings from these laboratory studies lend strong support for Dossey’s (2000) argument that as healing intention has been shown to accelerate the rate of tissue healing, doctors should be trained to give healing from intake at accident and emergency wards onwards, in addition to giving orthodox medical care. If the concept of including healing intention in medical care was adopted, healers could become valuable members of NHS staff on economic grounds alone. These studies support the claim that directed healing intention is a therapeutic agent in its own right. This hypothesis could be tested by monitoring physiological changes in unconscious patients receiving healing compared to controls. These findings also imply that well-documented case histories and clinical trials demonstrating marked symptom relief and, in some cases, unexpectedly rapid tissue healing and/or apparent remission of the disease process itself after receiving healing, cannot be dismissed as attributable to placebo response only (see Jonas and Crawford [2003], Benor [2001] and Harvey [1983] for extended discussions of this). According to this hypothesis, when a patient attends a healer, any clinical improvement that would not otherwise have been expected may result from a combined, beneficial synergy of the direct effect of healing intention together with a placebo response. Regarding the latter, healers have noted repeatedly that outright sceptics who profess no belief in “faith healing” have responded well to it, much against their expectations (Manning, 1995).

The Problem for Science

The positive outcome of these laboratory studies places us in an acute dilemma, because in our present scientific understanding of how the world works we can offer no explanation for such an apparent cause and effect. In the view of orthodox science such findings cannot be due to any hypothesized effect of subjective intention, whether as “channellers” of “healing energy” or as generators of “bioenergy” or “external qi” energy, because the former belief can have no external effect, and evidence offered for the existence of the latter is hotly disputed because it is considered impossible in principle. Seto’s (1992) findings of a low-frequency magnetic field being emitted from the

hands of healers during the healing mindset, but which is otherwise absent, needs replication. From the scientific viewpoint the most likely explanation must be that an undetected physical agent has been present in each case.

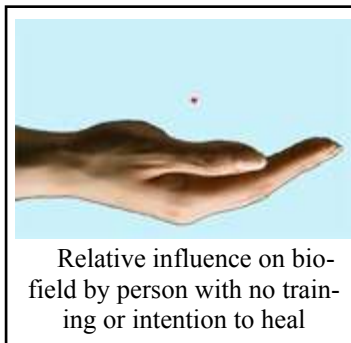
The physical sciences in general, and the neurosciences in particular, reject subjective intention as a causal agent of external effect for a very good reason. No such agent has ever been detected and no physiological mechanism for producing such an effect has been found. The eyes, for example, contain no mechanism by which they can project

rays towards a target. The bioelectrical energies generated by brain activity, which are measured in microwatts at best, are so feeble that the very faint electromagnetic field permeating through the skull requires highly sensitive equipment for its detection. The outside world, as constructed by the visual and other brain processes that generate our visual experience, is an internal mental construct that is good enough to allow us to move about in, and bodily act upon, this perceived world. But that world, itself, has no “awareness” of our visual experiencing of it, and its observable behavior indicates that it remains indifferent to our awareness. Screaming with frustration at some DIY disaster or a valuable smashed vase does not psychically energize these physical components to re-assemble at our will. If we could do this then stone walls would not a prison make and the external world would become a chaotic conflict zone of competing intentions.

But, agreeing that this is so does not solve our dilemma. If, through gritted skeptical teeth, the findings of these laboratory studies are accepted as valid, then we have to accept that our present worldview of how things work, including ourselves, is incomplete. In fact, we know our understanding is incomplete because it cannot account for the

existence of individual consciousness. Neurophysiology, based firmly upon the known physical properties of physics and chemistry, is a self-contained explanatory model that provides a remarkably complete account of how the physical brain works right down to the level of quantum chemistry – but it finds no trace of consciousness. The various branches of psychology provide insights into how our conscious and subconscious processes work, from abstract thought to social interactions and raw emotions, but it finds no trace of synaptic activity. Neither model needs to include reference to the other because neither predicates the other.

Through recent advances in neuroimaging, the crossover discipline of neuropsychology can say with increasing confidence that a mental activity of “A” depends upon normal functioning of brain area(s) “B”, Continued page 12



Relative influence on bio-field by person with no training or intention to heal



Intended healing by person with no training in energy



Intended healing, by person trained in Therapeutic Touch

Medium of the Felix Experimental Group Slightly Injured at Public Séance

by Kai Muegge

Those familiar with physical mediumship have surely read about the dangers of working with ectoplasm for physical mediums. Within the history of physical mediumship, there are quite a few instances that seem to support the claims of these alleged dangers. Elizabeth D'Esperance, Alec Harris, Helen Duncan and others were injured by sitters who overstepped the internationally applied regulations during a séance.

The after-effects of the harm done depended on the degree in which the mediumistic process was interrupted, from an actual shock to unconsciousness and dark bruises. However these immediate effects may not have shown the internal damage done to a medium.



First ectoplasm display of the evening: an autonomously moving hand, that “looks around” and then waves to the sitters!

Some of the mediums who have had a materialized form disturbed by a sitter needed years to reestablish their abilities. Some suffered from depression, suicidal tendencies and post-traumatic stress symptoms. Deaths have occurred in the gravest episodes, when skeptical parties among sitters tried to seize and grab materialized forms. Helen Duncan was dead six weeks after such an attack, and there have likely been more such deaths.

When I was arriving in early December 2010 in Koblenz, Germany to demonstrate physical mediumship in front of members of a group interested in life after death, none of us were expecting the interesting teaching episode the evening would have in store for us!

We sat together for an hour before the séance to make our introductions and connections. This is important to build a positive and powerful group dynamic, and the resulting energy is used later on as a living “battery” supporting physical phenomena in the séance room. Before the séance started all dangers and “do’s and don’ts” were discussed.

This particular group has always been very motivated and eager to experience, and sittings there have always been a huge success. Oftentimes phenomena that came in contact with the sitters—touches, independent lights, the trumpets and so forth—had such an emotional impact that states of

pure and uplifting ecstasy were induced at these sittings! This was also the case that evening!

After approximately an hour the main control “Hans Bender” wanted to let sitters hold a hanky that had more than a dozen small illuminated tape pieces attached to it, into the force field (the energy space formed by the sitters’ circle of which the cabinet is a part). Again and again the sitters wanted to observe and experience how the hanky became lively, freeing itself from the hand of a sitter and then floating independently through the room, under the ceiling, outside of the circle, softly into sitters’ faces and so on. These flights of the handkerchief always end when it suddenly falls to the ground, like a leaf in fall, coming to rest somewhere lying on the séance room floor.

Suddenly, without listening to what the main spirit control wanted from her, an inexperienced lady-sitter grabbed for the hanky without permission. In that very moment, something slapped me (the medium) in the face. I nearly came out of trance. Immediately the “Hans Bender” entity began with countermeasures and exercised “verbal suggestions” to reinstall the trance condition and to keep up my hypnosis-like sleep state!

At that moment, I was only aware that something had happened disturbing the trance. The “slap” on my face was recognized by me, but felt very “far away”! And then, already losing consciousness again by following “Hans Bender’s” hypnotic suggestions, I slightly felt something running down my nose and upper lip. I managed to wipe my mouth area with my hand and slipped away.

The séance went on, as if nothing had happened and only



Entranced medium holds his hand in the down-flowing stream of ectoplasm

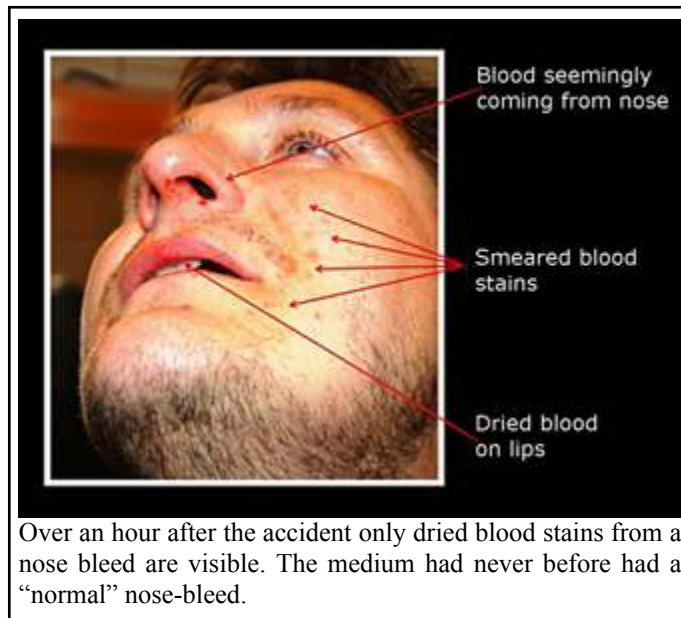
the sitters who were used to the modus operandi between medium and trance personality recognized something had happened at all. More than ninety minutes later both circle leaders were helping me to regain consciousness and to come out of the cabinet.

Continued page 11

Felix Group Continued from page 10

Sitters had already left the room and were loudly discussing the evening in the adjacent room. I was accompanied by the circle leaders into the bathroom where they checked to see how badly I had been injured by what had happened.

Several blood stains were already dried but still visible. We documented, with photography, what looked as if I had bled from the nose. My upper lip and mouth corners also had dried bloodstains and it looked as though I may have also been bleeding from my mouth.



We did not want to disturb the sitters’ happiness with the sitting and did not want to make the sitter who had caused the incident feel guilty. Although it was clear to us that in the future we would emphasize to the sitters the “do’s, don’ts and dangers” for the medium.

As the serving medium of the evening, I am lucky that I was deeply entranced when the accident happened. I am in no way emotionally concerned, nor traumatized, even though it was a very eye-opening episode for me.

It is known that work with ectoplasm exposes the medium to danger. When we started to work with ectoplasm, the spirit control at that time, “Imperator,” assured us, that mediumistic work with ectoplasm is actually no longer highly dangerous for the medium. He claimed that, after half a century, certain entities in control of ectoplasmic phenomena were more sophisticated in handling the ethereal substance and that there was no longer a danger of grave injuries. And after this episode, they still claimed this.

We weren’t able to find any injured area on my body that could have caused the bleeding. “Hans Bender” explained that the sitter broke an ectoplasmic membrane, which caused its retreat and a short bleeding episode from the nose. He apologized for the accident, but reassured us that there was no grave danger for me. Furthermore, he stressed again how important it is to let only prepared sitters come in contact with ectoplasmic force fields!

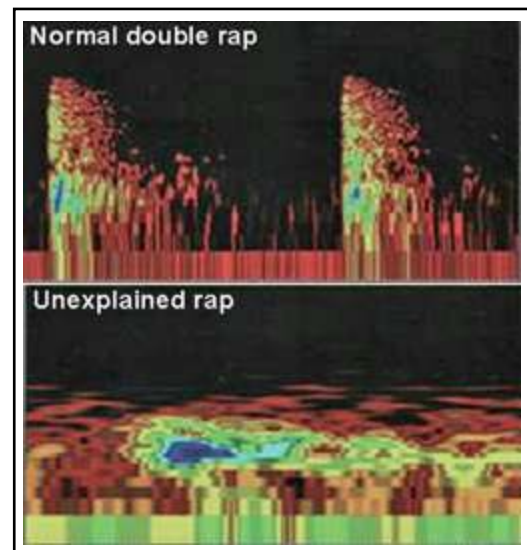
I wanted to tell this story here not wanting anybody to be

afraid of starting to work with ectoplasm. The phenomena are mind-boggling to the extreme and a mediumship like mine is absolutely possible for a healthy young or middle-aged person. But we are reminded to be careful and have been able to document that there is a consequence for putting hands or feet into the force field area when we have been instructed not to do so. I am not affected whatsoever by this episode, thanks to the deep trance state and “Hans Bender” who immediately reacted and covered me by guiding me back into deep sleep.

See felixcircle.blogspot.com/

Rapping Analyzed

Paranormal rappings have been described for many hundreds of years. New research from Dr Barrie Colvin B.Sc., Ph.D., has shown that there is a difference between a paranormal rap and a normal human made one. Dr Colvin says “Ever since my personal involvement in the investigation of a rapping poltergeist at Andover, Hampshire, in which it was absolutely clear that no normal explanation could account for the observed phenomena, I wondered whether the recorded raps were in any way different to those produced by normal methods. It is now clear that they are indeed different”. Dr Colvin has analyzed recordings of alleged poltergeist knocking obtained from around the world over a 40-year period.



The two types of rap sound rather similar but they are actually acoustically different, although the effect is only made apparent when the recordings of raps are submitted to detailed analysis. Attempts to replicate the paranormal pattern in ordinary ways have so far been unsuccessful. One might ask how the paranormal sound is generated. There is evidence which points to the sound arising from within the structure of a material rather than from the surface of it, as would be the case with a normally-produced rapping sound.

From: *The Acoustic Properties of Unexplained Rapping Sounds*. [*Journal of the Society for Psychical Research*](#) [2010], Vol. 73.2, Number 899, pp. 65-93.

Unusual Radiation Continued from page 9

and if brain area(s) “B” are injured then the mental activity “A” will be impaired. Neuropsychology finds brain function and mental function inseparable, but the bioelectrochemical processes of neurophysiology remain obstinately physical and continue operating when consciousness is absent. Neuropsychology provides ever more accurate evidence of brain-mind correlation without explanation.

Is There a Possible Solution?

LeShan (1974; 1976; 2009) argues strongly that if we accept the anecdotal, clinical, and laboratory-based evidence for the existence of telepathy, clairvoyance, precognition, psychokinesis and healing, in other words the operation of a psi faculty, then we need to model a reality in which such a faculty exists and such events can occur. He has proposed that there are at least two realities. One is our everyday reality, based upon living in a physical world of space and time, separate bodies, mass, motion, gravity, action and reaction, etc., where cause and effect rules. In the explanatory framework of this reality, including the wider Einsteinian world of spacetime relativity and the speed of light as the limiting factor in the transfer of information, consciousness remains inexplicable and psi phenomena impossible. This reality, therefore, cannot be the only reality.

Based upon experiences described by healers, mediums and mystics, LeShan posits another reality which he has termed “Clairvoyant Reality.” This reality is experienced in an altered state of consciousness in which everyday separateness disappears into an experience of “oneness” with what was previously “the other.” It is in this reality that psi phenomena, such as telepathy and healing, occur. Even in everyday life, our consciousness may occasionally slip into this clairvoyant reality of oneness, especially when absorbed in something, whether meditation, music, a view, creating a piece of art, devising a scientific experiment, or during intellectual inquiry when a “Eureka” moment of understanding occurs. Clairvoyant reality, however, takes consciousness as a given, which still leaves its existence in an apparently physical universe unexplained.

Many have now turned to the counter-intuitive properties of the quantum world for explanation (Penrose, 1996; Nadeau & Kafatos, 2001; Radin, 2006). This world does not include the concept of cause and effect but statistical probabilities that “X” or “Y” might occur. Particles can be in two places at once and exhibit properties of both particles and waves according to what the detector is designed to detect. Entangled particles remain in immediate contact, even if traveling away from each other at the speed of light towards either end of the universe. If the spin of one is reversed, then so is the spin of the other at the same instant. Distance, time, and the speed of light are not relevant factors in their relationship. Space is not an empty vacuum but full of restless quantum energy. In experiments collapsing the sum of unknowable quantum possibilities contained in what has been termed the probability wave, wavefunction superposition, or state vector, into a recognizable something in

our world, the outcome depends upon what the detector is designed to detect, usually with properties of particles or waves. It has been proposed that the quantum world is the source of our conscious being because the hypothesized function of the brain is to act as a form of quantum detector that determines the collapse of the state vector into the *qualia* of conscious experience. A quantum property the other detectors are not designed to detect so it has remained unsuspected.

In this hypothesis, the matter-versus-mind argument is invalid because the mode of detection is the key. Psi in its various manifestations is a latent mental function derived from this source, which, like all abilities, some people can utilize more easily and effectively than others. If we accept LeShan’s argument, to enter into a mental state of clairvoyant reality may be the precondition that enables directed intentionality to exert a measurable effect on, for example, enzyme reaction rates, seed germination, plant growth, cellular proliferation and improved tissue healing, because it is acting where psi intention and these metabolic processes operate at quantum level. At present this is just speculation, but maybe it is pointing in the right direction for future exploration.

Whatever the answer, the psi effect of directed intention as demonstrated by this particular experiment exists. To deny this because we cannot account for it is just as illogical as to deny the existence of our own conscious experiencing because we cannot, as yet, provide a satisfactory account for it. These two major anomalies in our present understanding of the world are here to stay. One day they will be anomalies no more as a change of understanding takes them into the mainstream.

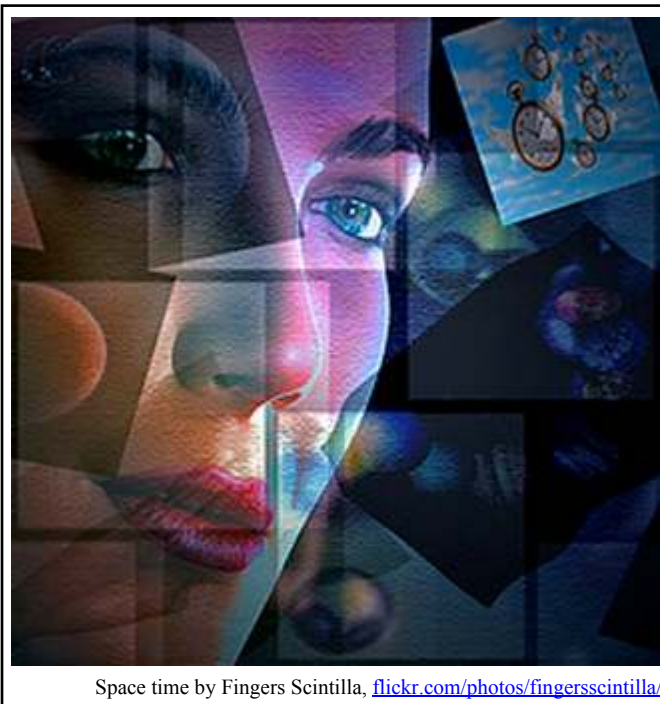
Robert Charman is a retired physical therapy lecturer whose specialities were neuro-rehabilitation and biophysics. The former gave him an enduring interest in the mind/brain problem and the latter an interest in the role of the currents and fields generated by cells and tissues. He was founder/chair of the Association of Chartered Physiotherapists in Energy Medicine (ACPEM), and is Chair of the Confederation of Healing Organisations, both UK organizations. He was editor of *Complementary Therapies for Physical Therapists* (2000); has published a review of EEG and fMRI evidence for direct brainmind-to-brainmind communication (J.Soc.Psych.Res download www.spr.ac.uk), and articles reviewing evidence for telepathy, remote viewing, psychokinesis, healing intention on living systems, and the mind/brain relationship. On the latter his position is that correlation should not be confused with explanation.



[Editor: This article is published here in full but without its accompanying list of references. The article with the references is also at atransc.org/psi/unusual_energy.htm.]

JOTTS

by Lisa Butler



Space time by Fingers Scintilla, flickr.com/photos/fingersscintilla/

In 2004, I read an article in the *Paranormal Review* (a publication of the Society for Psychical Research [SPR]) by Nicola Holt that I found quite interesting.¹ Holt's article was about *jottles*. Have you ever heard of this? If not, I bet that you have experienced it but have also discounted it as absent mindedness.

A jottle is described as a general term for discontinuities with time and space. A jottle has become known as a JOTT or "Just One of Those Things," because episodes in which things disappear or turn up in the wrong place are usually written off rather than examined. Could one of parapsychology's most bizarre, least understood, and least researched phenomena also be among the most common?²

In "Broken Threads in the Fabric of Physical Reality"³ Mary Rose Barrington writes, "In serious language JOTT is a spatial discontinuity, and put like that it is a major anomaly, because there shouldn't be any spatial discontinuities..."

Holt describes six variants of jott that have been identified:

Walkabout: The basic jottle, where an object disappears from a known location and reappears in a new location.

Comeback: An object disappears and later reappears in the same place.

Flyaway: The object disappears and never comes back.

Turn-up: An object appears in a location where it couldn't have been before.

Windfall: An object appears that has never been seen before.

Trade-in: An object disappears, and is replaced with a similar object.

We have "Walkabouts" and "Comebacks" happen fairly

often but they are always written off as absent-mindedness. But the day that I found a living room throw pillow in our bathtub could not be explained as absent-mindedness as in, "I somehow took the pillow to the tub to take a nap without realizing it." I think not and it is as if the universe said, "Let's see you rationalize this one."

Nearly a year later, we were hosting a meditation class. We shut our cats in another room so they won't jump on someone's lap while they are meditating. We usually go through two exercises and while members were discussing their experience during the first exercise, one of our dear cats started making a ruckus. I pulled the throw pillow from behind my head and placed it next to my recliner as I got up to go calm Uriel. A few calming words had worked in the past to settle her down. When I returned, I reached for my throw pillow to find it not there. The pillow was found a month later when the loveseat across the room from where I was sitting was pulled out to clean.

Barrington gives some interesting examples. One is of a woman whose reading glasses vanished from their dedicated place to be later found by chance hanging on the branch of a tree in her garden. Another is in regard to a small white, plastic travel alarm that was packed for a return journey home. When it was unpacked it was not the same clock but an inferior one that did not even work. A few days later the clock owner, a lady who lived by herself, found her own clock on the floor in the middle of her entrance hall where she had been walking in and out for several days.

Then there is a couple, who are members of the SPR, who drove to the country to take a walk. Once getting to their destination they put on their hiking boots and placed their shoes side by side inside the tailgate of the car. When they returned, his shoes were there and hers were gone. The next day when the gentleman went into the garage, he found her shoes on the hood of the car. They of course could not have made the journey home there.

In his essay, "The Transhumanation Hypothesis," Michael Thalbourne wrote,³ "...On Wednesday September 4, 2002, I was waiting for the bus, having put my multitravel ticket into one of my coat pockets. The bus arrived and I got on, but had to get off at the next stop because my ticket was nowhere to be found! I thought at first that I had dropped it, but I had not. Feeling around inside the coat I felt something the correct size but *next* to the pocket *on the inside of the lining*. You will say there was a hole in my pocket. There was no such thing. I checked thoroughly and found no means of entry into the lining, so I took it home and reluctantly used scissors to cut open the part of the lining nearest the card. And there it was! So back to the bus stop a half an hour later! It might be worth mentioning that at the time I was putting some additions into my second-edition *Glossary*, and teleportation of matter through matter was one of the entries.

Continued page 14

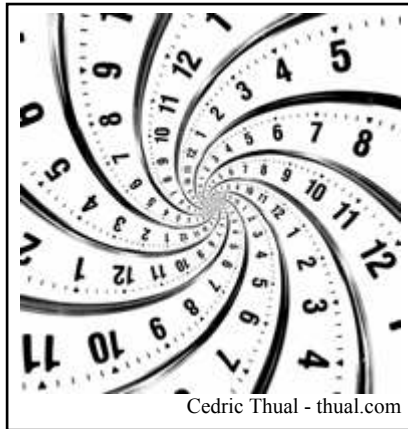
Jotts

Continued from page 13

In addition, next evening there was a TV science program about (physical) teleportation (a program which I knew on the Wednesday was coming up). My friend James Basil reports (December 6, 2002, personal communication) on a similar experience with a pocketful of money, one coin ‘falling’ through to his shoe though the pocket turned out to have no holes.”

We had an interesting experience just a week before reading the above article by Thalbourne. We had been in the store and paid for a bag of items with a credit card. We were walking to the car when I heard what seemed like a coin being literally thrown at me. I turned and asked Tom, “What was that?” Tom informed me that a quarter had hit the sack from somewhere and bounced in front of him. He had no change in his hand and no holes in his pocket. If the quarter had been in the bag or stuck to the bottom it would have fallen and not have been thrown. Chalk it up to just one of those things.

Jotts happen in otherwise normal circumstances and Holt points out that “It is essential in all cases that there be an exceptionally clear perception and recollection of where the object had been before, and/or that an object had not been in a particular place before. Good cases are subject to usual quality criteria that strengthen the ‘evidence,’ such as the presence of second witnesses, reliable witnesses, immediate recording and reporting, .. and seeking to rule out normal explanations.”



Cedric Thual - thual.com

Thalbourne says, “The solid fabric in which we appear to find ourselves is very convincing, and we are meant to be convinced by it. And if we are careless enough to allow a stitch to drop, it is our duty to put things right as best we can—and sometimes, fortunately for psychical researchers, our repair job goes slightly wrong.”

We would love to hear about your JOTT experiences. Email them to us at atranscom@aol.com or send them to PO Box 13111 Reno, NV 89507.

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2. Barrington, Mary Rose. “Broken Threads In the Fabric of Physical Reality.” *Paranormal Review*, October 2009.
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4. See also: Darby, Rick. Jottles reflight.blogspot.com/2010/06/jottles.html

Text Messages from the Dead

Callum Cooper notes in the *Paranormal Review* that with the introduction of mobile phones and text messaging, there have been more reports of text messages from the dead. A poltergeist in a well-documented case used family members’ phones to send text messages to other family members even when all of them had turned their phone off. All the family members presented their phones to researchers to prove that they were not responsible for the texts. Family members even received a text from a phone in which the battery and SIM card had been removed!

Three months after his wife’s death, a British widower, Frank, received a missed call on his phone without the phone having rung. The call was from his home phone yet there was no one in the house when the call was made. When he entered the house he could smell the perfume and cigarettes that he associated with his wife. The daughter, who no longer lived at home, claimed to have received strange text messages with no number attached. The messages contained words and phrases that the mother would have used.

From: Text Messages From The Dead. The Society for Psychical Research’s *Paranormal Review*, January 2010 Issue 53.

Jennifer

Continued from page 3



Christmas is always hard and I had been wanting to recognize Jen in some way. I was going to make a stamp for Christmas cards and couldn’t decide if I wanted to use angel wings or a halo. I had drawn both, with a “J” in the middle. I received a “*Mommy, I’m an angel,*” EVP the very same weekend I was working on it. A week later I was at a Christmas store, and right in front of me was the beautiful angel wings. I made the “J” in pink, her favorite color and attached it to the wings. They’re in my office now, till next Christmas. 😊 So Jen was helping me decide on what to use for her decoration. I’m still giving Jen her choice of whether she wants to communicate with me and so I wait for those precious “Mom” EVP and hope that our spiritual bond becomes stronger.

Big Circle Recording Dates

We previously announced a special section of atransc.org was being set up for the Big Circle. Instead, and to assure more stability, we have elected to focus on publishing Big Circle-oriented articles in the Articles section of the website. Rhonda Burton has agreed to moderate the Big Circle forums in the Idea Exchange. This new focus will help us continue the tradition. Thanks you, Rhonda.

The new Idea Exchange discussion board has a photo gallery which is potentially an important tool for sharing picture stories about loved ones for the Big Circle. Rhonda has added one for Jennifer, which is our feature story on page 3 of this issue. Members are invited to start a folder in that section and share a few pictures of loved ones.



Participation in the Big Circle is easy, and for many, has been very rewarding. Simply record for EVP on or near Big Circle night and then share your messages on the ATransC message board, the Idea Exchange. The idea is to use that session to reach out to loved ones and it is a good idea to call on the Big Circle as part of your session. There is a good article about the Big Circle in the Circles section of the website. Upcoming recording dates are:

April 14 and 28, May 12 and 26

June 9 and 23, July 7 and 21

The Big Circle spirit team is there to help recorders at anytime. Often members get messages that help other members so be sure to share what you get in the Idea Exchange.



The Möbius strip folded into an infinity sign may be an excellent symbol for the Big Circle. As we use it for the Association TransCommunication logo, it symbolizes that “both sides are really one and that one continues forever.” The Big Circle represents the continuing relationship of loved ones on both sides of the veil.

Viewpoint

Continued from page 7

the highest standards will be maintained. We want to thank those of you who have submitted examples. It should be an interesting study.

Research: Gathering Information Using EVPmaker with Allophones

Project manager Cindy Heinen reported that there were three possible “hits” for December: *“Her radio,” “The answer ... Radio”* and *“Transistor.”* Knowing what to listen for, these were correctly heard by the project manager but the listening panel did not report hearing the words.

Remember that the listening panel does not know the target, where the expected “hit” is in the sound file or the words they should be listening for.

The *“Her radio”* example recorded by Jayne Thompson can be heard on atransc.org.

In January, four people submitted a total of fifty-two files that met the protocol. The target was a pair of sunglasses. Cindy reported that there were no submissions that matched sunglasses or glasses.

Cindy noted that twelve submissions named people. It cannot be confirmed that the names are meant to identify any of these specific people, but several names were of people who participated in the trial, two names were of people who are close to Cindy, and one identified a spirit helper by name.

There were four that suggested difficulty with the tasks:

- Finally this frequency hard for people
- There are people here who hide the message.
- I really can't help.
- Can't focus.

The December EVP, *“Her radio,”* was not found while following the established protocol. It does provide a sense that information gathering in this way is possible but strict adherence to the protocol is essential for credibility of the



January Target

study. Speculating about the results outside of the study, it seems clear that conversations are relatively easy but accessing specific information that is not already known to the practitioner is much more difficult. Perhaps the task is to design better ways of asking the question.

Thanks to all who are participating. Your effort is important to the success of this study.

Tom and Lisa



The December target was a windup transistor radio/flashlight.

Jenny

by Ron Gilkes

Some of those who have attended Colin Fry's séances (Colin is now a well known UK television host) may remember hearing the voice of a young girl called Jenny. Jenny, my daughter, first spoke at a Bath seminar. She was



Jenny

very tearful and saddened about passing to spirit by her own hand. I cannot even begin to describe how, when I recognized Jenny's voice saying, "Hello Daddy: I am sorry Daddy," that I was able to compose myself. I can only presume it was strength given to me by others.

Since then, Jenny has communicated several times during

séances and I have converted a barn at my home (near Banbury) and called it [Jenny's Sanctuary](#). Afternoons of clairvoyance have been held and circles have been started there. At the first séance, Jenny communicated and spoke for nearly ten minutes. She also wrote a note for me and held my hand briefly. When she spoke with George Cranley (Past President of the Noah's Ark Society), he suggested that when she felt able to, she could try walking across and giving me a kiss.

This brings me to September 1999; by that time I had suffered the loss of my father and problems with Jenny's mother. Moreover, the sanctuary, where so much good work had been accomplished, was virtually demolished when a runaway army truck ran into it. This event turned out to be a blessing, as the insurance has allowed me to construct a new sanctuary which is far better than the previous one.

Chris, a friend of mine, contacted me to suggest a sitting with Colin Fry. Naturally, I jumped at the chance and traveled with Chris to Colin's Spirit Lodge [no longer open] On arriving there, we were shown to our seats and were then advised regarding séance room procedure by Paul. After a short prayer by the dozen or so people there, the proceedings began. Many of those who were present received communications from friends and relatives.



Jenny

During the séance, one of Colin's guides named Dolly began to speak to us and was just about to introduce another communicator when Jenny, virtually pushing her way through, made herself known. Dolly spoke to her saying, "Well come along dear, you've done this before," and I could hear Jenny's voice saying, albeit

softly, "Daddy." I knew it was her. However when I replied, I did not say anything that would diminish the evidential

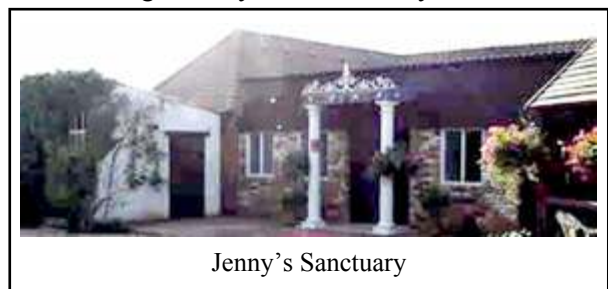
value of the communication. Jenny commented on my concern about her mother but added that I should not worry.

She continued to speak, giving an unmistakable evidential quality to her communication. She also referred to her grandfather saying that he was fine although he had been very confused when he first passed over. She recalled the occasion when she met him and he was cheered up by this.

Jenny then made reference to her nanny and asked that her love be passed on to her. During this communication she informed me that she now had a new pony. She added that she also had Jenny, the one I had bought for her some years earlier.

She then mentioned how she was teaching her grandfather to ride! Jenny commented on the building work which had begun in respect to the new sanctuary and said how she looked forward to its completion. She told me that one of the builders was very interested in the subject and when I asked her to which of the builders she was referring, she told me it was the young one who has "a lovely sense of humor."

At this point, the proceedings came to the most wonderful part for me. Jenny said, "Daddy, if you sit very still, can I come and give you a kiss"? I replied that I would do as she had asked. We then heard her making her way across the room; as she did this, there was a loud noise as she knocked the microphone (or part of her ectoplasmic self draped across it). I could hear her moving towards me and was wondering if my glasses would get in her way, I asked whether she wanted me to remove them, but she said no and clasped my fingers and pulled my hand up. I could clearly feel her mouth against my hand and everyone heard her kiss.



Jenny's Sanctuary

At this point she said, "I love you, Daddy." After making her way back across the séance room she said, "Daddy, when it's (the sanctuary building) all finished, will you put a rainbow in the window?" I said that I would and she concluded her visit by saying "Good-bye Daddy." I said "good-bye" to her and she left after saying that her grandfather might speak to me on the next occasion.

[Editor: Much to Ron's delight, in July 2002 at a séance held in Jenny's Sanctuary, both Jenny and her grandfather came through to communicate that they were both together and enjoying their time in the spirit world.

Jenny has also written little notes for Ron. All these were written by Jenny's materialized form after she had passed over.

Continued page 17

Jenny

Continued from page 16

All within the séance room several yards away from the medium and witnessed by thirty or more sitters.



Notes written by Jenny

Jenny's sanctuary is still hosting events. See jennyssanctuary.org.uk. The website also has articles that Ron has written hoping to help others who have lost a child.]

The Afterlife Investigations

DVD by Tim Coleman

Available at theafterlifeinvestigations.com



Narrated by Britain's leading investigative journalist, Donal MacIntyre, this award-winning film presents the most compelling scientific evidence for life after death ever presented in any documentary. It includes never-before-seen material of The Scoble Experiment, the work of Marcello Bacci, Electronic Voice Phenomena and the mediumship of Allison Dubois.

Having sat in circles with physical mediums producing astounding visual phenomena, we understand how difficult it is to bring this information to the public. If you want to have a reason to believe there is a greater reality and that communication across the veil is possible, then we strongly recommend that you purchase this video, set aside a special night with lots of popcorn and invite your friends over to share the moment your worldview changes forever.

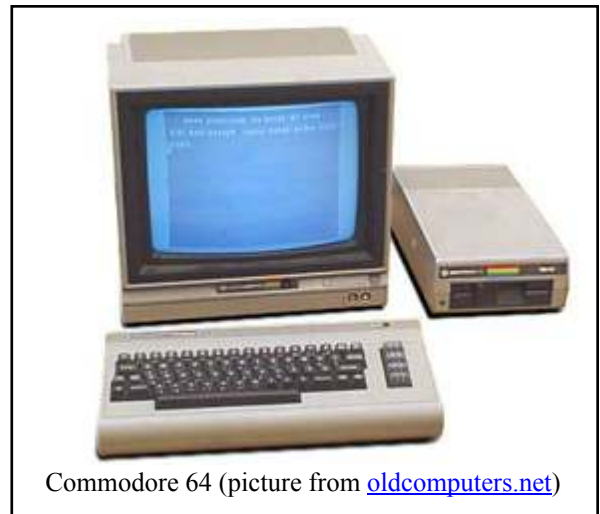
Commodore 64

Steve Crow is our friend who converted and proofread the last of Sarah Estep's newsletters which are not yet in the ATransC archive. Shortly after beginning the project, he wrote us to say: "I'm enjoying doing this. It's fascinating reading. Don't know if I ever told you the story, but twenty-five years ago, back when I was married, my wife was getting messages on her computer. This was back when the Commodore 64 was high-tech home computing.

The messages claimed to come from "fairies." They said that there was a portal in our basement to their world that allowed them to come through into ours. I stayed up many a night trying to catch one of her brothers sneaking into the house to play a trick on her. I was very puzzled. I could hear the computer keys clicking, but no one was there.

My son Michael was a newborn and his cradle was next to the computer. One night I could again hear the keys typing. Michael began fussing and then I heard a "shoo, shoo, shoo" as if someone or something was trying to comfort him. The next morning, once again, a message had been left on the computer for Mary. I had never heard of anyone else getting computer messages before. You can imagine how excited I got.

The messages stopped when we moved from the house, which was when we split. I can't say whether or not she continued to receive them. It's been twenty-five years, so I don't remember everything clearly. A lot of it was like the EVP messages (parts just didn't make sense) mostly they were stating that they wanted to make contact, but that she would need to be open to it, and invite them to do so. They also said that part of their function was to protect her..."



Commodore 64 (picture from oldcomputers.net)

[Editor: The computers produced in the time of the Commodore 64 have been associated with quite a lot of phenomena. For instance, Ken Webster's book, *The Vertical Plane*, tells about the many experiences Ken and Debbie Oakes had in their home in Dodleston, England for two years with Tomas Harden who lived in the 16th century. A number of Harden's messages came through a computer in Old English. There were disturbances within the small cottage, which once was Harden's home.]

Book Review

Electronic Voices: Contact with Another Dimension

by Michael Tymn

If you are one of those people, as I once was, who thinks that listening for electronic voices, purportedly coming from the “dead,” is like looking for faces or figures in the clouds, this [book and the accompanying CD](#) with some of those voices, may prompt you to rethink it all.

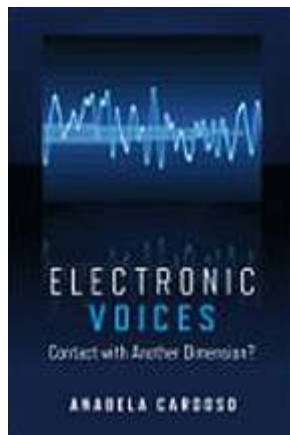
While many such voices are clearly muffled, muddled, garbled, and otherwise indistinct, the author reports receiving a number that were loud and clear. And they were often more than simple utterances. Some of them involved philosophical discussions, and one dialogue between the author and a spirit communicator lasted two-and-a-half hours. “It was against all I understood of reality, and certainly against all known laws of science that I could not only hear such voices, but that they appeared to actually come and dialogue with me from another dimension, which I supposed was the next world,” author Anabela Cardoso writes.

Dr. Cardoso, who speaks six languages, is a highly respected diplomat, having served as consul general for Portugal in a number of countries, including the United States and France, and as Portuguese chargé d’affaires in Japan and India. The foreword to her book is written by Professor David Fontana, former president of the Society for Psychical Research in London. In fact, Fontana was called in to witness some of the phenomena. “Firstly, I have no doubt about the reality of the voices received, and secondly, I am confident that these voices are not susceptible to normal explanation,” Fontana offers, adding that acoustic analysis of the voices indicates that they lack characteristics present in the human voice, supporting the view that they are not manmade.

Cardoso devotes the first 46 pages of this 236-page book to explaining the methodology and history of Instrumental Transcommunication (ITC) and its variations, including Electronic Voice Phenomena, (EVP), Direct Radio Voices (DRV) and Voices on Tape (VOT). She then tells how she became interested in the subject and of her initial experiments, beginning in 1997. She recalls having heard of ITC before her experiments but didn’t take it seriously as she assumed that anything as important as contact with the deceased would be big news around the world. Still, she was puzzled by the fact that some respected scientists, theologians, engineers, technicians, and academicians were reporting contact with “other dimensions” or the “dead.”

She tells of contact from her deceased grandmother, father, and brother, and then from an entity calling himself Carlos de Almeida, a seemingly knowledgeable and experienced communicator who was able to answer many questions for her before he told her he would be advancing to a higher realm and thus unable to further communicate with her again. At times, Cardoso could hear the spirit

communicators talking among themselves, as when they discussed how best to answer her question. There was much that was not clear, however, and it became apparent to Cardoso that there are many obstacles to inter-dimensional communication which are difficult to overcome.



The purpose of it all? “Besides the obvious purpose of informing us that life does not finish with physical death, one of the main goals of the most comprehensive ITC communication appears to be an attempt to contribute to the expansion of human consciousness by conveying to us information of high ethical content which breaks with conventional human values,” Cardoso answers.

Now that she has been involved in the field for a dozen years, Cardoso laments the fact that mainstream science has been so stubborn and closed-minded. “Unfortunately, any high profile technician or scientist will, in general, not only refuse to examine the evidence but also refuse to supervise the reception at origin of the voices to be analyzed...,” she writes, adding that the materialistic worldview prejudices them against even considering the various ITC phenomena. She points out that even the majority of parapsychologists know little or nothing about the subject. “Moreover, they also do not know that they do not know, and this is an even bigger problem,” she adds.

Yes, it is mind boggling and will probably exceed the boggle threshold of a large percentage of readers, but there are many other credible people reporting similar contacts and so it is extremely difficult for the open-minded person to write it all off as just so much bunk. For the truly open-minded person, Dr. Cardoso offers a very interesting, informative, intriguing, and inspirational read.

The Experimenter Effect

Dr. Caroline Watt at the Koestler Parapsychology Unit at the University of Edinburgh looked at the effect an experimenter’s belief had on experiments and participants. Fake experimenters were recruited and divided into two groups based on their belief in the paranormal and psi. After training, the new experimenters were asked to carry out the same psi task with a number of novice participants. There was a strong difference in results. With disbelievers as investigators there was no suggestion of psi in the experimental results, however with believers there was very strong positive result. The expectations of the participants were broadly similar, as they had no idea if the person they were working with was a believer or not.

From: [Paranormal Review](#), Issue 52, Society for Psychical Research, spr.ac.uk.

Researcher's Report

- Susie Alverson wrote in the Idea Exchange that she needed help deciding if what she had recorded was a spirit reply or if it sounded to others like her breath. She wrote, "It's easier to analyze in Audacity, where you can see the wave forms. I'm not an expert on visually critiquing EVP so I'm not sure about this one. However I'm leaning toward this being a legitimate EVP for the following reason: On the file you will hear me say, 1. 'Lance, just uh...'; 2. Then my exhale; 3. Then what sounds like **'Hi ya'**; and 4. Then my inhale for the next word. I know that inhales and exhales can mimic what we believe to be spirit, so I'm curious to get other opinions on this one."

Yvonne wrote that she felt she could hear **"Hi ya,"** Margaret Downey wrote, "I'm sort of thinking it sounds like a response, Susie. But I also agree, breath can be mistaken for EVP. Though I suppose, in some cases, it's entirely possible for a breath to help facilitate the formation of an EVP, based on the reasoning that they can use things like fan, water, etc. So, why not breath?"

- Lloyd Bradshaw wrote that he was taken to the hospital by ambulance with congestive heart failure. He says that, during the ambulance and hospital time, he felt that he was being watched by those in spirit. He was put on a therapy/recovery program at home with what he calls a group of "gentle drill sergeants."

When he got home he got his recorder and asked if they knew his situation. He received a dual-tone man and woman chorus saying, **"Glad you're better."** He recognized the woman's voice as a woman he would have married if his family had not interfered. He wrote, "She's still got me in her sights. When I pass over she's going to get me. I sure hope so!"

- Rhonda Burton wrote, "I had a very interesting EVP captured last night. It was at a friend of mine's rental home that had several women murdered in it. It was really not 'haunted.' She just wanted me to conduct an EVP session, because one of the women murdered was her friend. I was talking to them and said I knew that the women had been murdered in the house and that one lived. A female spirit then said, **'The one that lived, what happened?'** The murders were of three nurses who were friends living in the house. She wanted to know what happened to her friend. It was a very touching EVP for me. I will be going back to finish that conversation."
- Teri Daner recently transferred EVP that has come from her son Geoff to her iPhone. There was a long one that had something in it and she always wondered what it meant. She wrote, "Geoff said with others coming thru a jingle. **'I love school, don't you get it! Bye, Bye. The summer is over, astalawaga ... Jeannine have hope ... I love you. Bark.'** Geoff was ADHD, so saying he loved school is a hoot. Jeannine was Geoff's girlfriend and the bark was I believe my girlfriend's dog that passed, and I had asked him to let me know if Tank, a Doberman was

with him. I had not understood the **'Astala luego'** but looked on the Internet. In Spanish it means 'See you later, until we meet again.'"

- Margaret Downey asked Debbie Caruso if she wanted to say hello to anyone and recorded **"Say hello to Christine."** She was very excited and sent us another EVP that Christine Jenkins had recorded that says, **"Here's Christine."** Both are in Debbie Caruso's voice!

Margaret also did a recording for a member who has been trying to record her son Chris who made his transition in May of 2010. Margaret recorded, **"OK, Mom. I can do it"** and **"This is Chris."** Chris's mom, Anita, wrote back that after **"I can do it,"** she heard Chris say his full name, **"Christopher Hobbs."** We could hear that as well.

- Allison Sniffin conducted a recording using Skype and wrote that what she recorded really sounded like her mom! She said, **"Hi, Mom."** and recorded **"Hi, honey."** She says it's the cheerful voice she remembers so well.
- Jerusha Lederman recorded a voice that said, **"Hi, Yvonne."** Member Yvonne Whybra appreciated finding out that Jerusha had gotten someone saying her name but did not recognize the voice.
- Pamela Teters said that they hear from family members all the time and shared an EVP they recorded in her living room. The EVP says **"Don"** in a very distinctive woman's voice. Pamela wrote, "It's Don's mother saying his name."
- Jayne Thompson called on Hans Bender and asked him to name Robin Foy's new book. She recorded **"Witnessing the Impossible"** which is correct.

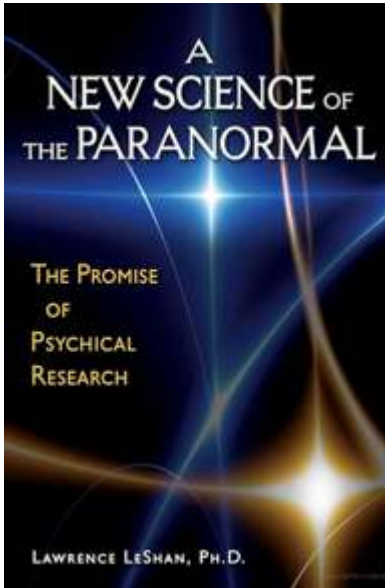
Jayne also shared this picture of a woman she got by photographing moving water. The image was filmed on 7/22/10 using the video function on a Canon PowerShot A570 IS digital camera. She wrote, "I fill an orange-ish colored Visionware glass pot 3/4 full with water and place that in a black frying pan. I use the fan light above my stove for illumination and video the water's movement as I move my finger in it and verbally request that spirits show themselves by creating images in the water."



[Editor: See **ITC Experiments Using Light Reflected from Water** in the Winter 2007 *ATransC NewsJournal* or at: atransc.org/techniques/techniques_downey_itc.htm]

- Yvonne Whybra recorded using a small heater that also is a fan. She used an Olympus VN 3100. She recorded **"Hold me."** She wrote, "Kind of made me feel sad that someone on the other side wants to be held like he misses the physical."

Book Review: A New Science of the Paranormal



Lawrence LeShan has been working in psychical research for more than fifty years. With so much experience, you would be correct to expect that he has developed a view of the field that is considerably more informed than the view held by the casual observer. *A New Science of the Paranormal* is written in a “this is what I have learned” tone that provides important lessons for all of us who seek to better understand our world.


We were especially interested in his viewpoint about redefining what is appropriate science for the study of things paranormal. LeShan makes a distinction between psychical research (field study of spontaneous events) and parapsychology (laboratory study of events under controlled environment of the laboratory). This echoes our experience that the neuropsychological community conducts important human potential research but that it has not been effective in the study of actual human experiences.

On page 4 LeShan notes, “The scientific study of paranormal phenomena ... is in complete disarray,” and then attempts to address why this is so. One of the suggestions he offers is the idea that different principles of physics might apply in different realms or viewpoints. For instance, applying Newtonian principles to the study of light may not make sense. In the same way, does it make sense to apply mainstream physical principles to the study of subtle energy?

This book is one of those rare looks into the heart of our struggle to turn what we sense is true into a well-established basis of empirical understanding.

Access books recommended by A TransC at atransc.org/resources/books.htm.

Books






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